

Curriculum Vitae

**Cezanne M. Elias, Ph.D., LMFT**

Department of Human Development and Family Studies  
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**CURRENT EMPLOYMENT**

- 2018- Current      Clinical Assistant Professor, Department of Human Development and Family Studies, Purdue University
- 2011-2018      Visiting Assistant Professor, Department of Human Development and Family Studies, Purdue University

**EDUCATION**

- December 2010      **Ph.D. Child Development and Family Studies**, Specialization in Marriage and Family Therapy, Purdue University  
*Dissertation:* Does a Cancer Diagnosis Moderate the Effect of Perceived Partner Social Support and Social Constraint on Marital Satisfaction and Posttraumatic Growth? A Study of Social Support and Social Constraint.  
Research Advisor: Cleveland Shields, Ph.D.
- August 2005      **M.S. Child Development and Family Studies**, Specialization in Marriage and Family Therapy, Purdue University Calumet  
*Thesis:* Families Facing Parental Cancer: A Study of Family Functioning and Child/Adolescent Burden.  
Research Advisor: Thomas Pavkov, Ph.D.
- May 2002      **B.S. Human and Community Development**, University of California, Davis.

**LICENSES, REGISTRATIONS, AND CERTIFICATIONS**

- 2009 - Present      Licensed Marriage and Family Therapist, Indiana
- 2019 - Present      Mental Health First Aid Instructor, United States
- 2021      Sexual Health Certificate, Sex Therapy and Sexuality Education, School of Social Work, University of Michigan

**HONORS AND AWARDS**

- 2022      Office of Engagement Service-Learning Fellowship, Purdue University
- 2021      Bravo Award for Excellent Achievement, Mental Health First Training, Purdue University
- 2021      Jane S Link Outstanding Teaching Award, College of Health and Human Sciences, Purdue University
- 2021      Award for Exceptional Teaching and Instructional Support during the COVID-19 Pandemic, Digital Instruction Committee, Purdue University
- 2021      Corps of Engagement Award for Families Tackling Tough Times Together Program, Steering Committee Member, Purdue University

2021	Faculty Engagement Award for Families Tackling Tough Times Together Program, Steering Committee Member, College of Health and Human Sciences, Purdue University
2020-2021	Teaching Leadership Award, Purdue University
2019 - 2020	IMPACT Faculty Fellow, Purdue University
2019 - 2020	Teaching for Tomorrow Junior Fellow, Purdue University
2019, 2017	Digital Education Development Award, Purdue University
2005	Indiana Association of Marriage and Family Therapist Research Award Recipient for Master's Thesis
2004-2005	Purdue University Calumet Graduate Student Research Award Recipient for Master's Thesis

**TEACHING /SUPERVISION**

2011-Present	HDFS 455: Capstone Experience in HDFS, Purdue University (Hybrid Teaching Format)
2011- Present	HDFS 454 Career Assessment and Professional Development, Purdue University
2013 - Present	HDFS 330: Sexuality and Family Life, Purdue University (Face to Face and Online Teaching Formats)
2018- Present	HDFS 100: Orientation to Current Issues in HDFS
2018- Present	HDFS 4303: HDFS Student Mentors, Purdue University
2022	HDFS 331: Skills for Helping Professionals in Individual, Family and Group Settings
2020, 2016	HDFS 280: Diversity in Individual and Family Life, Purdue University (Hybrid Teaching Format)
2019	HDFS 201: Introduction to Family Processes, Purdue University (Online)
2014	HDFS 313: Adolescent Development, Purdue University
2013- 2018	HDFS 346: Research Design and Program Evaluation, Purdue University
2011	G590MFT Outcome Research in Marriage and Family Therapy, Indiana University- Purdue University Fort Wayne, Fort Wayne, IN
2005-2006	CDFS 255 Marriage and Family Relationships, Purdue University
2004-2005	CDFS 210 Introduction to Human Development, Purdue University Calumet
2003	Teaching Assistant, CDFS 205 Family Dynamics, Purdue University Calumet
1999-2001	Teaching Assistant, HDR 140 L Laboratory in Early Childhood, University of California, Davis

**PUBLICATIONS**

- MacDermid Wadsworth, S., Toombs, A., Lalani, N., Ruiz, Y., Marceau, K., McCormick, C., & **Elias, C.** (2021, Winter). Supporting Family Resilience in the Context of Disasters. *NCFR Report: Bridging the Research-Practice Divide*.
- Dobbs-Oates, J., **Elias, C. M.**, Purcell, M.L., & Watkins, N.D. (2021). Experiential learning from home: The impact of COVID-19 on field-based practices. *Susan Bulkeley Butler Center and ADVANCE Purdue Center for Faculty Success Working Paper Series. Navigating Careers in the Academy: Gender, Race, and Class. 3(3) Special Issue: Higher Education and COVID-19. Volume II: 56-66.*
- Ruiz, Y., MacDermid Wadsworth, S., **Elias, C. M.**, Marceau, K., Purcell, Reddick, T. R., Richards, E. A., Schlesinger-Delin, E. (2020). Ultra-rapid development and deployment of a family resilience program during the COVID-19 pandemic; Lessons learned from Families Tackling Tough Times Together. *Journal of Military, Veteran and Family Health*. doi: 10.3138/jmvfh-CO19-013
- Elias, C. M.** (2019). Cloe Madanes. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.
- Elias, C. M.** (2019). Paul Watzlawick. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.
- Elias, C. M.** (2019). John Weakland. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.
- Elias, C. M.** (2019). Donald Jackson. In J. L. Lebow, A. L. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.
- Shields, C. G., Griggs, J. J., Fiscella, K., **Elias, C. M.**, Christ, S. L., Colbert, J., . . . Epstein R. M. (2019). The influence of patient race and activation on pain management in advanced lung cancer: The social and behavioral influences (SBI) study. *Journal of General Internal Medicine, 34*, 435-442. Impact Factor: 4.001
- Elias, C. M.**, Shields, C. G., Griggs, J. J., Fiscella, K., Christ, S. L., Colbert, J., . . . & Epstein, R. (2017). The Social and Behavioral Influences (SBI) Study: Study design and rationale for studying the effects of race and activation on cancer pain management. *BMC Cancer, 17*, 1-11. doi:10.1186/s12885-017-3564-2
- Shields, C. G., Finley, M. A., **Elias, C. M.**, Coker, C. J., Griggs, J. J., Fiscella, K., & Epstein, R. M. (2013). Pain assessment: The roles of physician certainty and curiosity. *Health Communication 28*, 740-746. doi:10.1080/10410236.2012.715380
- Karam, E. A., Clymer, S. R., **Elias, C.**, & Calahan, C. (2014). Together face-to-face or alone at your own pace: Comparing traditional vs. blended learning formats in couple & family relationship coursework. *Journal of Instructional Psychology, 41*, 85-93.
- Elias, C. M.**, & Jameyfield, L. (2006). "How Does Your Garden Grow?" In Hertlein, Katherine M. and Viers, Dawn (eds.) *The couple and family therapist's notebook: Homework, handouts, and activities for use in psychotherapy*. New York: The Haworth Press, Inc.

**PROFESSIONAL PRESENTATIONS**

- Marceau, K., Kimiecik, C., Ruiz, Y., McCormick, C., Toombs, A., **Elias, C. M.**, Lalani, N., & MacDermid

- Wadsworth, S. (2021, November). *Families together: How families used a program to build family resilience during the COVID-19 pandemic*. Interactive poster presented at the National Council on Family Relationship Conference.
- Lalani, N., **Elias, C. M.**, Toombs, A., Ruiz, Y., Marceau, K., McCromick, C., & MacDermid Wadsworth, S. (2021, June). *Building a large-scale, public-facing family resilience development program during a pandemic*. Presentation at the National Council on Family Relations Virtual Family Life Education Summit.
- Elias, C. M.** (2020, October). *State of the State: What are the needs of the state?* Plenary panel presentation at the Battlemind to Home Summit.
- Briggs, J., & **Elias, C. M.** (2020, April). *A systemic model for informed sexual decision-making*. Digital poster presented at the Society for Sex Therapy and Research Conference.
- Elias, C. M.**, Shields, C. G., Marshall, M., Fuzzell, L Griggs, J. J., Fiscella, K., & Epstein, R. M. (2015, October). *Prognosis discussion in end of life care: The role of physician burnout, relational attachment and gender*. Poster presented at the International Conference on Communication in Healthcare, New Orleans, LA.
- Craft, H., Shields, C. G., **Elias C. M.** (2015, July). *Pain assessment: association with physician relationship style and attitude about opioid rx*. Poster presented at the Discovery Park Cancer Prevention Internship Program, West Lafayette, IN.
- Elias, C.M.**, & Shields, C.G (2013, October). *Measuring decision-making behaviors during a medical encounter*. Presentation at the International Conference on Communication in Healthcare, Montreal, Canada.
- Shields, C. G., Griggs, J. J., & **Elias, C. M.** (2008, February). *Mental health in breast survivors: The role of family criticism and avoidance*. Poster presented at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Shields, C. G., **Elias, C. M.**, Gorevski, D., Griggs, J. J. (2008, February). *Post-traumatic growth in couple relationships*. Presentation at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Shields, C. G., Champion, V. L., Ziner, K. W., Hickey, S. A., Schilling, K., & **Elias, C. M.** (2008, February). *Patient physician interaction: A randomized pilot of a breast cancer survivor patient activation intervention*. Poster presented at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Elias, C. M.**, & Shields, C. G. (2007, October). *How to communicate with your family about cancer*. Presentation at Camp Bluebird, Brookston, IN.
- Elias, C. M.**, Shields, C. G., & Griggs, J. (2007, May). *Criticism and avoidance in couples coping with breast cancer: A dyadic model of husbands' and wives' marital satisfaction*. Poster session presented at the Midwest Oncology Nursing Symposium, West Lafayette, IN.
- Elias, C. M.** (2007, November). *Taking care of the cancer nurse*. Presentation at the Oncological Nursing Symposium, Lafayette, IN.

Vaders, L., **Elias, C. M.**, Harb, W. (2006, September). *Dealing with the diagnosis of cancer*.  
Presentation at Horizon Oncology Cancer Forum, Lafayette, IN.

**Elias, C. M.**, Karam, E. A., Kim, E. Y., Sprenkle, D. H., Willerton, C. E., & Wittenborn, A. K. (2006, September). *Therapists experience of PET-C: A qualitative journey*. Poster session presented at the annual American Association for Marriage and Family Therapy Conference, Austin, TX.

**Elias, C. M.** (2005, March). *Families facing parental cancer: A study of family functioning and child/adolescent burden*. Poster session presented at the annual Indiana Association for Marriage and Family Therapy Conference, Indianapolis, IN.

## RESEARCH EXPERIENCE

- 2022                    **Families Tackling Tough Times Together: Empowering Family Resilience in Indiana's at Risk Families**, Purdue University  
College of Agriculture/AgSEED  
Principal Investigator: Cezanne Elias
- 2017                    **Sociocultural and Community Influences on Mental Health Decision Making among Veterans with PTSD**, NCPTSD FCP 6666. Military Family Research Institute at Purdue University and Minneapolis VA  
Principal Investigator: Michele Spooont, Ph.D.
- Provided expertise in patient-provider communication and health concerns within families.
- 2011-2016            **Social and Behavioral Influences on Clinical Communication and Health Care**, (NCI) R01CA155376. Purdue University  
Co- Investigators: Cleveland Shields, Ph.D. and Ronald Epstein, M.D.
- Coordinated research across three University sites; participated in the conceptualization of the study, measures, recruitment, study execution, data collection, coding of data, data analysis, annual reporting, training of graduate and undergraduate research students.
- 2009-2010            **Following Doctor's Orders: Does Patient and Spouse Communication with Healthcare Providers Improve Dietary Adherence Among Patients with diabetes?** Purdue University  
Co-Investigators: Cleveland Shields, Ph.D. and Melissa Franks, Ph.D.
- Managed transcription of data, collaborated with Relationship in Healthcare Lab members to develop coding systems and examine subsystem interactions in medical visits.
- 2007-2009            **Responses of Physicians to Patients Inquiries (ROPI)**, (NCI) R21CA124913. Purdue University  
Principal Investigator: Cleveland Shields, Ph.D.
- Established coding systems to study medical interactions in decision making and pain assessment.
- 2007-2009            **Couples and Cancer**. Purdue University  
Co-Investigator with Cleveland Shields, Ph.D.
- Developed and implemented a pilot study of how couples cope with a cancer diagnosis.

- 2007-2008      **A Randomized Pilot of Breast Cancer Survivor Patient Activation Intervention.** Purdue University and Indiana School of Nursing  
Co- Investigators: Cleveland Shields and Victoria Champion, Ph.D., R.N., F.A.A.N.
- Consulted on study design and data collection, assisted with writing, submitting and presenting the research at conferences.
- 2006      **Partner Communication and Psychological Distress after Breast Cancer Diagnosis.** Purdue University  
Principal Investigator: Cleveland Shields
- Aided in data analysis, submitted and presented data in oral and poster presentation formats.
- 2005      **Comparison of EFT Premarital Therapy versus Standard Practice.** Purdue University
- Delivered therapeutic interventions of premarital therapy as part of an intervention study.
- 2005-2006      **Traditional Versus Hybrid Teaching Formats.** Purdue University  
Supervisor: Chuck Calahan
- Instructed two sections of a large enrollment undergraduate course to compare students' evaluations of learning objectives using two teaching formats.
- 2003      **Head-Start of Northwest Indiana Purdue Calumet.** Purdue University Calumet  
Supervisor: Thomas Pavkov, Ph.D.
- Assessed children in a head start system using measures developed by educators in Northwest Indiana.
- 2002-2003      **Solution Focused Substance Abuse Therapy versus Standard Practice.** Purdue University Calumet
- Delivered therapeutic interventions of substance abuse therapy.

## CLINICAL EXPERIENCE

- 2022-Present      Clear Step Counseling, Lafayette, IN
- 2011-2021      Marriage and Family Therapist at Alpine Clinic, Lafayette, IN
- 2019-Present      Mental Health First Aid Trainor
- 2016- 2017      Consulting Therapist for Counseling Psychological Services, Purdue Student Health Center, Purdue University
- 2013      Group Facilitator for Cancer Support Group, Lafayette, IN
- 2007-2008      Family Therapist Intern at Horizon Oncology Clinic, Lafayette, IN
- 2006-2008      Clinic Coordinator for Individual Couple and Family Therapy Clinic, Purdue University
- 2005- 2007      Filial Family Therapy Project, Purdue University

2005-2007 Family Therapist at Individual, Couple & Family Therapy Clinic, Purdue University  
2006 Premarital Intervention Therapist, Purdue University  
2004-2005 Group Therapy Clinician at Wellness House, Hinsdale, IL  
2004 Marriage and Family Therapist Extern, Thornton Township, Riverdale and South Holland, IN  
2002-2003 Marriage and Family Therapy Clinic, Purdue University Calumet  
2002-2004 Clinic Coordinator, Purdue University Calumet  
2002-2003 Substance Abuse Intervention Therapist, Purdue University Calumet

**DEPARTMENTAL SERVICE**

2017- 2021 Co-Chair, Digital Instruction Committee, Purdue University  
2021-Present Chair, Digital Instruction Committee  
2021-Present Member, Undergraduate Committee

**COLLEGE SERVICE**

2021- Present Online Learning Committee

**UNIVERSITY SERVICE**

2021 - Present Instructional Technology Advisory Committee  
2022 - Present Instructional Technology Subcommittee

**AD-HOC REVIEWER**

Journal of Child and Family Studies  
Journal of Couple and Family Relationships  
Purdue Journal of Service-Learning and International Engagement  
Social Work in Health Care

**PROFESSIONAL MEMBERSHIP**

American Association of Sexuality Educators, Counselors and Therapists  
Clinical Fellow of the American Association for Marriage and Family Therapy  
Indiana Association for Marriage and Family Therapy  
• Region 1 Representative  
National Council on Family Relations