

**Kameron J. Moding, Ph.D.**  
Assistant Professor  
Human Development & Family Studies  
Purdue University

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**EDUCATION**

- Ph.D. Human Development and Family Studies, May 2016  
The Pennsylvania State University  
Thesis: An examination of temperamental approach/withdrawal and responses to novel foods across infancy and early childhood  
Advisor: Dr. Cynthia Stifter
- M.S. Human Development and Family Studies, May 2013  
The Pennsylvania State University  
Thesis: The associations between infant temperament, parenting behaviors, and infant food acceptance  
Advisor: Dr. Cynthia Stifter
- B.A. Distinction in Psychology, May 2010  
The Colorado College  
Thesis: The importance of measuring importance: Linking sport involvement to self-esteem  
Advisor: Dr. Patricia Waters

**POSITIONS HELD**

- August 2019-Present Assistant Professor  
Human Development & Family Studies  
Purdue University
- July 2016- August 2019 Postdoctoral Fellow, The Children's Eating Laboratory  
University of Colorado Anschutz Medical Campus  
Principal Investigator: Dr. Susan L. Johnson
- August 2010- May 2016 Graduate Research Assistant, Infant and Child Temperament Lab  
The Pennsylvania State University  
Principal Investigator: Dr. Cynthia Stifter

**HONORS AND AWARDS**

- Fall 2013 - Spring 2016 USDA Childhood Obesity Prevention Training (COPT) Fellowship

Spring 2011- Fall 2012                      Early Childhood Mental Health Research Fellowship

Fall 2010    Graham Fellowship

## **RESEARCH SUPPRT**

### ***Current:***

USDA NIFA/AFRI #2018-67012-27990    4/2018-12/2022  
Role: Postdoctoral Fellow/Principal Investigator  
Title: An integrated approach to examine caregiver feeding persistence in offering vegetables to infants and toddlers

### ***Past:***

Global Alliance for Improved Nutrition    8/2020-12/2020  
Role: Principal Investigator  
Title: Development of a live coding method and manual to assess infant food acceptance

## **PEER-REVIEWED PUBLICATIONS**

Johnson, S.L., **Moding, K.J.**, Grimm, K.J., Flesher, A.E., Bakke, A.J., Hayes, J.E. (2021). Infant and toddler responses to bitter-tasting novel vegetables: Findings from the Good Tastes Study. *Journal of Nutrition*.

Johnson, S.L., Shapiro, A.L.B., **Moding, K.J.**, Flesher, A.E., Davis, K. N., Fisher, J.O. (2021). Infant and toddler consumption of sweetened and unsweetened lipid nutrient supplements after 2-week home repeated exposures. *Journal of Nutrition*.

Ferrante, M.J., **Moding, K.J.**, Bellows, L.L., Bakke, A.J., Hayes, J.E., Johnson, S.L. (2021). Examining front-of-package product names and ingredient lists of infant and toddler foods containing vegetables. *Journal of Nutrition Education and Behavior*.

**Moding, K.J.**, & Fries, L.R. (2020). Feeding practices demonstrated by parents of toddlers: An observational analysis of breakfast, lunch, dinner, and snacks. *Appetite*. doi: 10.1016/j.appet.2020.104825

Bakke, A.J., Carney, E.M., Higgins, M.J., **Moding, K.J.**, Johnson, S.L., Hayes, J.E. (2020). Blending dark green vegetables with fruits in commercially available infant foods makes them taste like fruit. *Appetite*. doi: 10.1016/j.appet.2020.104652

**Moding, K.J.**, Bellows, L.L., Grimm, K.J., Johnson, S.L. (2020). A longitudinal examination of the role of sensory exploratory behaviors in young children's acceptance of new foods. *Physiology & Behavior*. doi: 10.1016/j.physbeh.2020.112821

- Hepworth, A.D., **Moding, K.J.**, & Stifter, C.A. (2020). A laboratory-based assessment of mother-child snack food selections and child snack food consumption: Associations with observed and maternal self-report of child feeding practices. *Food Quality & Preference*. doi: 10.1016/j.foodqual.2020.103898
- Moding, K.J.**, Ferrante, M.J., Bellows, L.L., Bakke, A.J., Hayes, J.E., Johnson, S.L. (2019). Nutritional content and ingredients of commercial infant and toddler food pouches compared to other packages available in the United States. *Nutrition Today*, 54(6), 305-312. doi: 10.1097/NT.0000000000000385
- Fries, L.R., van der Horst, K., **Moding, K.J.**, Hughes, S.O., Johnson, S.L. (2019). Consistency between parent-reported feeding practices and behavioral observation during toddler meals. *Journal of Nutrition Education and Behavior*, 51(10), 1159-1167. doi: 10.1016/j.jneb.2019.08.005
- Stifter, C.A., & **Moding, K.J.** (2019). Temperament in obesity-related research: Concepts, challenges, and considerations for future research. *Appetite*, 141, 104308. doi: 10.1016/j.appet.2019.05.039
- Johnson, S.L., Ryan, S., Kroehl, M., **Moding, K.J.**, Boles, R.E., Bellows, L.L. (2019). A longitudinal intervention to improve young children's liking and consumption of new foods: Findings from The Colorado LEAP Study. *International Journal of Behavioral Nutrition and Physical Activity*, 16(49), 1-15. doi: 10.1186/s12966-019-0808-3
- Ferrante, M.F., Johnson, S.L., Miller, J., **Moding, K.J.**, Bellows, L.L. (2019). Does a vegetable-first, optimal default strategy improve children's vegetable intake? A restaurant-based study. *Food Quality & Preference*, 74, 112-117. doi: 10.1016/j.foodqual.2019.01.009
- Anzman-Frasca S., Paul, I.M., **Moding, K.J.**, Savage, J.S., Hohman, E.E., Birch, L.L. (2018). Effects of the INSIGHT obesity preventive intervention on reported and observed infant temperament. *Journal of Developmental and Behavioral Pediatrics*, 39(9), 736-743. doi: 10.1097/DBP.0000000000000597
- Moding, K.J.**, Augustine, M.E., & Stifter, C.A. (2018). Interactive effects of parenting behavior and regulatory skills in toddlerhood on child weight outcomes. *International Journal of Obesity*, 43, 53-61. doi: 10.1038/s41366-018-0162-6.
- Johnson, S.L., **Moding, K.J.**, Maloney, K., Bellows, L.L. (2018). Development of the Trying New Foods Scale: a preschooler self-assessment of children's willingness to try new foods. *Appetite*, 128, 21-31. doi: 10.1016/j.appet.2018.05.146
- Moding, K.J.**, Ferrante, M.J., Bellows, L.L., Bakke, A.J., Hayes, J.E., Johnson, S.L. (2018). Variety and content of commercial infant and toddler vegetable products manufactured and sold in the United States. *American Journal of Clinical Nutrition*, 107, 576-583. doi: 10.1093/ajcn/nqx079

- Bakke, A.J., Stubbs, C.A., McDowell, E.H., **Moding, K.J.**, Johnson, S.L., Hayes, J.E. (2018). Mary Poppins was right: adding small amounts of sugar or salt to reduce the bitterness of vegetable purees. *Appetite*, 126, 90-101. doi: 10.1016/j.appet.2018.03.015
- Stifter, C.A. & **Moding, K.J.** (2018). Infant temperament and parent use of food to soothe predict change in weight-for-length across infancy: Early risk factors for childhood obesity. *International Journal of Obesity*, 42, 1631-1638. doi: 10.1038/s41366-018-0006-4
- Moding, K.J.**, & Stifter, C.A. (2018). Does temperament underlie infant novel food responses?: Continuity of approach-withdrawal from 6 to 18 months. *Child Development*, 89(4), e444-e458. doi: 10.1111/cdev.12902
- Augustine, M.E., **Moding, K.J.**, & Stifter, C.A. (2016). Predicting toddler temperamental approach-withdrawal: Contributions of early approach tendencies, parenting behavior, and contextual novelty. *Journal of Research in Personality*, 67, 97-105. doi: 10.1016/j.jrp.2016.05.008
- Moding, K.J.**, & Stifter, C.A. (2016b). Temperamental approach/withdrawal and food neophobia in early childhood: Concurrent and longitudinal associations. *Appetite*, 107, 654-662. doi: <http://dx.doi.org/10.1016/j.appet.2016.09.013>
- Moding, K.J.**, & Stifter, C.A. (2016a). Stability of food neophobia from infancy through early childhood. *Appetite*, 97, 72-78. doi:10.1016/j.appet.2015.11.016
- Doub, A.E., **Moding, K.J.**, & Stifter, C.A. (2015). Infant and maternal predictors of early life feeding decisions: The timing of solid food introduction. *Appetite*, 92, 261-268. doi: 10.1016/j.appet.2015.05.028
- Stifter, C. A., & **Moding, K.J.** (2015). Understanding and measuring parent use of food to soothe infant and toddler distress: A longitudinal study from 6 to 18 months of age. *Appetite*, 95, 188-196. doi: 10.1016/j.appet.2015.07.009
- Moding, K. J.**, Birch, L.L. & Stifter, C. A. (2014). Infant temperament and feeding history predict infants' responses to novel foods. *Appetite*, 83, 218–225. doi:10.1016/j.appet.2014.08.030

### **BOOK CHAPTERS:**

- Johnson, S.L., & **Moding, K.J.** (2020). Introducing hard-to-like foods to infants and toddlers: Mothers' perspectives and children's experiences about learning to accept novel foods. In M.M. Black, A Singhal, & CH Hillman (Eds.). Nestle Nutrition Institute Workshop Series. Basel: Karger.

Johnson, S.L., **Moding, K.J.**, & Bellows, L.L. (2018). Children's challenging eating behaviors: picky eating, food neophobia, & food selectivity. In L.C. Lumeng & J.O. Fisher (Eds.). *Pediatric Food Preferences and Eating Behaviors*. New York: Elsevier.

## **PRESENTATIONS**

### **Oral Presentations:**

Johnson, S.L., **Moding, K.J.**, Flesher, A.E., Davis, K.N., Boenig, R., Bakke, A.J., Hayes, J.E. (June 2019). The Good Tastes Study: Relations between children's eating behaviors and caregivers' intentions to persist in offering difficult-to-like foods. American Society for Nutrition Annual Meeting, Baltimore, MD.

**Moding, K.J.**, Flesher, A.E., Johnson, S.L. (June 2019). The Good Tastes Study: Exploring developmental associations between temperament and food acceptance in young children. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Prague, Czech Republic.

**Moding, K.J.**, Flesher, A.E., Lucitt, H., Bakke, A.J., Hayes, J.E., Johnson, S.L. (June 2018). The Good Tastes Study: Exploring caregiver feeding persistence and the roles of perceived infant liking, child temperament, and caregiver food neophobia. American Society for Nutrition Annual Meeting, Boston, MA.

**Moding, K.J.**, Bellows, L.L., Hodges, E.A., Boles, R.E., & Johnson, S.L. (June 2018). An integrated approach to examine caregiver feeding persistence in offering vegetables to infants and toddlers. USDA National Institute of Food and Agriculture Project Director Meeting, Boston, MA.

**Moding, K.J.**, Bellows, L.L., Palmer, C., & Johnson, S.L. (April 2017). Sustained effects of an intervention to improve willingness to try new foods on preschoolers' liking ratings of a target vegetable. Experimental Biology Annual Meeting, Chicago, IL.

**Moding, K.J.**, Augustine, M.E., & Stifter, C.A. (April 2017). Concurrent associations and developmental trajectories of infants' approach/withdrawal responses to novel toys and novel foods. In symposium: Temperamental approach/withdrawal in early childhood: Developmental processes and outcomes (K. Moding, co-chair). Society for Research in Child Development Biennial Meeting, Austin, TX.

Stifter, C.A., & **Moding, K.J.** (May 2016). Temperament and parent use of instrumental feeding: Early pathways to childhood obesity. Biennial International Congress on Infant Studies, New Orleans, LA.

**Moding, K.J.**, & Stifter, C.A. (July 2015). Infants' reactions to novel foods predict food neophobia during early childhood. Annual Meeting of the Society for the Study of Ingestive Behavior, Denver, CO.

Stifter, C.A., **Moding, K.J.**, & Lickenbrock, D.M. (June 2012). Parenting and infant temperament: Is the use of food to soothe infant distress a risk factor for infant rapid weight gain? Biennial International Conference on Infant Studies, Minneapolis, MN.

**Poster Presentations:**

Tauriello, S., **Moding, K.J.**, Aronoff, N., Kubinieć, E., Anzman-Frasca, S. (July 2021). Temperament, eating, and weight outcomes in young children: An updated systematic review of the literature. Society for the Study of Ingestive Behavior, Virtual Meeting.

**Moding, K.J.**, Anzman-Frasca, S., Kielb, E. (June 2021). Early temperamental reactivity and infant's responses to novel foods at 6 months of age. American Society for Nutrition Annual Meeting, Virtual Meeting.

Kielb, E., **Moding, K.J.**, Hodges, E.A, Johnson, S.L. (April, 2021). Infant and toddler dietary variety: The role of parental food neophobia and infant temperament. Society for Research in Child Development, Virtual Meeting.

**Moding, K.J.**, Hepworth, A.D., Stifter, C.A. (November 2020). Temperamental surgency, permissive feeding practices, and young children's eating self-regulation. Occasional Temperament Conference, Virtual Meeting.

**Moding, K.J.**, Bonvecchio, A., Rawlinson, C., Okronipa, H., Pacheco Miranda, S., Boenig, R., Flesher, A.E., & Johnson, S.L. (June 2020). Development of a live coding scheme to assess food acceptance among infants and toddlers in naturalistic settings. American Society for Nutrition Annual Meeting, Virtual Meeting.

Rawlinson, C., Bonvecchio, A., Okronipa, H., **Moding, K.J.**, Pacheco Miranda, S., Boenig, R., & Johnson, S.L. (June 2020). Lessons learned and recommendations for the implementation of a live coding method to assess acceptability of SQ-LNS supplements in 7- to 24-month-old children. American Society for Nutrition Annual Meeting, Virtual Meeting.

Johnson, S.L., Shapiro, A., **Moding, K.J.**, Davis, K., Montalvo, A., Flesher, A.E., & Fisher, J. (June 2020). Infant and toddler consumption of a lipid nutrient supplement after a 2-week home repeated exposure. American Society for Nutrition Annual Meeting, Virtual Meeting.

Flesher, A.E., **Moding, K.J.**, Davis, K., Montalvo, A., Boenig, R., & Johnson, S.L. (June 2020). Is self-feeding related to food consumption and observed child eating behaviors in infants and toddlers? American Society for Nutrition Annual Meeting, Virtual Meeting.

- Montalvo, A., Davis, K., Flesher, A.E., **Moding, K.J.**, Shapiro, A., & Johnson, S.L. (June 2020). Associations between maternal feeding styles and infant intake of a lipid nutrient supplement. American Society for Nutrition Annual Meeting, Virtual Meeting.
- Davis, K., **Moding, K.J.**, Flesher, A.E., Boenig, R., & Johnson, S.L. (June 2020). Investigating relationships between breastfeeding status and infant vegetable experience on infants' acceptance of novel vegetables. American Society for Nutrition Annual Meeting, Virtual Meeting.
- Moding, K.J.**, Carney, E.C., Fisher, J.O. & Johnson, S.L. (June 2020). The role of self-feeding in food acceptance among toddlers. American Society for Nutrition Annual Meeting, Virtual Meeting.
- Carney, E.C., **Moding, K.J.**, Fisher, J.O. & Johnson, S.L. (June 2020). Effects of texture on vegetable acceptance during infancy and toddlerhood. American Society for Nutrition Annual Meeting, Virtual Meeting.
- Moding, K.J.**, Davis, K.N., Flesher, A.E., Augustine, M.E., Campain, J.A., Bakke, A.J., Hayes, J.E., Johnson, S.L. (June 2019). The Good Tastes Study: Associations between infants' physiological regulation and responses to bitter green vegetables. American Society for Nutrition Annual Meeting, Baltimore, MD.
- Moding, K.J.**, Ferrante, M.J., Bellows, L.L., Bakke, A.J., Hayes, J.E., Johnson, S.L. (June 2019). Nutritional content and ingredients of infant and toddler food pouches compared to traditional packaging. American Society for Nutrition Annual Meeting, Baltimore, MD.
- Ferrante, M.J., **Moding, K.J.**, Bellows, L.L., Bakke, A.J., Hayes, J.E., Johnson, S.L. (June 2019). Examining product names of commercially produced infant and toddler foods containing vegetables. American Society for Nutrition Annual Meeting, Baltimore, MD.
- Moding, K.J.**, Bellows, L.L., Grimm, K.J., & Johnson, S.L. (March 2019). A longitudinal examination of sensory exploratory behaviors young children use when trying new foods. Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Moding, K.J.**, Augustine, M.A., & Stifter, C.A. (March 2019). A comparison of person-centered measures of child temperament based on mother, experimenter, and coder ratings. Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Moding, K.J.**, Augustine, M.A., & Stifter, C.A. (June 2018). Parenting behavior and regulatory skills in toddlerhood predict childhood weight outcomes. Biennial International Congress on Infant Studies, Philadelphia, PA.

- Johnson, S.L., **Moding, K.J.**, Hayes, J.E., Bakke, A.J., Lucitt, H., & Flesher, A. (June 2018). The Good Tastes Study: Infants' and toddlers' acceptance of a familiar food and novel green bitter vegetable purees. American Society for Nutrition Annual Meeting, Boston, MA.
- Ferrante, M.J., **Moding, K.J.**, Bellows, L.L., & Johnson, S.L. (October 2017). Paving the way for children's vegetable acceptance: Analysis of dark green vegetable content of commercial infant and toddler foods. Food & Nutrition Conference & Expo, Chicago, IL.
- Moding, K.J.**, Ferrante, M.J., Bellows, L.L., Bakke, A.J., Hayes, J.E., & Johnson, S.L. (July 2017). Vegetable or fruit? An examination of commercially available vegetable products for infants and toddlers. Society for Nutrition Education and Behavior Annual Conference, Washington D.C.
- Moding, K.J.**, Bellows, L.L., & Johnson, S.L. (April 2017). A new approach to measuring preschoolers' food neophobia: Initial validation of a self-competence assessment. Society for Research in Child Development Biennial Meeting, Austin, TX.
- Anzman-Frasca, S., Paul, I.M., **Moding, K.J.**, Savage, J.S., & Birch, L.L. (November 2016). Effects of INSIGHT obesity intervention on parent-reported and observed infant temperament. The Obesity Society Annual Meeting, New Orleans, LA.
- Doub, A.E., **Moding, K.J.**, & Stifter, C.A. (November 2016). Maternal feeding style and children's snack food selections: An observational study. The Obesity Society Annual Meeting, New Orleans, LA.
- Johnson, S.L., Maloney, K., **Moding, K.J.**, & Bellows, L.L. (July 2016). The Trying New Foods Scale: A preschooler assessment of self-competence for trying new foods. Annual Meeting for the Society for the Study of Ingestive Behavior, Porto, Portugal.
- Moding, K.J.**, & Stifter, C.A. (May 2016). Infant anger and fear reactivity differentially predict approach/withdrawal behaviors during toddlerhood. Biennial International Congress on Infant Studies, New Orleans, LA.
- Augustine, M.E., **Moding, K.J.**, & Stifter, C.A. (May 2016). Self-regulatory benefits of early effortful and fearful inhibition for infants high in temperamental approach. Biennial International Congress on Infant Studies, New Orleans, LA.
- Moding, K.J.** & Stifter, C.A. (November 2015). Direct and moderated effects of toddler inhibitory control on weight status at age 4. The Obesity Society Annual Meeting, Los Angeles, CA.



**Moding K.** & Stifter C. (March 2015). Temperamental regulatory abilities and child-initiated snacking predict toddler weight status. Society for Research in Child Development Biennial Meeting.

**Moding, K.J.** & Stifter, C.A. (July 2014). Temperamental surgency contributes to acceptance and rejection of novel foods at 6 and 12 months. Biennial International Conference on Infant Studies, Berlin, Germany.

**Moding, K.J.** & Stifter, C.A. (November 2013). Infants' acceptance of green vegetables and fruits show differential effects on weight change. The Obesity Society Annual Meeting, Atlanta, GA.

**Moding, K.J.** & Stifter, C. A. (May 2013). The role of temperament and parenting behaviors in infants' acceptance of new foods. Society for Research in Child Development Biennial Meeting, Seattle, WA.

Doub, A.E., **Moding, K.J.**, & C.A., Stifter (May 2013). Infant temperament and maternal feeding style predict timing of introduction to solid foods. Society for Research in Child Development Biennial Meeting, Seattle, WA.

**Moding, K.J.** & Stifter, C.A. (June 2012). The influence of infant temperament and maternal parenting behaviors on infant responses to novel food. Biennial International Conference on Infant Studies, Minneapolis, MN.

**Moding, K.** & Waters, P. (June 2010). The importance of measuring importance: Linking sport involvement to self-esteem. Association for Psychological Science Annual Convention, Boston, MA.

## **TEACHING EXPERIENCE**

Spring 2022                      HDFS 325: Health and Health Care for Children and Families  
Purdue University, Instructor of Record

Fall 2021                        HDFS 325: Health and Health Care for Children and Families  
HDFS 590C: Research in Child Obesity  
Purdue University, Instructor of Record

Spring 2021                     HDFS 325: Health and Health Care for Children and Families  
Purdue University, Instructor of Record

Fall 2020                        HDFS 325: Health and Health Care for Children and Families  
HDFS 346: Research Methods and Program Evaluation  
Purdue University, Instructor of Record

Spring 2020                     HDFS 346: Research Methods and Program Evaluation  
Purdue University, Instructor of Record

Fall 2019 HDFS 590C: Research in Child Obesity  
HDFS 346: Research Methods and Program Evaluation  
Purdue University, Instructor of Record

Fall 2014 HDFS 428: Infant Development  
The Pennsylvania State University, Instructor of Record

Summer 2013 HDFS 229: Infant and Child Development  
The Pennsylvania State University, Co-Instructor of Record  
Co-instructor: Mairin Augustine, M.S.

Spring 2013 HDFS 229: Infant and Child Development  
The Pennsylvania State University, Teaching Assistant  
Instructor: Dr. Sarah Kollat

### **PROFESSIONAL SERVICE**

2020 Abstract reviewer: Society for Research in Child Development  
Biennial Meeting and American Society for Nutrition Annual  
Meeting

2019 Abstract reviewer: American Society for Nutrition Annual Meeting

2018 Abstract reviewer: Society for Research in Child Development  
Biennial Meeting and American Society for Nutrition Annual  
Meeting

2018 Abstract reviewer, American Society for Nutrition Annual Meeting

2015- Ad-hoc manuscript reviewer: *Academic Pediatrics, Appetite,  
American Journal of Clinical Nutrition, Children, Child  
Development, Developmental Psychology, Early Human  
Development, Eating Behaviors, Environmental Research &  
Public Health, International Journal of Obesity, Journal of  
Nutrition, Journal of Nutrition Education and Behavior, Journal of  
Obesity and Chronic Diseases, Journal of Human Nutrition and  
Dietetics, Maternal & Child Nutrition, Nutrients, Nutrition and  
Metabolic Insights, Pediatric Obesity, Public Health Nutrition*

### **PROFESSIONAL AFFILIATIONS**

2017- American Society for Nutrition: Member

2011- International Congress on Infant Studies: Member

2011- Society for Research in Child Development: Member