Student: $\qquad$ PUID: $\qquad$ Catalog Term: Fall 2018

Additional Majors: $\qquad$ Minors:
Major Requirements ( 45 credits)
(1) HDFS 10000 Orientation to Current Issues in Human Development \& Family Studies
(3) HDFS 20100 Introduction to Family Processes [Satisfies Behavior/Social Science Core]
(3) HDFS 21000 Introduction to Human Development [Satisfies Behavior/Social Science Core]
(3) HDFS 28000 Diversity in Individual \& Family Life [Satisfies Behavior/Social Science Core]
(3) HDFS 34600 Research Design \& Program Evaluation
(2) HDFS 45400 Career Assessment \& Professional Development

Advanced Content Courses Selective - Select 9 credits
(3) HDFS 30500 Biosocial Foundations of the Family
(3) HDFS 31100 Child Development
(3) HDFS 31200 Adult Development
(3) HDFS 31300 Adolescent Development
(3) HDFS 31400 Atypical Child Development
(3) HDFS 33000 Sexuality \& Family Life
(3) HDFS 33200 Stress and Coping In Contemporary Families

## Practical Skills Courses Selective - 9 credits

(3) HDFS 33100 Skills For Helping Professionals In Individual, Family, \& Group Settings
(3) HDFS 34100 Working With Parents or HDFS 34800 Administration of Social Service Not-For-Profit Organizations
(3) HDFS 34300 Assessment \& Case Management

Capstone Requirement - 12 credits - select one option
_(12) HDFS 45500 Human Services Capstone Internship or
$\left\{\begin{array}{r}(6) \text { HDFS } 45500 \text { Human Services Capstone Internship and } \\ \quad 6 \text { credits HDFS coursework - } 300 \text { level or above } \\ (3)\end{array}\right.$

Other Departmental / Program Course Requirements (41-47 credits)

| (3) | CS 11000 Introduction to Computers or CNIT 13600 Personal Computing Technology \& Applications |
| :---: | :---: |
| (4-3) | $\ldots$ _ ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition or COM |
|  | 20400 Critical Perspectives on Communication [Written Communication Core] (IF ENGL 10600 selected, satisfies Written Communication and Information Literacy Cores) |
| 3) | 10100 Foreign Language (Total of 9 credits - must be from one language) |
| (3) | 10200 |
| (3) | 20100 |
| (3) | Global Perspectives \& International Cultures Selective - select from list |
| (3) | Human Health Selective - select from list |
| (3) | MA 15555 Quantitative Reasoning or select any course from University list EXCEPT MA 13800 or PHIL 15000 [Satisfies Quantitative Reasoning Core] |
| (3) | STAT 11300 Statistics \& Society or STAT 30100 Elementary Statistical Methods or SOC 38200 |
|  | Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology (IF STAT 11300 selected, satisfies Information Literacy and Science, Technology, \& Society Cores. IF STAT 30100 selected, satisfies Information Literacy Core) |
| (3) | [Humanities Core] - select from University list |
| (1-4) | [Information Literacy Core] - select from University list (IF ENGL 10600, STAT 11300 or STAT 30100 is selected for other requirements, this requirement is satisfied) |
| (3) | [Oral Communication Core] - select from University list |
| (3) | [Science Core] - select from University list |
| (3) | [Science Core] - select from University list |
| (1-3) | [Science, Technology \& Society Core] - select from University list (IF STAT 11300 is selected for other requirements, this requirement is satisfied) |

Electives 28-34 credits


## 120 semester credits required for Bachelor of Science degree

At least 32 credits of coursework required at $\mathbf{3 0 0 0 0}$ level or higher to meet graduation requirements.
5/2018

| Global Perspectives \& International Cultures Selective List |  |
| :---: | :--- | :--- |
| AGEC 25000 | Economic Geography of World Food and Resources |
| ANTH 23000 | Gender Across Cultures |
| ARAB 23900 | Arab Women Writers |
| *ARAB 28000 | Arabic Culture |
| ARAB 28100 | Introduction to Islamic Civilization and Culture |
| *CHNS 28000 | Topics in Chinese Civilization and Culture |
| COM 22400 | Communicating in the Global Workplace |
| HDFS 22500 | Human Development Across Cultures |
| *HIST 21000 | The Making of Modern Africa |
| *HIST 34000 | Modern China |
| HTM 37200 | Global Tourism Geography |
| *LC 23900 | Women Writers in Translation |
| *PHIL 11400 | Global Moral Issues |
| *PHIL 23000 | Religions of the East |
| POL 13000 | Introduction to International Relations |
| POL 14100 | Governments of the World |
| *REL 20000 | Introduction to the Study of Religion |
| SPAN 32200 | Spanish for the Health Professions |

*Also satisfies Humanities University Foundational Core Requirement

Human Health Selective List
ANTH 33700 Human Diet: Origins and Evolution
ANTH 34000 Global Perspectives on Health
HDFS 32500 Health and Health Care for Children and Families
HK 21500 Basic Public Health Studies
HK 22600 Contemporary Women's Health
HK 23100 Substance Abuse and Health
HK 23300 Stress and Human Health
HSCI 20100 Principles of Public Health Science
NUTR 30300 Essentials of Nutrition
NUTR 31500 Fundamentals of Nutrition

Foreign Language - must be from one language
Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Latin, Japanese, Portuguese, Russian, or Spanish

[^0]
## Plan of Study Worksheet

Name: Major: Human Services
Minor(s):

| Fall 20 |  |  | Spring 20 S |  | Summer 20 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | HDFS 10000* |  | 3 | HDFS 21000* (CORE Behav/Soc Sci) |  |
| 3 | HDFS 20100* |  | 3-4 | ENGL 10600 or ENGL 10800 (CORE: Written Com |  |
| 3 | CORE: Oral Communication |  | 3 | CORE: Science |  |
| 3 | Quantitative Reasoning* |  | 3 | GI. Perspectives and Int. Cultures |  |
| 3 | Foreign Language 10100 |  | 3 | Foreign Language 10200 |  |
| 3 | CS 11000 or CNIT 13600 |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| 16 |  | 16 | 15-16 | 31-32 | 31-32 |


| Fall 20 | Spring 20 |  |  |  |  |
| :--- | :--- | ---: | :--- | :--- | :--- |
| 3 | STAT 11300, STAT 30100, SOC 38200, | 3 | Human Health Selective |  |  |
|  | or PSY 20100 | 3 | HDFS Adv Content |  |  |
| 3 | CORE: Science | 3 | HDFS 34600 |  |  |
| 3 | CORE: Information Literacy | 3 | CORE: Humanities |  |  |
| 3 | HDFS Adv Content | 3 | Elective |  |  |
| 3 | Foreign Language 20100 |  |  |  |  |
|  |  |  |  | $61-62$ | $61-62$ |
| 15 |  | $46-4$ | 15 |  |  |



| Fall 20 |  |  | Spring 20 |  |  | Summer 20 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | HDFS 45400* |  | 12 | HDFS 45500 |  |  |
| 3 | HDFS 34100 or HDFS 34800 |  |  |  |  |  |
| 3 | Elective |  |  |  |  |  |
| 3 | Elective |  |  |  |  |  |
| 3 | Elective |  |  |  |  |  |
| 2-3 | Elective |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 17 |  | 108 | 12 |  | 120 |  |

Total credits needed for graduation: 120
Upper division ( $\mathbf{3 0 0}$ and 400 level) credits needed for graduation: 32


[^0]:    A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

    Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements

