

Student: _____ PUID: _____ Catalog Term: Fall 2021

Additional Majors: _____ Minors: _____

Major Requirements (45 credits)

- ___ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Studies
- ___ (3) HDFS 20100 Introduction to Family Processes **[Satisfies Behavioral/Social Science Core]**
- ___ (3) HDFS 21000 Introduction to Human Development **[Satisfies Behavioral/Social Science Core]**
- ___ (3) HDFS 28000 Diversity in Individual & Family Life **[Satisfies Behavioral/Social Science Core]**
- ___ (3) HDFS 34600 Research Design & Program Evaluation
- ___ (2) HDFS 45400 Career Assessment & Professional Development

Advanced Content Courses Selective - Select 9 credits

- ___ (3) HDFS 30500 Biosocial Foundations of the Family
- ___ (3) HDFS 31100 Child Development
- ___ (3) HDFS 31200 Adult Development
- ___ (3) HDFS 31300 Adolescent Development
- ___ (3) HDFS 31400 Atypical Child Development
- ___ (3) HDFS 33000 Sexuality & Family Life
- ___ (3) HDFS 33200 Stress and Coping In Contemporary Families

Practical Skills Courses Selective - 9 credits

- ___ (3) HDFS 33100 Skills For Helping Professionals In Individual, Family, & Group Settings
- ___ (3) HDFS 34100 Working With Parents or HDFS 34800 Administration of Social Service Not-For-Profit Organizations
- ___ (3) HDFS 34300 Assessment & Case Management

Capstone Requirement - 12 credits - select one option

- ___ (12) HDFS 45500 Human Services Capstone Internship or
 - ___ (6) HDFS 45500 Human Services Capstone Internship and
 - ___ (3) _____ 6 credits HDFS coursework - 300 level or above
 - ___ (3) _____

Other Departmental / Program Course Requirements (40-43 credits)

- ___ (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills **[Satisfies Oral Communication Core]**
- ___ (3) CNIT 13600 Personal Computing Technology & Applications or CS 23500 Introduction to Organizational Computing
- ___ (3) _____ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or *select any course from University list EXCEPT MA 13800* **[Satisfies Quantitative Reasoning Core]**
- ___ (4-3) _____ ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition **[Satisfies Written Communication and Information Literacy Cores]**
- ___ (3) _____ 10100 Foreign Language *(Total of 9 credits - must be from one language)*
- ___ (3) _____ 10200
- ___ (3) _____ 20100
- ___ (3) _____ Global Perspectives & International Cultures Selective - *select from list*
- ___ (3) _____ Human Health Selective - *select from list*
- ___ (3) _____ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology **(IF STAT 11300 selected, satisfies Science, Technology, & Society Core.)**
- ___ (3) _____ **[Humanities Core]** - *select from University list*
- ___ (3) _____ **[Science Core]** - *select from University list*
- ___ (3) _____ **[Science Core]** - *select from University list*
- ___ (1-3) _____ **[Science, Technology & Society Core]** - *select from University list (IF STAT 11300 is selected for other requirements, this requirement is satisfied)*

Electives 32-35 credits

- | | | | |
|---------------|---------------|---------------|---------------|
| ___ () _____ | ___ () _____ | ___ () _____ | ___ () _____ |
| ___ () _____ | ___ () _____ | ___ () _____ | ___ () _____ |
| ___ () _____ | ___ () _____ | ___ () _____ | ___ () _____ |

120 semester credits required for Bachelor of Science degree
At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.

Global Perspectives & International Cultures Selective List

- AGEC 25000 Economic Geography of World Food and Resources
- ANTH 23000 Gender Across Cultures
- ARAB 23900 Arab Women Writers
- *ARAB 28000 Arabic Culture
- ARAB 28100 Introduction to Islamic Civilization and Culture
- *CHNS 28000 Topics in Chinese Civilization and Culture
- COM 22400 Communicating in the Global Workplace
- HDFS 22500 Human Development Across Cultures
- *HIST 21000 The Making of Modern Africa
- *HIST 34000 Modern China
- HTM 37200 Global Tourism Geography
- *LC 23900 Women Writers in Translation
- *PHIL 11400 Global Moral Issues
- *PHIL 23000 Religions of the East
- POL 13000 Introduction to International Relations
- POL 14100 Governments of the World
- *REL 20000 Introduction to the Study of Religion
- SPAN 32200 Spanish for the Health Professions

***Also satisfies Humanities University Foundational Core Requirement**

Human Health Selective List

- ANTH 21200 Culture, Food, and Health
- ANTH 33700 Human Diet: Origins and Evolution
- ANTH 34000 Global Perspectives on Health
- COM 37800 Introduction to Health Communication
- COM 47800 Health Communication Campaigns
- HDFS 32500 Health and Health Care for Children and Families
- HIST 36305 The History of Medicine and Public Health
- HIST 47005 Women and Health in America
- HK 23100 Substance Abuse and Health
- HSCI 20100 Principles of Public Health Science
- HSCI 30500 Basics of Oncology
- NUTR 30300 Essentials of Nutrition
- NUTR 31500 Fundamentals of Nutrition
- PHIL 27000 Biomedical Ethics
- PUBH 20500 Basic Public Health Studies
- PUBH 22500 Contemporary Women's Health
- PUBH 23500 Stress and Human Health
- SOC 37400 Medical Sociology
- SOC 57600 Health and Aging in Social Context

Foreign Language - must be from one language

Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Latin, Japanese, Portuguese, Russian, or Spanish

OPTIONAL CONCENTRATION

Please note that to complete the addictions concentration, your capstone requirement (see major requirements section) must be completed via 12 credits of HDFS 45500 in an approved addictions-related placement.

Addiction Studies Concentration – ADCT (21 credits)

- ___ (3) PSY 12000 Elementary Psychology
- ___ (3) PSY 35000 Abnormal Psychology
- ___ (3) HDFS 1XXXX Problems of Substance Abuse in Society (HUMS 113 completed at Ivy Tech Community College)
- ___ (3) HDFS 2XXXX Treatment Models of Substance Abuse (HUMS 208 completed at Ivy Tech Community College)
- ___ (3) HDFS 2XXXX Counseling Issues in Substance Abuse (HUMS 209 completed at Ivy Tech Community College)
- ___ (3) HDFS 2XXXX Issues of Substance Abuse in Family Systems (HUMS 210 completed at Ivy Tech Community College)
- ___ (3) HDFS 2XXXX Theories of Personality (HUMS 267 completed at Ivy Tech Community College)

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements.

XHSB
5/2021

Plan of Study Worksheet

Name:

Major: Human Services

Minor(s):

Fall 20		Spring 20		Summer 20
1	HDFS 10000	3	HDFS 21000 (CORE Behav/Soc Sci)	
3	HDFS 20100	3-4	ENGL 10600 or ENGL 10800*(CORE: Written Com	
3	COM 11400 or EDPS 31500 *(Oral Com)	3	CORE: Science	
3	CNIT 13600 or CS 23500*	3	Gl. Perspectives and Int. Cultures	
3	EDCI 22200 or MA 15555 *(CORE: Quantiv	3	Foreign Language 10200	
3	Foreign Language 10100			
16		16	15-16	31-32

Fall 20		Spring 20		Summer 20
3	STAT 11300, STAT 30100, SOC 38200, or PSY 20100 *	3	HDFS 34600	
		3	Human Health Selective	
3	HDFS Adv Content	3	HDFS Adv Content	
3	CORE: Science	3	CORE: Humanities	
3	CORE: Information Literacy	3	Elective	
3	Foreign Language 20100			
15		46-47	15	61-62

Fall 20		Spring 20		Summer 20
3	HDFS 28000 (CORE: Behav/Soc Sci)	3	HDFS 34300 (HDFS 33100 is a prerequisite)	
3	HDFS 33100	3	HDFS Adv Content	
3	Elective	3	CORE: Science, Tech, & Society	
3	Elective	3	Elective	
3	Elective	3	Elective	
15		76-77	15	91-92

Fall 20		Spring 20		Summer 20
2	HDFS 45400	12	HDFS 45500	
3	HDFS 34100 or HDFS 34800			
3	Elective			
3	Elective			
3	Elective			
2-3	Elective			
17		108	12	120

* Critical Course

Total credits needed for graduation: 120

Upper division (300 and 400 level) credits needed for graduation: 32