

# Jennifer Kay Popp, EdD, LAT, ATC

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Purdue University  
Department of Health & Kinesiology  
West Lafayette, IN 47907  
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## EDUCATION

EdD	Ball State University Education Administration Cognate: Biomechanics Dissertation: <i>The Effects of Peer Education on Learning and Performing Athletic Training Psychomotor Skills.</i>	Muncie, IN	2000-2005
MS	University of Wisconsin – La Crosse Program: Human Performance	La Crosse, WI	1996-1997
BS	Western Illinois University Major: Physical Education/Athletic Training Graduated Magna Cum Laude	Macomb, IL	1993-1996
	Grand Valley State University	Allendale, MI	1992-1993

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## PROFESSIONAL TEACHING EXPERIENCE

**Purdue University** West Lafayette, IN 2017-Present  
Clinical Associate Professor, Department of Health & Kinesiology

- Professor in the CAATE Athletic Training Program
  - HK 201: Clinical Practice in Athletic Training
  - HK 208: Prevention and Treatment of Athletic Injuries
  - HK 261: Applied Anatomy and Kinesiology
  - HK 303: Athletic Training Modalities
  - HK 305: Injury Assessment I
  - HK 307: Injury Assessment III
  - HK 308: Introduction to Athletic Health Care
  - HK 515: Emergency Medical Management in Athletic Training
  - HK 530: Evaluation and Management of the Lower Quarter
  - HK 541: Athletic Training Practicum I
  - HK 542: Athletic Training Practicum II
  - HK 545: Therapeutic Modalities
  - HK 583: Patient Care Simulation in Athletic Training I

**Ball State University** Muncie, IN 2011-2017  
Assistant Professor, School of Physical Education, Sport, & Exercise Science

- Professor in the CAATE Athletic Training Program
  - AT 196: Introduction to Athletic Training
  - AT 240: Prevention and Care of Musculoskeletal Injuries
  - AT 372: Therapeutic Modalities in Athletic Training
  - AT 373: Therapeutic Exercise and Techniques in Athletic Training
  - AT 494: Clinical Integration in Athletic Training

**Anderson University** Anderson, IN 2006-2011  
Associate Professor, Department of Kinesiology

- Professor in the CAATE Athletic Training Program
  - ATRG 1490: Beginning Athletic Training
  - ATRG 2440: Lower Body Joint and Extremity Assessment
  - ATRG 2550: Upper Body Joint and Extremity Assessment
  - ATRG 2420: Therapeutic Modalities
  - EXSC 3520: Kinesiology

**Anderson University** Anderson, IN 1997-2006  
Assistant Professor, Department of Kinesiology

- Professor in the CAATE Athletic Training Program
  - ATRG 1500: Clinical Experiences in Athletic Training I
  - ATRG 2400: Clinical Experiences in Athletic Training II
  - ATRG 2500: Clinical Experiences in Athletic Training III
  - ATRG 3400: Clinical Experiences in Athletic Training IV
  - ATRG 3500: Clinical Experiences in Athletic Training V
  - ATRG 4400: Clinical Experiences in Athletic Training VI
  - ATRG 4500: Clinical Experiences in Athletic Training VII
  - ATRG 3300: Therapeutic Rehabilitation
  - ATRG 1730: Theory of Conditioning of Athletes
  - ATRG 2580: Sports Nutrition
- Professor in the Department of Kinesiology
  - PEHS 1000: Fitness and Leisure for Life
- Assisted program director with program administration

**University of Wisconsin – La Crosse** La Crosse, WI 1996-1997  
Instructor

- Lab Instructor in the CAATE Athletic Training Program
  - ESS 281: Prevention and Care of Athletic Injuries
- Assisted the program director with various administrative duties.

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## PROFESSIONAL ADMINISTRATIVE EXPERIENCE

**Purdue University** West Lafayette, IN 2019-Current  
Clinical Education Coordinator

- Ensure compliance with standards associated with clinical education required by the Commission on Accreditation of Athletic Training Education (CAATE).

- Determine clinical assignments based on the program's clinical education plan and student need.
- Develop and evaluate preceptors who supervise students during clinical experiences.
- Establish new clinical education sites while also maintaining current sites.

**Ball State University** Muncie, IN 2011-2017

Director, Athletic Training Program/Assistant Professor

- Ensure program accreditation and compliance with standards required by the Commission on Accreditation of Athletic Training Education (CAATE).
- Review, update, and implement program policies and procedures.
- Ensure the integration of athletic training education competencies into the program.
- Academic advising of undergraduate Athletic Training majors.

**Anderson University** Anderson, IN 2006-2011

Director, Athletic Training Program/Clinical Education Coordinator

- Ensured program accreditation and compliance with standards required by the Commission on Accreditation of Athletic Training Education (CAATE).
- Reviewed, updated, and implemented program policies and procedures.
- Ensured the integration of athletic training education competencies into the program.
- Determined clinical assignments and rotations for athletic training students
- Developed and maintained clinical sites, and trained preceptors
- Academic advising of undergraduate Athletic Training majors.

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## PROFESSIONAL CLINICAL EXPERIENCE

**Anderson University** Anderson, IN 1997-2011

Associate Athletic Trainer

- Responsible for daily athletic training services provided to a variety of NCAA Division III intercollegiate athletic teams, including: men's/women's soccer, volleyball, men's/women's cross country, men's/women's tennis, women's basketball, men's/women's track and field, and softball.
- Served as a preceptor for athletic training students.
- Filed medical insurance claims for student athletes.
- Coordinated physician visits and diagnostic testing.

**University of Wisconsin – La Crosse** La Crosse, WI 1996-1997

Graduate Assistant Athletic Trainer

- Provided athletic training services as needed to 16 NCAA Division III intercollegiate athletic teams.
- Served as a preceptor for athletic training students.

**Western Illinois University** Macomb, IL 1993-1996

Undergraduate Athletic Training Student

- Under the supervision of a preceptor, gained clinical experience with a variety of NCAA Division I intercollegiate athletic teams, including: football, men's soccer, softball, and men's/women's track and field.

- Under the supervision of a preceptor, gained clinical experience at Macomb High School.
- Completed internship with HEALTHSOUTH Rehabilitation Center, Woodstock, IL.

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## GRANTS

### Funded

- Popp, J. K., Judge, L. W. *Head Over Heels: Preventing Falls in Active Seniors Program*. Indiana Campus Compact. February 2017. Role: Principle Investigator. \$2,250.
- Ball State University Office of Institutional Effectiveness. April 2016. Role: Principle Investigator. \$1000.
- Popp, J. K. *Clinical Education Assessment Plan for the Athletic Training Program*. Ball State University Office of Institutional Effectiveness. April 2016. Role: Principle Investigator. \$1000.
- Wanless, E. A., Popp, J. K., Judge, L. W., Shore-Beck, S. E., Lower, L. M., Pursglove, L. K., Eberline, A. D., Plummer, M. R. *Chase Charlie Races: Learn by Doing, Graduate with Experience*. Ball State University Provost Immersive Learning Grant. November, 2015. Role: Co-Principle Investigator. \$5,000.
- Popp, J. K. *Emergency Preparedness of Secondary School Athletic Programs within District 4 of the National Athletic Trainers' Association*. Indiana Athletic Trainers' Association, October, 2015. Role: Principle Investigator. \$250.
- Popp, J. K., Berry, D. C. *Supplemental Oxygen Administration Knowledge and Skill Retention in Athletic Training Students*. Great Lakes Athletic Trainers' Association. September 2014. Role: Principle Investigator. \$1500.
- Popp, J. K., Hankemeier, D. H. *Evaluation of an Assessment Data for the Athletic Training Program*. Ball State University Office of Institutional Effectiveness. April 2014. Role: Principle Investigator. \$1000.
- Popp, J. K. *Airway Management Knowledge and Skill Retention in Athletic Training Students*. Indiana Athletic Trainers' Association. October 2013. Role: Principle Investigator. \$250.
- Popp, J. K., Hankemeier, D. H. *Development of an Assessment Plan for the Athletic Training Program*. Ball State University Office of Institutional Effectiveness. April 2013. Role: Principle Investigator. \$1000.
- Popp, J. K. *Effects of Emergency Medical Simulations on Stress, Confidence, and Clinical Proficiency of Athletic Training Students*. Ball State University ASPIRE Grant Program, October, 2011. Role: Principle Investigator. \$1500.

- Popp, J. K. *Workshop: Strength and Conditioning Principles for College Coaches*. Anderson University Faculty Development Grant, October 2011. Role: Administrator. \$1000.
- Popp, J. K. *Workshop: Cramer Cadaver Workshop*. Anderson University Faculty Development Grant, June 1999. \$1000.
- Popp, J. K., Chappell, R. *Effect of Anxiety on Performance in Athletes and Musicians*. Anderson University Faculty Development Grant, October, 1998. Role: Co-Principle Investigator. \$2500.

### Grants Submitted (Not Funded)

- Judge, L. W., Popp, J. K., Pike, K. L., Roberson, J., Judge, L. *Reconditioning Football Lineman: Preparing NCAA Division I Student-Athletes for a Sustainable Healthy Life After Football*. National Collegiate Athletic Association, December, 2016.
- Popp, J. K. *The Effect of a Simulation Experience on Knowledge and Skill Retention Associated with Emergency Cardiac Care in Athletic Training Students*. Ball State University ASPIRE Internal Grants, January, 2015.
- Popp, J. K., Walker, S. E. *Effects of a Simulation Experience on Perceived Confidence and Communication Skills of Athletic Training Students*. Great Lakes Athletic Trainers' Association, September, 2012.

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## PUBLICATIONS

### Peer Reviewed Publications

- McLearn, G. E., Popp J. K. (2021). Complex Regional Pain Syndrome Type I in a Female Collegiate Soccer Player: A Level 4 CASE Report. *International Journal of Athletic Therapy and Training*. 26(4), 191-195.
- Wells, M. D., Dickin, D. C., Popp, J., Wang, H. (2018). Effect of Downhill Running Grade on Lower Extremity Loading in Female Distance Runners. *Sports Biomechanics*, DOI: [10.1080/14763141.2018.1510538](https://doi.org/10.1080/14763141.2018.1510538)
- Popp, J. K., Berry, D. C., Judge, L. W. (2018). Physical Education and Athletic Facility Emergency Readiness: The Emergency Action Plan. *The Physical Educator*, 75(4), 633-646.
- Berry, D. C., Popp, J. K. (2018). Athletic Training Students Demonstrate Supplemental Oxygen Administration Skill Decay, but Retain Knowledge Over Six Months. *Internet Journal of Allied Health Sciences and Practice*, 16(3).

- Popp, J. K., Walker, S. E. (2017). A Teaching Simulation is Effective in Improving Athletic Training Students' Acute Care Clinical Skills and Confidence. *Athletic Training Education Journal*, 12(4), 208-215.
- Hankemeier, D. A., Popp, J. K., Walker, S. E. (2017). Familiarity With and Use of Clinical Prediction Rules and Patient-Rated Outcomes Measures. *Athletic Training & Sports Health Care*, 9(3), 108-123.
- Popp, J. K., Berry, D. C. (2016). Athletic Training Students Demonstrate Airway Management Skill Decay, but Retain Knowledge Over Six Months. *Athletic Training Education Journal*, 11(4), 173-180.
- Dahl, K., Wang, H., Popp, J. K., Dickin, D. C. (2016). Load Distribution and Postural Changes in Young Adults when Wearing a Traditional Backpack Versus the BackTPack. *Gait and Posture*, 45, 90-96.
- Judge, L. W., Petersen, J. C., Bellar, D., Dieringer, S. M., Popp, J. K., Holtzclaw, K., Blake, A., Wanless, E. A. (2015). A Design and Operational Analysis of NCAA Collegiate Strength Facilities. *Journal of Facility Planning, Design, and Management*, 3(1), 1-10.
- Wanless, E. A., Popp, J. K., Leitzelar B., Hoover, D., Dietz, S., Judge, L. W. (2015). Stretching Protocols of Junior College Football Coaches. *Indiana Association for Health, Physical Education, Recreation and Dance Journal*, 44(1), 5-11.
- Stamm, W. G., Holtzclaw, K., Popp, J. K., Deitz, S., Wanless, E. A., Judge, L. W. (2015). Exploratory Analysis of Big Ten Collegiate Recreational Aquatic Facilities Operations and Staffing. *Journal of Facility Planning, Design, and Management*, 3(2), 99-107.
- Popp, J. K., Bellar, D., Bruce, C., Leitzelar, B., Judge, L. W. (2015). Pre- and Post-Activity Stretching Practices of Collegiate Athletic Trainers in the United States. *Journal of Strength and Conditioning Research*, 31(9), 2347-2354.
- Dickin, D. C., Johann, E., Wang, H., Popp, J. K. (2015). Combined Effects of Drop Height and Fatigue on Landing Mechanics in Females. *Journal of Applied Biomechanics*, 31, 237-243.
- Popp, J. K., Leitzelar, B., Judge, L. W. (2014). A Coach's Guide to the Prevention of Athletic Injuries. *Indiana Association for Health, Physical Education, Recreation and Dance Journal*, 43(3), 35-39.
- Popp, J. K. (2014). Integrating Evidence-Based Practice into a Therapeutic Exercise Course: Real-Time Patient Experience. *Athletic Training Education Journal*, 9(2):94-95.
- Haggerty, M., Dickin, D. C., Popp, J. K., Wang, H. E. (2014). The Influence of Incline Walking on Joint Mechanics. *Gait and Posture*, 39:1017-1021.
- Lamb, M., Judge, L. W., Popp, J. K. (2013). A Coach's Guide to the Recognition and Management of Athletic Injuries. *Indiana Association for Health, Physical Education, Recreation and Dance Journal*, 42(3):20-26.

- Judge, L. W., Bellar, D. M., Gilreath, E., Petersen, J. C., Craig, B. W., Popp, J. K., Hindawi, O. S., Simon, L. (2013). An Examination of Pre-Activity and Post-Activity Stretching Practices of NCAA Division I, NCAA Division II, and NCAA Division III Track and Field Throws Programs. *Journal of Strength & Conditioning Research*, 27(10):2691-2699.
- Popp, J. K., Weidner, T. G. (2006). Peer Assisted Learning is Effective in Improving Orthopedic Evaluation of Psychomotor Skills. *Journal of Athletic Training*, 42(1):113-119.

## Published Abstracts

- Popp, J. K., Berry, D. C. An Examination of Emergency Planning of Secondary School Athletics Program in District 4 of the National Athletic Trainers' Association. 2017 National Athletic Trainers' Association Clinical Symposia and AT Expo, Free Communications Oral Presentation. Houston, TX. *Journal of Athletic Training*, 52(6 Supplement):S61-62, 2017.
- Popp, J. K., Berry, D. C. Athletic Training Students Retain Oxygen Administration Knowledge but Demonstrate Skill Decay Over Six Months. 2016 National Athletic Trainers' Association Clinical Symposia and AT Expo, Rapid Fire Presentation. Baltimore, MD. *Journal of Athletic Training*, 51(6 Supplement):S211, 2016.
- Popp, J. K., Bellar, D., Hoover, D., Marcus, L., Craig, B., Judge, L. W. Organizational Obstacles and Barriers to the Implementation of Pre- and Post-Activity Stretching Protocols by Athletic Trainers. 2015 National Strength and Conditioning Association Conference, Poster Presentation. Orlando, FL. *Journal of Strength and Conditioning Research*, 30(1 Supplement):S62-63, 2016.
- Judge, L. W., Popp, J. K., Holtzclaw, K., Bellar, D. Track and Field Throwers Disconnect between Hydration-Related Knowledge and Practices. 62<sup>nd</sup> Annual Meeting of the American College of Sports Medicine, Poster Presentation. San Diego, CA. *Medicine & Science in Sports and Exercise*, 47 (5 Supplement):107, 2015.
- Popp, J. K., Walker S. E. A Teaching Simulation is Effective in Improving Athletic Training Students' Football Helmet Facemask Removal Skills and Confidence. 2015 National Athletic Trainers' Association Educators' Conference, Poster Presentation. Dallas, TX. *Athletic Training Education Journal*, 10(1 Supplement):S19, 2015.
- Berry, D. C., Popp, J. K. Athletic Training Student Demonstrate Airway Management Skill Decay, but Retain Knowledge Over Six Months. 2015 National Athletic Trainers' Association Educators' Conference, Poster Presentation. Dallas, TX. *Athletic Training Education Journal*, 10(1 Supplement):S7-8, 2015.
- Popp, J. K., Hankemeier, D. A., Walker, S. E. Familiarity and Use of Patient-Rated Outcome Measures Among Athletic Trainers. 2014 National Athletic Trainers' Association Clinical Symposia and AT Expo, Poster Presentation. Indianapolis, IN. *Journal of Athletic Training*, 49(3 Supplement):S136-137, 2014.

- Hankemeier, D. A., Popp, J. K., Walker, S. E. Clinicians are Unfamiliar and Infrequently Implement Clinical Decision Rules. 2014 National Athletic Trainers' Association Clinical Symposia and AT Expo, Poster Presentation. Indianapolis, IN. *Journal of Athletic Training*. 49(3 Supplement):S136, 2014.
- Popp, J. K., Judge, L. W. Knowledge and Behaviors Regarding Hydration in Track and Field Throwers. 2014 American Association of Health, Physical Education, Recreation, and Dance National Convention and Exposition, Poster Presentation. St. Louis, MO. *Research Quarterly for Exercise and Sport*. 85(1 Supplement):A-121, 2014.
- Popp, J. K., Judge, L. W. *Stretching Practices of Collegiate Athletic Trainers*. 2013 National Athletic Trainers' Association Annual Meeting & Clinical Symposia, Poster Presentation. Las Vegas, NV. *Journal of Athletic Training*. 48(3 Supplement):S258-S259, 2013.
- Judge, L. W., Bellar, D., Gilreath, E., Popp, J. K., Craig, B. W. *Efficacy of Potentiation of Overhead Back Shot Put Performance Through Over Weight Implement Throws*. 2013 American College of Sports Medicine Annual Meeting, Poster Presentation. Indianapolis, IN. *Medicine & Science in Sports & Exercise*. 45(5 Supplement):S582, 2013.
- Popp, J. K., Hankemeier, D. A., Walker, S. E. *Developing Communication and Clinical Skills via Simulations Integrated Throughout the Curriculum*. 2013 National Athletic Trainers' Association Educators Conference, Poster Presentation. Dallas, TX. *Athletic Training Education Journal*. 8(1 Supplement);S27-S28, 2013.
- McClain, M., Popp, J. K., Wang, H., Dickin, D. C. *The Effects of Fatigue on Recovery from a Postural Perturbation*. 2012 Annual Meeting of the American Society of Biomechanics, Poster Presentation. Gainesville, FL. *American Society of Biomechanics*. 2013.

### **Non-Peer Reviewed Publications**

- Wang, H., Dickin, D. C., Haggerty, M., Popp, J. K. (2014). Incline Walking: An Offloading Option for Patients with Knee OA. *Lower Extremity Review*. August 2014.
- Popp, J. K. Athletic trainers in the Collegiate Setting: Time for a Change? *Indiana Athletic Trainers' Association Monthly Newsletter*. January 2013:10-11.
- Popp, J. K. Is IFC Effective in Treating Acute and Chronic Pain? *NATA News*. March, 2012:43.



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## INVITED PRESENTATIONS

### Regional/State

- Popp, J. K. "Best Practices in Emergency Preparedness for High School Athletics: A Presentation to Benton Central Athletics and Benton County EMS." Benton Central Jr/Sr High School, Oxford, IN, September 28, 2021.
- Lawrance, S. E., Popp, J. K. "Emergency Skills Review." Franciscan Health Network, Lafayette, IN, Learning Lab, July 14, 2021.
- Popp, J. K. "Management of Exertional Heat Illness." Hendricks Regional Health Sports Medicine, Avon, IN, Learning Lab, September 20, 2019.
- Popp, J. K. "Management of Exertional Heat Stroke." Witham Sports Medicine, Lebanon, IN, Learning Lab, July 26, 2019.
- Popp, J. K. "Management of Exertional Heat Illness." Community Health Network, Indianapolis, IN, Learning Lab, July 23, 2019.
- Popp, J. K. "Emergency Skills Review." University of Illinois Sports Medicine, Champaign, IL, Learning Lab, May 14, 2019.
- Popp, J. K. "Skill Decay in Acute Care Skills: What is the Evidence, and How Can Clinicians Combat These Effects?" 2018 Premier Health Sports Medicine Symposium, Premier Health, Dayton, OH, Evidence-Based Practice Oral Presentation, June 8, 2018.

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## PRESENTATIONS

### National

- Charles-Liscombe R., Popp J. K. "Clinical Examination Skills of the EENMT: Minimizing Skill Decay Using Task Trainers, Simulators, and Standardized Patients." National Athletic Trainers' Association Clinical Symposia & AT Expo, National Athletic Trainers' Association, Las Vegas, NV, Learning Lab, June 25, 2019.
- Popp, J. K., Berry, D. C., "An Examination of Emergency Planning of Secondary School Athletics Programs in District 4 of the National Athletic Trainers' Association", NATA Clinical Symposia & AT Expo, National Athletic Trainers' Association, Houston, TX, Oral Presentation, June 28, 2017.
- Berry, D. C., Conway, D. Popp, J. K., Strapp, E., Katch, R. "Airway Management During an Emergency: An Evidence-Based Approach for Using Advanced Airways, Pulse Oximetry and Supplemental Oxygen." 2016 National Athletic Trainers' Association Clinical Symposia & AT Expo, National Athletic Trainers' Association. Baltimore, MD, Learning Lab, June 25, 2016.

- Popp, J. K., Berry, D. C. "Athletic Training Students Retain Oxygen Administration Knowledge, but Demonstrate Skill Decay over Six Months." 2016 National Athletic Trainers' Association Clinical Symposia & AT Expo, National Athletic Trainers' Association, Baltimore, MD, Oral Presentation, June 25, 2016.
- Popp, J. K., Bellar, D. M., Hoover, D., Marcus, L., Craig, B., Judge, L. W. "Organizational Obstacles and Barriers to the Implementation of Appropriate Pre- and Post-Activity Stretching Protocols by Athletic Trainers." 2015 National Strength and Conditioning Association Conference, National Strength and Conditioning Association, Orlando, FL, Poster Presentation, July 9, 2015.
- Popp, J. K., Walker, S. E. "A Teaching Simulation is Effective in Improving Athletic Training Students' Football Helmet Facemask Removal Skills and Confidence," 2015 National Athletic Trainers' Association Educators' Conference, National Athletic Trainers' Association, Dallas, TX, Poster Presentation, February 27, 2015.
- Berry, D. C., Popp, J. K. "Athletic Training Student Demonstrate Airway Management Skill Decay, but Retain Knowledge Over Six Months," 2015 National Athletic Trainers' Association Educators' Conference, National Athletic Trainers' Association, Dallas, TX, Poster Presentation, February 27, 2015.
- Popp, J. K., Judge, L. W., Bellar, D., Marcus, L., Craig, B. "An Examination of the Impact of Age and Experience on Stretching Practices of Collegiate Athletic Trainers in the United States," 2014 National Strength and Conditioning Association Conference, National Strength and Conditioning Association, Las Vegas, NV, Poster Presentation, July 12, 2014.
- Hankemeier, D. A., Popp, J. K., Walker, S. E. "Clinicians are Unfamiliar and Infrequently Implement Clinical Decision Rules," 2014 National Athletic Trainers' Association Clinical Symposia & AT Expo, National Athletic Trainers' Association, Indianapolis, IN, Poster Presentation, June 27, 2014.
- Popp, J. K., Hankemeier, D. A., Walker, S. E. "Familiarity and Use of Patient-Rated Outcome Measures Among Athletic Trainers," 2014 National Athletic Trainers' Association Clinical Symposia & AT Expo, National Athletic Trainers' Association, Indianapolis, IN, Poster Presentation, June 27, 2014.
- Popp, J. K., Judge, L. W. "Knowledge and Behaviors Regarding Hydration in Track and Field Throwers," 2014 American Association of Health, Physical Education, Recreation, and Dance National Convention and Exposition, American Association of Health, Physical Education, Recreation, and Dance, St. Louis, MO, Poster Presentation, April 4, 2014.
- Judge, L. W., Bellar, D., Gilreath, E., Popp, J. K., Craig, B. "Efficacy of Potentiation of Overhead Back Shot Performance Through Over Weight Implement Throws," 60th Annual Meeting of the American College of Sports Medicine, American College of Sports Medicine, Indianapolis, IN, Poster Presentation, July 1, 2013.

- Popp, J. K., Judge, L. W. "Pre- and Post-Activity Stretching Practices of Collegiate Athletic Trainers," 2013 NATA Clinical Symposia & AT Expo, National Athletic Trainers' Association, Las Vegas, NV, Poster Presentation, June 27, 2013.
- Popp, J. K., Hankemeier, D. A., Walker, S. E. "Developing Communication and Clinical Skills via Simulations Integrated Throughout the Curriculum," 2013 National Athletic Trainers' Association Educators' Conference, National Athletic Trainers' Association, Dallas, TX, Poster Presentation, January 12, 2013.
- McClain, M., Popp, J. K., Wang, H., Dickin, D. C. "The Effects of Fatigue on the Recovery from a Postural Perturbation," 2012 Annual Meeting of the American Society of Biomechanics, American Society of Biomechanics, Gainesville, FL, Poster Presentation, August 16, 2012.
- Popp J. K. "Integrating EBP into a Therapeutic Exercise Course: Practical Strategies," 2012 National Athletic Trainers' Association Annual Meeting & Clinical Symposia ECE/CAATE Showcase, National Athletic Trainers' Association, St. Louis, MO, Oral Presentation, June 28, 2012.
- Weidner, T. G, Popp, J. K. *Peer Assisted Learning is Effective in Improving Orthopedic Evaluation Psychomotor Skills and Time Spent with ACIs.* 2007 National Athletic Trainers' Association Educators Conference, National Athletic Trainers' Association, Dallas, TX, Poster Presentation.

## Regional/State

- Mundell, C., Long, B., Popp, J. K. "Low-Intensity Pulsed Ultrasound and Pulsed Electromagnetic Field Devices on Fractures and Pain Perception: A Critically-Appraised Topic." 2021 Student Research & Creative Endeavors Exhibition, Central Michigan University, Mount Pleasant, MI, Poster Presentation, April 1, 2021.
- Popp, J.K., Charles-Liscombe, R. "Athletic Training Clinical Skills Clinical Skills Practice Lab: Airway Management and Non-Orthopedic Assessment." 72nd Eastern Athletic Trainers' Association Annual Conference and Clinical Symposium, Eastern Athletic Trainers' Association, Mashantucket, CT, Skills Lab, January 11, 2020.
- Charles-Liscombe R, Popp JK. Athletic Training Clinical Skills Primer: Airway Management and Non-Orthopedic Assessment." 72nd Eastern Athletic Trainers' Association Annual Conference and Clinical Symposium, Eastern Athletic Trainers' Association, Mashantucket, CT, Oral Presentation, January 11, 2020.
- Charles-Liscombe R., Popp J. K. "Clinical Skills Review: Diabetes, Asthma, Anaphylaxis, Drug Overdose." Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 12, 2020.

- Popp, J. K., Charles-Liscombe, R. "Athletic Training Clinical Skills Practice Lab III: Diabetes, Asthma, Anaphylaxis, Drug Overdose." Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Skills Lab, March 12, 2020.
- Charles-Liscombe R., Popp J. K. "Clinical Skills Lab Primer." Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 14, 2019.
- Popp, J. K., Charles-Liscombe, R. "Athletic Training Clinical Skills Practice Lab II: Updates." 2019 Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Skills Lab, March 14, 2019.
- Charles-Liscombe, R., Popp, J. K. "Athletic Training Clinical Skills Practice Lab." 2018 Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Skills Lab, March 15, 2018.
- Popp, J. K. "Skill Decay in Acute Care Skills: What is the Evidence, and How Can Clinicians Combat These Effects?" 2017 Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Evidence-Based Practice Oral Presentation, March 9, 2017.
- Popp, J. K., Berry, D. C. "An Examination of Emergency Planning of Secondary School Athletics Programs in District 4 of the National Athletic Trainers' Association", 2017 Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 9, 2017.
- Berry, D. C., Popp, J. K., Conway, D., Kabay, M., Zastrow, N. B. "Advanced Immobilization Techniques in the Pre-Hospital Setting: An Evidence-Based Approach," 2016 Great Lakes Athletic Trainers' Association Annual Meeting, Great Lakes Athletic Trainers' Association, Wheeling, IL, Learning Lab Presentation, March 12, 2016.
- Popp, J. K. "Athletic Training Students Retain Oxygen Administration Knowledge, but Demonstrate Skill Decay Over Six Months," 2016 Great Lakes Athletic Trainers' Association Annual Meeting, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 10, 2016.
- Berry, D. C., Popp, J. K. "Airway Management During an Emergency: An Evidence Based Approach and Clinical Application," 2015 Great Lakes Athletic Trainers' Association Annual Meeting, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 14, 2015.
- Popp, J. K., Stichter, S. D. "My First Job: What I Wish I Would've Known," 2014 Great Lakes Athletic Trainers' Association Annual Meeting, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 13, 2014.

- Popp, J. K. "Water Exercise: Rehabilitation and Training for High School Athletes," 2013 Indiana Alliance for Health, Physical Education, Recreation, and Dance State Meeting, Indiana Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN, Oral Presentation, November 1, 2013.
- Popp, J. K. "Enhancing Clinical Decision Making: Clinical Prediction Rules and Patient Reported Outcomes," 2013 Indiana Athletic Trainers' Association Fall Symposium, Indiana Athletic Trainers' Association, Indianapolis, IN, Oral Presentation, October 26, 2013.
- Popp J. K. "Athletic Training Educators' Breakout Session," 2013 Indiana Athletic Trainers' Association Fall Symposium, Indiana Athletic Trainers' Association, Indianapolis, IN, October 27, 2013, Oral Presentation/Moderator.
- Hankemeier, D. A, Popp, J. K. "Enhancing Clinical Decision Making: Clinical Prediction Rules and Patient Reported Outcomes," 2013 Great Lakes Athletic Trainers' Association Annual Meeting, Great Lakes Athletic Trainers' Association, Wheeling, IL, Oral Presentation, March 15, 2013.
- Popp J. K. "Athletic Training Educators' Breakout Session," 2012 Indiana Athletic Trainers' Association Fall Symposium, Indiana Athletic Trainers' Association, Indianapolis, IN, Oral Presentation/Moderator, October 28, 2012.
- Popp, J. K. "The Injury Response Process and Therapeutic Modalities," 2012 Ball State University High School Athletic Training Student Workshop, Ball State University, Muncie, IN, Oral Presentation, July, 2012.
- Popp, J. K. "Rehabilitation Following Abrasion Chondroplasty in a Female Soccer Player: A Case Study," 1999 Great Lakes Athletic Trainers' Association Winter Meeting, Great Lakes Athletic Trainers' Association, Indianapolis, IN, Oral Presentation, March, 1999.
- Popp, J. K. "Accelerated Knee and Shoulder Rehabilitation Concepts," 1998 Indiana Collegiate Athletic Conference Student Athletic Trainer Workshop, Indiana Collegiate Athletic Conference, Anderson, IN, Oral Presentation, January, 1998.
- Popp, J. K. "Nutritional Concerns for the High School Running Athlete," 1998 Fellowship of Christian Athletes Running Camp, Fellowship of Christian Athletes, Anderson, IN, Oral Presentation, July, 1998.

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## RESEARCH MENTORSHIP EXPERIENCE

- Morphew, S., Popp, J. K., Blom, L. C. "Impact of an Anxiety Intervention on Pain in Athletes with High Trait Anxiety." Master's Thesis Committee Member, Ball State University, School of Kinesiology: Fall 2016 – Spring 2018.

- Nomoto, Y., Wang, H., Popp, J. K., Dickin, D. C. “Cryotherapy Intervention of Lower Extremities and its Effects on Landing Mechanics in Gymnastics Athletes.” Master’s Thesis Committee Member, Ball State University, School of Kinesiology: Fall 2016 – June 2017.
- Foster, J., Dickin, D. C., Popp, J. K., Wang, H. “Biomechanical Adaptations to Gait During the Transition Run in Triathletes.” Master’s Thesis Committee Member, Ball State University, School of Kinesiology: Fall 2014 – June 2017.
- Wells, M., Dickin, D. C., Popp, J. K., Wang, H. “Effect of Grade on the Biomechanics of Downhill Running in Female Distance Runners.” Master’s Thesis Committee Member, Ball State University, School of Kinesiology: Fall 2016 – May 2017.
- Dahl, K., Wang, H., Popp, J. K., Dickin, D. C. “Postural Changes When Wearing a Traditional Backpack Versus the BackTPack,” Master’s Thesis Committee Member, Ball State University, School of Physical Education, Sport, & Exercise Science: Fall 2014 – Spring 2015.
- Estes, J., Dickin, D. C., Popp, J. K., Wang, H. “Effects of Footstrike Pattern While Fatigued on Indicators of Tibial Stress Fractures.” Master’s Thesis Committee Member, Ball State University, School of Physical Education, Sport, & Exercise Science: Fall 2013 – Spring 2014.
- Johann, E., Dickin, D. C., Popp, J. K., Wang, H. “Gender Differences in Lower Limb Drop Jump Mechanics Following a Fatigue Protocol,” Master’s Thesis Committee Member, Ball State University, School of Physical Education, Sport, & Exercise Science: Fall 2013 – Spring 2014.
- Haggerty, M., Dickin, D. C., Popp, J. K., Wang, H. “The Influence of Incline Walking on Knee Joint Loading,” Master’s Thesis Committee Member, Ball State University, School of Physical Education, Sport, & Exercise Science: Fall 2012 – Spring 2013.

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## PROFESSIONAL AFFILIATIONS

- |  |              |
|--|--------------|
| • National Athletic Trainers’ Association, Member        | 1994-Present |
| • Great Lakes Athletic Trainers’ Association, Member     | 1994-Present |
| • Indiana Athletic Trainers’ Association, Member         | 1997-Present |
| • National Strength and Conditioning Association, Member | 2001-2008    |
| • Illinois Athletic Trainers’ Association, Member        | 1994-1996    |

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## CERTIFICATIONS

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| • Board of Certification (#079602462)                      | Current |
| • State of Indiana, Licensed Athletic Trainer (#36000419A) | Current |
| • American Heart Association Basic Life Support Instructor | Current |

- CPR/AED for the Professional Rescuer Current
- CAATE Site Visitor Current
- Graston Technique® (M1 and M2) Current
- First Aid/CPR/AED Instructor for the Professional Rescuer 1998-2010
- Certified Strength and Conditioning Specialist 2001-2008
- Board of Certification Examiner 1999-2007

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## HONORS

- Indiana Athletic Trainers' Association Hall of Fame 2021
- Award for Exceptional Teaching and Instructional Support during the COVID-19 Pandemic 2021
- National Athletic Trainers' Association Service Award 2020
- Nominee, Most Distinguished Faculty, Purdue University Residential Life 2018
- Great Lakes Athletic Trainers' Association Outstanding Educator Award 2015
- Indiana Athletic Trainers' Association College Athletic Trainer of the Year 2008
- Indiana Athletic Trainers' Association Graduate Scholarship 2003
- Illinois Athletic Trainers' Association Graduate Scholarship 1996
- National Dean's List Award 1996
- All-American Scholar Award 1996
- National Athletic Trainers' Association Undergraduate Scholarship 1995
- Western Illinois University Physical Education Dittus Honorary Scholarship 1993

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## PROFESSIONAL SERVICE

- Great Lakes Athletic Trainers' Association President-Elect 2022-Present
- Co-Chair, GLATA Finance Committee 2022-Present
- Chair, GLATA Elections Committee 2022-Present
- Journal of Athletic Training Manuscript Reviewer 2012-Present
- Athletic Training Education Journal Manuscript Reviewer 2012-Present
- Great Lakes Athletic Trainers' Association Secretary 2018-2022
- Chair, GLATA Communications Committee 2018-2022
- National Athletic Trainers' Association DST Committee 2018-2022
- Great Lakes Athletic Trainers' Association Education Committee Member 2017-1018
- CAATE Peer Reviewer 2013-2021
  - Marquette University (Chair)
  - Northern Kentucky University (Chair)
  - Marietta College (Team Member)
  - Southern Utah University (Chair)
  - Emporia State University (Team Member)
  - Texas Tech University (Chair)
  - Brigham-Young University (Team Member)
  - Baldwin-Wallace University (Reader)

- Kings College (Team Member)
- University of Texas at Arlington (Reader)
- Indiana Athletic Trainers' Association Scholarship Committee Member 2005-2017
- Great Lakes Athletic Trainers' Association Student Abstract Reviewer 2012-2015
- Indiana Athletic Trainers' Association College/University Representative 2002-2013
- Indiana Athletic Trainers' Association Quiz Bowl Committee 2007-2011
- American Red Cross First Aid/CPR/AED Instructor 1998-2010
- Board of Certification Proctor/Examiner 1997-2007
- Indiana Athletic Trainers' Association Honors & Awards Committee Chair 2000-2001
- GLATA Winter Meeting Speaker Ready Room Coordinator 1999

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## UNIVERSITY SERVICE

- Purdue University HK Scholarship and Awards Committee Member 2018-Current
- Purdue University Department Head Review Committee Member 2020-2021
- Purdue University HK Faculty Search Committee 2019-2020
- Purdue University HK External Review Response Committee Member 2018-2019
- Ball State University Teaching Effectiveness Committee Member 2016-2017
- Ball State University Academic Freedom and Ethics Committee Member 2016-2017
- BSU School of Kinesiology Academic Honors Coordinator 2013-2017
- Ball State University Athletic Training Club Faculty Advisor 2012-2017
- Ball State University Cardinal Preview Day Representative 2011-2017
- Ball State University Athletics Committee Faculty Representative 2016
- BSU School of Physical Education Exercise Sci. Faculty Search Comm. 2014-2015
- BSU College of Applied Science and Tech. Curriculum Comm. Secretary 2014-2015
- BSU College of Applied Science and Tech. Salary Appeals Comm. 2013-2014
- BSU School of Physical Education Salary Appeals Committee Chair 2013-2014
- BSU School of Physical Education Salary Appeals Committee Member 2012-2013
- Anderson University, Mission Trip Leader to Guatemala 2011
- Academic Policies Committee Member 2010-2011
- Anderson University Athletic Training Student Association Faculty Advisor 2008-2011
- Athletic Training Program Committee Chairperson 2000-2011
- Anderson University Faculty Mentor 2006-2010
- Camarada Social Club Faculty Advisor 2001-2003
- Anderson University Sports Medicine Association Faculty Advisor 1999-2001

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## VOLUNTEER and ADDITIONAL PROFESSIONAL EXPERIENCE

- Assistant Softball Coach, Indiana Magic 2018-Present
- Assistant Softball Coach, Yorktown JAA 2014-2017
- Chase Charlie 5K Race 2013-2016
- Bishop Dullaghan Football Camp 2000-2004



- Anderson University Soccer Camp 1999-2003
- CPR Instructor, Elwood Police Department 2002
- Blitz Bash Soccer Tournament 2001
- Fellowship of Christian Athletes Summer Running Camp 1998
- Western Illinois District Winter Special Olympics 1994-1995
- Western Illinois District Senior Olympics/Special Olympics 1995

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## CONTINUING EDUCATION

- NATA Clinical Symposia & AT Expo 2022
- GLATA Annual Meeting, Wheeling, IL 2022
- CAATE Accreditation Conference, Virtual 2020
- GLATA Annual Meeting, Wheeling, IL 2020
- EATA Annual Meeting, Mashantucket, CT 2020
- EATA Educators' and Preceptors' Summit, Mashantucket, CT 2020
- NATA Clinical Symposia & AT Expo, Las Vegas, NV 2019
- GLATA Annual Meeting, Wheeling, IL 2019
- NATA Educators' Conference, Grapevine, TX 2019
- Indiana Athletic Trainers' Association Fall Symposium, Carmel, IN 2018
- NATA Clinical Symposia & AT Expo, New Orleans, LA 2018
- GLATA Annual Meeting, Wheeling, IL 2018
- NATA Clinical Symposia & AT Expo, Houston, TX 2017
- GLATA Annual Meeting, Wheeling, IL 2017
- NATA Educators' Conference, Grapevine, TX 2017
- CAATE Accreditation Conference, Tampa, FL 2016
- NATA Clinical Symposia & AT Expo, Baltimore, MD 2016
- GLATA Annual Meeting, Wheeling, IL 2016
- NATA Clinical Symposia & AT Expo, St. Louis, MO 2015
- GLATA Annual Meeting, Wheeling, IL 2015
- NATA Educators' Conference, Dallas, TX 2015
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2014
- CAATE Accreditation Conference, Tampa, FL 2014
- NATA Clinical Symposia & AT Expo, Indianapolis, IN 2014
- GLATA Annual Meeting, Wheeling, IL 2014
- CAATE: Program Administrator Workshop, Wheeling, IL 2014
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2013
- NATA Annual Meeting and Clinical Symposium, Las Vegas, NV 2013
- GLATA Annual Meeting, Wheeling, IL 2013
- NATA Educators' Conference, Dallas, TX 2013
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2012
- NATA Annual Meeting and Clinical Symposium, St. Louis, MO 2012
- GLATA Annual Meeting, Wheeling, IL 2012
- SEATA Bi-Annual Educators Conference, Atlanta, GA 2012
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2011

- NATA Educators' Conference, Washington, DC 2011
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2010
- SEATA Bi-Annual Educators Conference, Atlanta, GA 2010
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2009
- Hesch Method Basic Seminar, Greenfield, IN 2009
- GLATA Annual Meeting, Ft. Wayne, IN 2009
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2008
- NATA Annual Meeting and Clinical Symposium, St. Louis, MO 2008
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2007
- NATA Educators' Conference, Dallas, TX 2007
- Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN 2006
- Graston Technique Module-2 Workshop, Indianapolis, IN 2006
- NATA Annual Meeting and Clinical Symposium, Atlanta, GA 2006
- Functional Movement Screen and Core Training Workshop, Indianapolis 2006
- NATA Annual Meeting and Clinical Symposium, Baltimore, MD 2004
- NATA Annual Meeting and Clinical Symposium, St. Louis, MO 2003
- NATA Annual Meeting and Clinical Symposium, Dallas, TX 2002
- GLATA Annual Meeting, Columbus, OH 2001
- NATA Annual Meeting and Clinical Symposium, Nashville, TN 2000
- NATA Annual Meeting and Clinical Symposium, Kansas City, MO 1999
- GLATA Annual Meeting, Indianapolis, IN 1999
- NATA Annual Meeting and Clinical Symposium, Baltimore, MD 1998
- NATA Annual Meeting and Clinical Symposium, Indianapolis, IN 1995