

Curriculum Vitae

Natasha D. Watkins, Ph.D.

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EDUCATION

2009 Ph.D. Clinical-Community Psychology, University of Illinois at Urbana-Champaign (UIUC)
2003 M.A. Clinical-Community Psychology, University of Illinois at Urbana-Champaign (UIUC)
2000 B.S. Psychology, Tennessee State University

POSITIONS

2019-current Clinical Associate Professor, Human Development and Family Studies, Purdue University
2012-2019 Clinical Assistant Professor, Human Development and Family Studies, Purdue University
2009-2012 Postdoctoral Fellow, Child and Adolescent Psychiatry and Behavioral Science, The Children's Hospital of Philadelphia
2008-2009 Predoctoral Intern, APA-Accredited Internship in Clinical and Community Psychology, The Consultation Center, Yale University School of Medicine

HONORS & AWARDS

2022 HHS Outstanding Online Education Award
2021 HDFS Faculty Outstanding Teaching Award
2021 Award for Exceptional Teaching and Instructional Support, Purdue Teaching Academy
2021 Scholarship of Teaching and Learning Award, Purdue Online
2020 Community Builders Award, Evergreen Leadership
2019 Teaching Leadership Award, Purdue Teaching Academy
2018 Patsy J. Mellott Teaching Innovation Award, College of Health & Human Sciences, Purdue University
2017 Top 10 Young Professionals under 40, TippyConnect Young Professionals
2016 Helping Hands Nominee, College Mentors for Kids, Purdue University
2006 & 2007 National Science Foundation-Department of Psychology Summer Fellowship, UIUC
2003-2004 Incomplete List of Teachers Ranked as Excellent by their Students, UIUC
2001 Upward Bound Instructor of the Summer, UIUC

TEACHING & SUPERVISION

[Course type: HS = high school, U = undergraduate, G = graduate]

2012-current Clinical Associate Professor, Department of Human Development and Family Studies, Purdue University

- *Diversity in Individual and Family Life [U; face-to-face, online, and hybrid formats]*
- *Assessment and Case Management [U]*
- *Career Assessment and Professional Development [U]*
- *Field Experiences in Human Development and Family Studies [U; internship supervisor]*

- 2010-2012 Adjunct Instructor, Argosy University Online, *Child and Adolescent Psychology [U]*
- 2010 Adjunct Instructor, Department of Behavioral and Social Sciences, University of the Sciences in Philadelphia, *Adolescent Psychology [U]*
- 2001-2007 Graduate Teaching Assistant/Supervisor, Department Educational Psychology (EPSY) & Department of Psychology, UIUC
- *Exploring Cultural Diversity [U; EPSY; intergroup dialogue course]*
 - *Psychology of Race and Ethnicity [U]*
 - *Community Intervention Research Practicum [G; practicum supervisor]*
 - *Shelter Narratives Project [U; research supervisor]*
- 2003-2006 Graduate Instructor/Supervisor, Psychology, UIUC
- *Juvenile Justice Outreach Initiative [U; service-learning course supervisor]*
 - *Abnormal Psychology [U]*
- 2001 Instructor, Upward Bound Prep Academy, UIUC, *Freshman English [H]*

PUBLICATIONS

Working Paper

Dobbs-Oates, J., Elias, C.M., Purcell, M.L. & **Watkins, N.D.** (2021). Experiential learning from home: The impact of COVID-19 on field-based practices. *Susan Bulkeley Butler Center for Leadership Excellence and ADVANCE Purdue Center for Faculty Success Working Paper Series. 4(1) Special Issue: 56-66.*

Peer-Reviewed

Watkins, N.D., Fedesco, H., & Marshall, M. (2019). Student perceptions and performance in fully online versus flipped diversity courses: Is there too much distance in distance learning? *Journal on Excellence in College Teaching, 30*(3), 97-120. [ISI Impact Factor 0.20]

Garbacz, S. A., **Watkins, N.D.**, Diaz, Y., Barnabas, E. R., Schwartz, B., & Eiraldi, R. (2016). Using conjoint behavioral consultation to implement evidence-based practices for students in low-income urban schools. *Preventing School Failure: Alternative Education for Children and Youth, 61*(3), 198-210 [ISI Impact Factor 0.42]

Gordon, D.M., **Watkins, N.D.**, Walling, S., Wilhelm, S., & Rayford, B.S. (2011). Adolescent fathers involved with child protection: Social workers speak! *Child Welfare, 90*, 95-114. [ISI Impact Factor 0.589]

Gordon, D.M., Iwamoto, D., **Watkins, N.D.**, Kershaw, T., Mason, D., & Judkins, A. (2011). Promoting responsible fatherhood programming: Factors affecting low-income fathers' involvement in child protection services and court-restricted access to their children. *Journal of Poverty, 15*, 184-205. [ISI Impact Factor N/A]

Watkins, N.D. & Aber, M. (2009). Exploring the relationships between race, class, and middle school students' perceptions of school racial climate. *Equity and Excellence in Education, 42*, 395-411. [ISI Impact Factor N/A]

Watkins, N.D., Larson, R., & Sullivan, P. (2007). Bridging intergroup differences in a community youth program. *American Behavioral Scientist, 51*, 380-402. [ISI Impact Factor 0.573]

Jarrett, R., Sullivan, P., & **Watkins, N.D.** (2005). Developing social capital through participation in organized youth programs: Qualitative insights from three programs. *Journal of Community Psychology, 33*, 1-15. [ISI Impact Factor 0.732]

Book Chapters

MacDermid Wadsworth, S., Roy, K.M., & **Watkins, N.D.** (2015). Families and individuals in societal contexts. In M. Walcheski & J. Reinke (Eds.), *Family life education: The practice of family science* (3rd ed.). Minneapolis, MN: National Council on Family Relations.

Larson, R., Jarrett, R., Hansen, D., Pearce, N., Sullivan, P., Walker, K., **Watkins, N.D.**, & Wood, D. (2004). Organized youth activities as contexts for positive development. In A. Linley & S. Joseph (Eds.), *Positive psychology in practice: From research to application* (pp. 540-560). New York: Wiley.

Newsletter Article

Rynczak, D., Hidalgo, B., Lim, N., **Watkins, N.D.**, & Barr, S. (2005). Teaching service learning courses: Graduate students share what they learn from teaching. *The Community Psychologist, 38*(5).

PRESENTATIONS

Peer-Reviewed

Barragato, A. & **Watkins, N.D.** (2020, November). Exploring students' perceptions of learning partnerships within a diversity course. Presented at Annual Conference of the ITLC Lilly Conference.

Dobbs-Oates, J., & **Watkins, N.D.** (2020, September). Wrapping up your experiential program with an event to remember. Presented at the Annual Conference of the National Society for Experiential Education.

Watkins*, N.D. & Dobbs-Oates, J. (2019, September). *Equipping field-site supervisors: An online video strategy*. Presented at the Annual Conference of the National Society for Experiential Education. St. Pete Beach, FL.

Watkins*, N.D. & Dobbs-Oates, J. (2018, September). *Strengthening the supervisory relationship during field experiences: The supervision journal*. Presented at the Annual Conference of the National Society for Experiential Education. Savannah, GA.

Dobbs-Oates, J., & **Watkins, N.D.** (2017, September). *Students at risk for internship non-completion: Strategies for internship directors and supervisors*. Presented at the Annual Conference of the National Society for Experiential Education. St. Pete Beach, FL.

Dobbs-Oates, J., & **Watkins, N.** (2016, September). *High-quality university supervision of interns: What, why, and how*. Presented at the Annual Conference of the National Society for Experiential Education. San Antonio, TX.

Marshall, M., Fedesco, H., & **Watkins, N.D.** (2016, April). *Does course format matter when learning about diversity: Exploring student evaluations in online versus hybrid classroom structures*. Poster presented at the Twelfth International Congress of Qualitative Inquiry, Champaign-Urbana, IL.

Watkins, N. & Dobbs-Oates, J. (2015, November). *(Re-)designing a capstone internship experience*. Presented at the 35th Annual Lilly Conference on College Teaching, Miami, OH.

Dobbs-Oates, J. & **Watkins, N.** (2014, November). *Internship as high-impact practice*. Presented at the 34th Annual Lilly Conference on College Teaching, Miami, OH.

- Watkins, N.,** Horton, A., & Willis, J.E. (2014, October). *Using the Web 2.0 technology VoiceThread to promote active engagement in an online diversity course*. Poster presented at the 2014 Society for the Teaching of Psychology Annual Conference on Teaching, Atlanta, GA.
- Eiraldi, R., Diaz, Y., & **Watkins, ND.** (2010, October). *Enhanced School-Wide PBS program for the prevention and treatment of externalizing and internalizing disorders*. Presented at the 15th Annual Conference on Advancing School Mental Health, Albuquerque, NM.
- Watkins, N.D.,** Diaz, Y., & Eiraldi, R. (2010, October). *Advancing school mental health for urban, ethnic minority children: Evaluation of a SWPBS skills-training group component*. Poster presented at the 15th Annual Conference on Advancing School Mental Health, Albuquerque, NM.
- Gordon, D., **Watkins, N.,** & Iwamoto, D. (2009, June). *Creating change in child welfare systems by responding to adolescent fathers*. Presented at the 12th Biennial Conference of the Society for Community Research and Action, Montclair, NJ.
- Watkins, N.** & Larson, R. (2008, March). *The civic development of youth of color in two community youth programs: Understanding context and process*. Poster presented at the 2008 Society for Research on Adolescence Biennial Meeting, Chicago, IL.
- Watkins, N.,** Masood, N., & Allen, N. (2007, June). *Evaluating empowerment practice in a domestic violence shelter: Survivor and staff perspectives*. Poster presented at the 11th Biennial Conference of the Society for Community Research and Action, Pasadena, CA.
- Watkins, N.** (2006, March). *Bridging intergroup differences in a youth activist program*. Presented at the 2006 Society for Research on Adolescence Biennial Meeting, San Francisco, CA.
- Watkins, N.** (2006, February). *Examining the sociopolitical development of urban African American youth in a school-based leadership program*. Poster presented at the 23rd Annual Winter Roundtable on Cultural Psychology and Education at Teachers College, New York, NY.
- Watkins, N.** (2005, June). *Developing intercultural competencies in a youth activist program*. Presented at 10th Biennial Conference of the Society for Community Research and Action, Champaign, IL.
- Watkins, N.** (2003, June). *Bridging difference in a rural youth program: Hicks, punks, and the in-crowd*. Poster presented at the 9th Biennial Conference of the Society for Community Research and Action, Las Vegas, NM.
- Watkins, N.** (2002, June). *The effects of race and class on school racial climate perceptions*. Presented at the Society for the Psychological Study of Social Issues Convention, Toronto, ON.
- Radek, M. & **Watkins, N.** (2001, June). *Celebrating diversity: Multiculturalism in a polarized community*. Presented at the 8th Biennial Conference of the Society for Community Research and Action, Atlanta, GA.
- Watkins, N.** & Hammer, Elliott. (2000, April). *The effect of stereotype primes on attributions of responsibility of stereotyped group members*. Presented at the Tennessee Academy of Science at Austin Peay State University, Clarksville, TN.

Webinar

- Watkins, N.** (2015, April). *Using VoiceThread to enhance the student experience in an online diversity course* [Webinar]. In AECT Innovative Approaches to Teaching and Learning with Technology Series. Retrieved from <https://vimeo.com/126599931>

GRANTS

- 2021 **Co-Awardee**, Townsend Writing Excellence Fund. College of Health and Human Sciences, Purdue University. Total funds: \$3000
- 2019 & 2020 **Awardee**, Intercultural Pedagogy Grant. Center for Intercultural Learning, Mentorship, Assessment and Research. Total funds: \$5000
- 2019 **Faculty Fellow**, Teaching Leadership Grant. Teaching Academy, Purdue University. Total funds: \$3,000
- 2019 **Faculty Fellow**, Redesign of HDFS 280. Instruction Matters: Purdue Academic Course Transformation (IMPACT), Office of the Provost, Purdue University. Total funds: \$2,500
- 2016-2017 **Co-Principal Investigator**, Bridging Cultural Gulfs: How Reverse Migration Influences African American Youth Civic Engagement, Academic Self-efficacy, and Positive Development. Clifford B. Kinley Trust, Purdue University. Total funds: \$20,000
- 2015-2016 **Investigator**, Bridging Cultural Gulfs: How Reverse Migration Influences African American Youth Civic Engagement, Academic Self-efficacy, and Positive Development. Purdue Research Foundation. Total funds: \$17,000
- 2014 **Faculty Fellow**, Hybrid Course Redesign of HDFS 280. Instruction Matters: Purdue Academic Course Transformation (IMPACT), Office of the Provost, Purdue University. Total funds: \$10,000
- 2012-2013 **Course Developer**, Capstone and Core Curriculum in HDFS. Summer Instructional Innovation Program, Office of the Provost, Purdue University. Total funds: \$55,000

PROFESSIONAL ACTIVITIES*Consultation*

- 2014-2016 **Curriculum Consultant & Trainer**, Yardstick Management, Atlanta, GA
- Assisted a large technology company with the development of educational resources for parents, teachers, and advocates in an effort to increase underrepresented students' exposure and access to technology careers
 - Developed curricular materials for a one-to-one coaching program designed to support the academic success and career interest of first generation college freshmen. Also, designed and delivered a mentor coaching training for early to mid-career business professionals.
- January 2006 **Evaluator**, Prevention Evaluation Team, Champaign Urbana Area Project, Champaign, IL
- Reviewed program sites, funding proposals, and program goals and benchmarks as part of an evaluation of program effectiveness

Workshops, Trainings, & Facilitations

- 2021 **Panelist**, *Using the audio feedback tool in Brightspace*. Half Day Workshop on Feedback, Purdue Innovative Learning

- August 2020 & 2021 **Presenter**, *Teaching sensitive topics online* [online recording]. Teaching Assistant Orientation (virtual), Center for Instructional Excellence, Purdue University
- January 2020 **Presenter**, *An experiential approach to teaching case management to undergraduate students*. Indiana Psychological Association Region 4 CE Event.
- August 2017 & 2019 **Trainer**, *Take note: Listening and documenting*. BoilerMentor/Emerging Leaders Training, Purdue University
- February 2018 **Panelist**, *Career paths in psychology*. PSY 100: Introduction to Psychology, Purdue University
- January 2018 **Panelist**, *Challenges of teaching in an active learning space*. Active Learning Community of Practice, Purdue University
- August 2017 **Workshop Presenter**, *Students at risk for internship non-completion: Strategies for internship directors and faculty supervisors*. Ivy Tech Statewide Human Services Professional Discipline Dialogue Day, Indianapolis, IN (with Jennifer Dobbs-Oates)
- July 2017 **Workshop Presenter**, *The mystery of the college student intern: Supervision of interns in social service organizations*. Mental Health America, Lafayette, IN (with Jo Micon, Janet Rhodes-Carlson, and Jennifer Dobbs-Oates)
- 2016 & 2017 **Panelist**, *Teaching advice from veteran Purdue instructors*. Workshop for faculty new to teaching at Purdue. Center for Instructional Excellence and the Teaching Academy, Purdue University
- 2016 & 2017 **Workshop Presenter**, Heads Up After-School Program, Briarwood Apartment Complex, Lafayette, IN
- Developed and delivered workshops on conflict styles and problem-solving for middle schools students attending the after-school program
- September 2016 **Trainer**, *Conflict Resolution*. Klondike Middle School, West Lafayette, IN
- Developed and delivered an interactive workshop on conflict resolution for middle school students serving in peer mediator roles
- July 2016 **Guest Speaker**, Summer Career and Leadership Development Camp, Community Alliance of the Far Eastside, Indianapolis, IN
- Spoke to high school students about the college experience at historically black colleges and universities (HBCUs) and predominantly white institutions (PWIs)
- 2015-2016 **Developer & Coordinator**, Snack & Chat, Greater Lafayette chapter of Indiana Black Expo, Lafayette, IN
- Created and coordinated a series of discussions designed to strengthen intergenerational connections and support youth's socioemotional development
- March 2015 **Guest Speaker**, *Making Herstory*. Lafayette Adult Resource Academy, Lafayette, IN
- Invited to share career journey as a part of Women's History Month programming
- April 2014 **Trainer**, *Begin with the end in mind: Syllabi, course planning, and learning objectives*. College Teaching Workshop Series, Center for Instructional Excellence, Purdue University (with Chuck Callahan)
- 2013-2014 **Presenter**, Bloom: Where Girls Go to Grow, Lafayette, IN

- Designed and delivered workshops on conflict resolution and problem-solving for girls 12-16 years old attending the program
- Fall 2013 **Organizer**, *The Journey Scholar-Practitioner Meeting*. The Journey and Purdue University, West Lafayette, IN

 - Organized a meeting between The Journey staff and Purdue faculty and staff to discuss how to increase the visibility and strengthen academic pathways for youth workers
- Fall 2012 **Panel Moderator**, *Ebony Reflections in an Ivory Tower*. One Community Faculty & Staff Series, Division of Diversity and Inclusion, Purdue University
- March 2009 **Workshop Presenter**, *Violence Prevention in Schools*. The Consultation Center, Yale University School of Medicine, New Haven, CT
- September 2007 **Workshop Presenter**, Generations of Hope Community Retreat, Rantoul, IL (with Gladys Hunt and Mona Taylor)

 - Developed and delivered a presentation on fostering youth's positive cultural identity to adoptive parents, seniors, and staff of an intergenerational and cross-racial adoptive community
- February 2005 **Facilitator**, Cultural Competency Training Series, Champaign County Mental Health Board, Champaign, IL

 - Facilitated small group dialogues and experiential activities with service providers engaged in a training about African American mental health
- November 2001 **Facilitator**, Diversity in the Residence Halls Project
Department of Residential Life, UIUC

 - Facilitated a focus group with undergraduate students on race relations, diversity education, and multiculturalism in their residence halls

PROFESSIONAL SERVICE

Committees

- 2012-current **Chair** (since Fall 2021) & Member, HDFS Undergraduate Committee Member, Purdue University
- 2021-current HHS Undergraduate Educational Policy & Curriculum Committee, Purdue University
- 2019-2020 **Vice-Chairperson**, Purdue Black Caucus of Faculty & Staff
- 2018-2020 **Faculty Representative**, Purdue's Career Readiness Assessment Team, University Innovation Alliance Career Readiness Initiative
- 2018, 2020-2021 Counseling Psychology Search Committee, Purdue University
- 2017-2022 **Health Sector Coordinator**, Peace Corp Prep Program, Purdue University
- 2016-2018 Digital Education Awards Selection Committee, Purdue University
- 2015-2021 **Chair**, HDFS Digital Instruction Committee, Purdue University
- 2015 Action Plan for Digital Education Committee, Purdue University
- 2014-2016 **Chair**, HDFS Capstone Scholarship Committee, Purdue University
- 2014-2015 University-Wide Canvas Committee, Purdue University
- 2014 Córdova Leadership in Action Award Committee, Purdue University
- 2013-2017 Digital Education Faculty Advisory Committee, Purdue University
- 2013 Health & Human Sciences Scholarship Committee, Purdue University
- 2012-2013 Faculty/Staff Traffic Appeals Board, Purdue University

2010-2011 Psychology Seminar Planning Committee, The Children's Hospital of Philadelphia
2006-2008 Psychological Services Center Advisory Committee, UIUC
2006 Midwest Ecological-Community Psychology Conference Planning Committee, UIUC

Faculty Advisor for Student Organizations

2017-2019 HDFS Outreach Team, Purdue University
2015-2016 Devonshire Cooperative House, Purdue University
2014-2016 HDFS Club, Purdue University
2012-2014 Purdue Association for the Care of Children's Health, Purdue University

Student Recruitment & Retention

2017-2019 **Faculty Presenter**, Pre-Destination Purdue, Purdue University
▪ Simulated a college class experience and hosted a Q&A session for newly admitted underrepresented minority students and their families
2017 & 2018 **Faculty Presenter**, AHEC Discover Healthcare Careers, Purdue University
▪ Created and hosted an interactive workshop about HDFS careers for minority and disadvantaged high school students
2015 **Faculty Mentor**, Boiler Gold Rush, Purdue University
▪ Engaged in relationship-building activities and provided advice to incoming freshmen students transitioning to campus
2014 **Faculty Presenter**, Experience Purdue, Purdue University
▪ Created and hosted an interactive workshop on "The ABCs of stress" for high-achieving high school students (with Jennifer Dobbs-Oates)

Ad Hoc Reviewer

2019-current Ad Hoc Reviewer, Teaching of Psychology
2018 Ad Hoc Reviewer, Journal of Adolescent Research
2015 Textbook Reviewer, Cengage
2012-current Ad Hoc Reviewer, Journal of Research on Adolescence

PROFESSIONAL AFFILIATIONS

2012-current National Society for Experiential Education
2006-2019 Society for Research on Adolescence
2000-2019 Society of Community Research and Action
1999-2019 American Psychological Association