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Education

Central Michigan University, Mt Pleasant, Michigan.

MS Nutrition and Dietetics, December 2017.

Purdue University. West Lafayette, Indiana.

BS Dietetics - Coordinated Program in Dietetics, May 1998. BS Restaurant, Hotel, and Institutional Management, December 1986.

Publications

- Monfared, S., Athanasiadis, D.I., Furiya, A. et al. Do Mandated Weight Loss Goals Prior to Bariatric Surgery Improve Postoperative Outcomes? OBES SURG (2019) doi:10.1007/s11695-019-04275-8
- Blake, Joan S. Nutrition and You. Pearson Education Inc. Contributing Reviewer 3rd and 4th edition

Work Experience

Purdue University - West Lafayette, Indiana.

Department of Nutrition Sciences. Assistant Clinical Professor and Director of Didactic Program in Dietetics.

- Assures that Accreditation Council for Education in Nutrition and Dietetics (ACEND) accreditation standards, policies, and procedures are met.
- Administers the Didactic Program in Dietetics by coordinating decisions regarding the admission and progress of undergraduate students in the program that is fair, equitable, and considerate treatment of prospective and enrolled students.
- Maintains compliance and communicates ACEND Accreditation standards to dietetics faculty and students to include program requirements, maintenance of program accreditation, and evaluation and submits all required reports or requests for major program changes to ACEND.
- Instructor for up to 3-3 teaching load in NUTR courses. Currently NUTR 205 and NUTR 125.

Indiana University Health Advanced Heart and Lung Clinic. VAD, Lung, and Heart Transplant. IU Health Methodist. Indianapolis, Indiana. April 2017 to current. Outpatient Dietitian.

- Outpatient nutrition counseling for lung and heart transplant and LVAD procedure. Preoperatively and postoperative education, to included weight management, home tube feed management.
- Quality improvement-Weight management to assist patient that meet all criteria except weight to expedite transplant eligibility.
- PRN inpatient coverage based on increase census and vacation coverage.

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Indiana University-Purdue University Indianapolis – Indianapolis Indiana. January 2009 to current. Adjunct Instructor

• Adjunct Instructor for online Food and Nutrition 30300 and in-person KINE 220N, both introductory nutrition course for non-nutrition major.

Indiana University Health Bariatric. IU Health North. Carmel, Indiana. May 2008 to April 2017. Registered Dietitian.

- Nutrition counseling for bariatric patients preoperatively and postoperative education in group and one-on-one.
- Support group leader or facilitator including planning and coordinating support group events, cooking class, protein supplement tasting.
- Laboratory value assessment and discussing with patient appropriate intervention for nutritional deficiencies.
- Assisted in policies and procedures for nutritional area, and evidence base vitamin and mineral recommendations and intervention for deficiencies.
- Full time position.

Riverview Health-Noblesville, Indiana. July 2000 to April 2008. Clinical Dietitian

- Responsible for the assessment, formulation of care plans and educational counseling for patients in ICU, oncology, medical/surgery, cardiac, and pediatric units.
- Pharmacy and Therapeutics, Care Manager, and Advocates for Patient Education committee. Completed ongoing parenteral nutrition continuous quality improvement.
- Preceptor for Indiana University Medical Center Dietetic internship program.
- Assisted with writing policies and procedures for clinical nutrition and foodservice department.
- Full time position.

Indiana Obesity Center – Fishers, Indiana. May 2006 to May 2008. Registered Dietitian

- Provide nutritional counseling pre and post operatively for patients undergoing laparoscopic banding.
- Support group leader.

Health and Nutrition Technology – Plainfield, Indiana. April 2003 to 2008. Health Educator

- Instruct patients in class setting nutritional and behavioral modification.
- Medical managed weight management program which utilized meal replacements and diet.

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St. Mary's Medical Center Main Campus - Evansville, Indiana. May 2000 to July 2000.

- Responsible for the assessment, formulation of care plan and educational counseling for patients in renal/diabetic and pediatric unit including PICU and assisted with cardiac unit.
- Participated on Nutrition Support Team. Responsible for interdisciplinary approach in the formulation and management for adult and pediatric patients receiving total enteral and parenteral nutrition.
- Attended rounds involving patients receiving nutrition support.
- Provided medical nutrition therapy for outpatient diabetic foot clinic.
- Pharmacy and Therapeutics Committee. May 2000 to July 2000.
- Full time position.

St. Mary's Medical Center: Welborn Baptist Hospital Campus - Evansville, Indiana. June 1998 to June May 2000.

- Responsible for the assessment, formulation of care plans, and educational counseling for patients in cardiac care unit, intensive care unit, neurological unit, orthopedic unit, and patients receiving total parenteral nutrition.
- Researched and developed timely nutrition education handouts for cardiac rehab patients.
- Developed lesson formats and provides instruction for entry-level critical care RN staff on the basics of nutrition support.
- Anticoagulation Forum panel member. Participated in planning, organizing, and implementation of open forum to provide patient and medical professionals with information in regards to benefits and problems associated with use of anticoagulants.
- Pharmacy and Therapeutics Committee, 1998 1999.
- Pharmacy and Therapeutics Committee -Interdisciplinary TPN CQI with Pharmacy for 1998.
- Full time position.

Purdue University – West Lafayette, Indiana Purdue University Residence Hall Housing and Food Service. October 1988 - June 1998.

Cary Quadrangle - Athletic Dining Room. October 1991 - May 1998. Athletic Dining Room Food Supervisor.

- Responsible for coordinating food service for Athletic Department, visiting teams, and other university departments.
- Responsible for hiring, training, scheduling, and counseling full and part time non-union staff, planning and writing menus, purchasing, and inventory control.
- Maintain and updated policies and procedures that pertain to Athletic Dining Room facility.
- Developed and maintained basic nutrition educational information format for client, and "Cary Quadrangle purchasing excel spreadsheet.
- Assisted with Purdue Coordinated Program in Dietetics student's training/education.
- Full time position.

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ARAMARK - Business and Industry Division January 1987-March 1988.

- Responsible for daily operation for both cafeteria service and vending machine food production, to include planning and writing menus, purchasing, inventory control, accounts payable, payroll, and hiring, training, scheduling, and disciplining seven full time union employees.
- Full time position.

ADDITIONAL SKILLS

Electronic medical record system – Cerner. Learning management system - Canvas, Blackboard, and OnCourse. Computer – Windows operating system, and Microsoft Office.