

CURRICULUM VITAE

NAME: Jenna Bednarski, MSN, RN, CPNP-PC

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LICENSE: RN-Indiana-28228337A
APRN-Indiana-71008141A
CSR-Indiana-71008141B

CERTIFICATION: TB Basic Competency Validation 2016-2019
Institute for Healthcare Improvement: (Patient Safety, Quality Improvement, and Quality & Safety) 2017
Mental Health First Aid 2022
Safe Zone Certification 2022
Question Persuade Refer (QPR) Certification 2023
NDNQI Pressure Ulcer Training 2023
Basic Life Support BLS Provider 2023-2025
Pediatric Nurse Practitioner Primary Care (PNCB) 2018-2025

EDUCATIONAL BACKGROUND:

2018 Master of Science in Nursing
Purdue University, West Lafayette, IN

2015 Bachelor of Science in Nursing
Purdue University, West Lafayette, IN

2009 Associate of Applied Science in Allied Health Sciences
Community College of the Air Force, Maxwell Air Force Base, AL
Specialization: Medical Technician/NREMT-B

2006 Associate of Arts in Liberal Arts
College of Southern Idaho, Twin Falls, ID
Major: Veterinary Technology
Minor: Liberal Arts

NURSE PRACTITIONER STUDENT CLINICAL EXPERIENCES

2018 Indiana University Health Arnett Asthma & Allergy, Lafayette, IN.
Jay Prochnau, MD. 19 hours.

Indiana University Health North Pediatric Cardiology, Indianapolis, IN
Dana Hartman, CPNP. 13 hours.

Marion County Juvenile Detention Center, Indianapolis, IN.
Paul Degler, CPNP. 16 hours.

Nursing Center for Family Health, Delphi, IN. Jennifer Coddington, DNP, MSN, RN, CPNP. 45.5 hours.

Nursing Center for Family Health, Delphi, IN. Analei Whitlock, CPNP. 104 hours.

Peyton Manning Children's Hospital Endocrinology, Indianapolis, IN. Dr. Andrew Riggs, Dr. Jason Buckner, Dr. Samar Rahhal. 15 hours.

2017 Cornerstone Autism Center, West Lafayette, IN. Jennie Williams. 8 hours.

Indiana University Health Arnett Outpatient Pediatrics, Lafayette, IN. Mary Lou Ertel, CPNP. 63 hours.

Indiana University Health Arnett Outpatient Pediatrics, West Lafayette, IN. Anna Musser, CPNP. 160 hours.

Midtown Children's Community Mental Health Clinic, Indianapolis, IN. Meredith Coy, LSW. 33 hours.

Nursing Center for Family Health, Delphi, IN. Jennifer Coddington, DNP, MSN, RN, CPNP. 28 hours.

Nursing Center for Family Health, Delphi, IN. Julie Langston, WHCNP. 8 hours.

Nursing Center for Family Health, Monon, IN. Kayla Hamstra, CPNP. 75 hours.

Purdue University, West Lafayette, IN. Mallori Walker, CPNP. 29.5 hours.

PROFESSIONAL EMPLOYMENT

2021-Present	Purdue University, West Lafayette, IN Clinical Assistant Professor in Nursing
2020-2021	Purdue University, West Lafayette, IN Limited Term Nursing Lecturer
2018-2020	Healthy Horizons Pediatrics, Lafayette, IN Pediatric Nurse Practitioner
2015-2016	Indiana University Health Arnett, Lafayette IN Registered Nurse
2013	Oral Surgery Office, LLC., Lafayette, IN

Dental Assistant; Nursing Student

2007-2010 United States Air Force, Fairchild AFB, WA
Medical Technician; NREMT-B

2003-2007 Knight Veterinary Clinic, Mountain Home, ID
Certified Veterinary Technician

2004-2006 Green Acres Pet Center, Twin Falls, ID
Certified Veterinary Technician

RESEARCH/QUALITY IMPROVEMENT EXPERIENCE

“Simulated Escape Rooms in Undergraduate Nursing Students: An Educational Innovation”. This is a collaborative project with Tasha Dewitt to present an example of problem-based learning, uniquely tailored for sophomore nursing students through simulation-based escape rooms. 2024.

“Screening National Guard and Reserve Children, What the Primary Health Care Provider Needs to Know: A Scoping Review”. This is a collaboration between Jane Kinkus Yacilla and Kimberly Porter FNP to examine the extent that parental military service in the National Guard or Reserve on children’s mental health outcomes is discussed in the literature. 2024.

Quality Improvement. Coordinated the redesign of the teaching strategy for NUR 218/220 lab modules with Dr. Ann Loomis, Tasha Dewitt, Kimberly Porter, and Ashley Sealy. This included creating new power point content, handouts, and review activities for 170+ undergraduate students. 2022.

“Challenges Faced by National Guard and Reserve Families and Implications for Social/Emotional Well-Being: A Systematic Review”. Completed a systematic review to explore challenges faced by National Guard and Reserve (NG/R) families and implications for social/emotional well-being. 2022.

Quality Improvement. Collaborated with faculty in NUR 218/220 to align quality improvement (QI) education throughout the curriculum (Fall 2021). Along with the teaching team, Professor Bednarski developed quality improvement data and survey responses for 66 sophomore nursing students in lab to simulate four real-world scenarios enhancing student knowledge of the Lean Six Sigma quality improvement process. 2021.

Data Entry Assistant (PI- Vicki Simpson PhD, MSN, RN, CHES; Purdue University, West Lafayette, IN). “Know Your Numbers 46041: Evaluation and Expansion”. This is a collaborative project between Healthy Communities of Clinton County Coalition (HCCCC) and community partners to provide health screenings, education, counseling, and referrals. 2018.

“Fluoride Varnish Application and Education”. Initiated a quality improvement project proposal for the Purdue University Nursing Center for Family Health Clinics based on the research question “In low-income children ages six months to five years of age, does implementation of a paper tracking tool, compared to existing

- CPT coding (99183) and ICD 10 code Z41.8 entry, increase the rate of fluoride varnish application and education over a period of one year?”. 2017.
- “An Increase in Readmission Rates of Heart Failure Patients”. Collaborated with five undergraduate students to apply the Lean Six Sigma: DMAIC process on an Intensive Care Unit/Progressive Care Unit at IU Health Arnett to reduce hospital readmissions of heart failure patients from 15.6% to <10%. A literature review was conducted and data was collected via surveys from a convenience sample of staff and patients. A heart failure bundle was created as a solution and recommendations for improvement were presented to hospital management and staff. 2015.
- “Nursing Productivity”. Coordinated with six undergraduate students on a medical surgical unit at Saint Elizabeth Hospital in Lafayette to develop a protocol to increase nurse productivity, increase patient satisfaction, and decrease hospital costs related to a switch from plastic liners to Styrofoam cups for filling ice bags. A literature review was conducted and data was collected via surveys from a convenience sample. Recommendations for improvement were presented to staff and management on the floor. 2014.
- “How to Get Big and Strong Like a Superhero”. Collaborated with six undergraduate students to apply the PDCA: Plan Do Check Act process to identify a community need at the local Lafayette YMCA after school program. The problems identified were: poor nutrition and a general lack of physical activity. Recommendations were presented to the facility staff. 2013.

GRANTS

Approved and Funded

- 2015 **Student Participant** “Child Wellness Day” Purdue University \$1500
University sponsored day providing medical exams, health screenings, and vaccines for children at no cost.

TEACHING AWARDS

- 2023 - Level I Excellence in Clinical Instruction Award

LEADERSHIP AWARDS

- AETC Commander’s Award, Sheppard AFB, TX July 2007.
- 383rd Training Squadron Outstanding Support as an Airman Leader, Sheppard AFB, TX July 2007.
- Air Force Commendation Medal, Fairchild AFB, WA August 2010.

RESEARCH AWARDS

- Delta Theta Tau Omicron Research Award \$1500. August 2023.
- Indiana University Health Arnett, Lafayette, IN. Quality and Education Award First Place. Category: Nursing/Healthcare Provider/Graduate June 2016.

Nursing Service

- Sigma Theta Tau International, Indiana Chapter, Leadership Succession Committee 2023 to present

- Cincinnati Children's Hospital Medical Center (CCHMC) Pediatric Trauma ECHO 2022
- University Place Flu Shot Clinic October 2023
- Purdue Flu Shot Clinic October 2022
- NCNC Covid Vaccination Clinics March 2021
- Purdue Flu Shot Clinic September 2020
- Peer Mentorship to 5 PSON faculty 2020-2022
- Mentorship to 30 students 2022-2023
- Mentorship to 19 students 2021-2022
- Purdue University Student Council Bone Marrow Donor Screenings 2012
- Purdue North Central STAND Nursing Club Breast/Cervical Cancer Screenings 2011

Community Service

- Diversity, Equity, and Inclusion Committee 2023-present
- Military Programs Committee 2022-present
- Indiana Public Health Association- Student Advisory Group 2022-2023
- Undergraduate Student Affairs Committee 2020-2023
- Indiana University Health Arnett Health & Safety Fair; Bicycle Helmet Education 2015
- March of Dimes Fundraiser 2013-present
- Big Brother Big Sisters Program 2010
- Inland Northwest Food Drive 2010
- Fairchild AFB Park Clean Up Detail 2008

Professional Memberships

- National Association of Pediatric Nurse Practitioners (NAPNAP)
- Coalition of Advanced Practice Nurses Indiana (CAPNI)
- Sigma Theta Tau-Delta Omicron Indiana Chapter
- Indiana Public Health Association (IPHA)
- American Association of Colleges of Nursing (AACN)
- American Nurses Association (ANA) & Indiana State Nurses Association (ISNA)
- National League for Nursing (NLN)
- Midwest Nursing in Research Society (MNRS)

HONORS

- Sigma Theta Tau Delta Omicron Chapter Outstanding Student Performance Award, Purdue University, West Lafayette, IN April 2015.
- Alpha Sigma Lambda Honor Society, Purdue University, West Lafayette, IN 2014.
- Phi Kappa Phi Honor Society, Purdue University, West Lafayette, IN 2014.
- Purdue University Undergraduate Representative: AACN Conference, Washington, DC 2014.
- Golden Key Honor Society, Purdue University, West Lafayette, IN 2013.

- Dean’s List and Semester Honors, Purdue University, West Lafayette, IN 2012, 2013, 2014.
- Chancellor’s List, Purdue North Central, Westville, IN 2011.
- Semester Honors, Purdue North Central, Westville, IN 2011.
- Dean’s and President’s List, College of Southern Idaho, Twin Falls, ID 2003-2006.

Continuing Education

- Treatment & Prevention of Acute and Chronic Pain in Children Virtual Course. November 17-18, 2023.
- DEI: What is Race? March 3, 2023. 1 hr.
- Incorporating DEI in Nursing. March 3, 2023. 1 hr.
- Purdue QPR Suicide Prevention Training. March 31, 2023. 2hr.
- Stephen J. Herczeg Leadership Speaker Series. Military Programs Committee. April 4, 2023. 1 hr.
- LGTBQIA+ Eskenazi Health Gender Health Program. April 6, 2023. 1.5hr.
- Intercultural Communication. January 28, 2022.
- Maximizing Student Potential Conference. February 23, 2022
- Reducing Ageism. March 2, 2022.
- Trans Inclusion Training. March 7, 2022.
- Maintaining Your Nursing Passion & Resilience in Changing Time. April, 8, 2022.
- Safe Zone Training Part I. April 20, 2022.
- Safe Zone Training Part II. April 22, 2022.
- NAPNAP Virtual Conference on Pediatric Health Care. April 26-29, 2022.
- ATI Item Analysis and Test Blueprinting Workshop. August 17, 2023.
- ATI Engage Fundamentals Workshop. May 4, 2022.
- ATI NGN Item Writing Workshop CE. 5hrs. May 5, 2022.
- Managing Unconscious Bias CE. 2hrs. May 9, 2022.
- Mental Health First Aid. May 11, 2022.
- Indiana Public Health Association Health Equity Summit. 8 hrs. June 23-24, 2022.
- Cincinnati Children’s Hospital Trauma Informed Care ECHO. 6 hrs. August – November 2022.
- Butler Center Courageous Communication Workshop 2021
- MyStrength Workshop 2021
- AACN Policy Summit 2021
- Future of Nursing Campaign for Action 2021
- CAPNI Legislative Conference 2021
- Gender Bias Workshop 2021
- ISNA Conference 2021
- Office of Student Rights & Responsibilities Presentation “Academic Integrity, The Code of Conduct, & You: Faculty & Staff”. August 11, 2021
- ATI: Creating Successful Online Simulation. August 18, 2021

- Big 10 Conference (Research). October 13, 2021.
- Empowering and Supporting the Professional Development of Graduate Students of Color Through Mentoring. November 12, 2021