



# Cynthia J. Garringer

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Lafayette, IN 47905

## PROFESSIONAL SUMMARY

Health Care Professional with an extensive background. Strong educational, business and interpersonal skills. Easily adaptable to change of environment, work schedule, highly autonomous and motivated. Expertise in management, budget, scheduling, pediatrics, labor and delivery, postpartum, nursery, and education with clinical and didactic experience. Excellent patient and customer care and leadership skills. High rapport with students, faculty, physicians, and other staff members.

## SKILLS

- Supervising students
- Mentoring proficiency
- Ability to perform evaluations
- Class instruction
- Student advocacy
- Lesson planning

## WORK HISTORY

**CLINICAL ASSISTANT PROFESSOR** *08/2021 to CURRENT*  
**CONTINUING LECTURER** *07/2018 to 08/2021*

**Purdue University School of Nursing | West Lafayette, IN**

- Provide course instruction that aligns with the Purdue University School of Nursing model of curricula
- Design and delivery class instruction through the development of instructional plans to meet course outcomes, the development of activities which support lesson objectives, and for online courses, deliver instruction as approved within the course shell
- Deliver learning-centered instruction by establishing a classroom environment conducive to learning and student involvement as well as effectively and preparing for classes and student success
- Promote student success by showing flexibility in style and work schedule as well as exhibiting a passion for teaching and students and engaging student in the learning process
- Communicate consistently and effectively with students, as well as other faculty
- Provide formative and summative evaluative feedback to students
- Grades course assignments, including homework, clinical work, tests, and quizzes in a timely manner
- Contributes to the ongoing development, implementation, and evaluation of the programs and the School of Nursing

## **NURSING INSTRUCTOR**

*03/2018 to 07/2018*

### **Harrison College | Fort Wayne, IN**

- Strived to continuously update course strategies and content based on current trends and technological advancements in healthcare.
- Oversaw laboratory and clinical environments to help students advance knowledge and abilities.
- Contributed educational and clinical expertise to help optimize training courses and boost student learning.
- Assessed student knowledge levels and abilities with detailed assessments
- Taught clinical at St Joseph Hospital and Lutheran Hospital for maternal nursing
- Lectured for LPN program Maternal Nursing Spring/Summer 2018 Term
- Lectured for LPN-RN Pediatrics/Maternal Nursing course Summer 2018 Term
- Lectured for Pathophysiology LPN Spring 2018 Term

## **DIRECTOR OF OBSTETRICS**

*02/2017 to 11/2017*

### **Logansport Memorial Hospital | Logansport, IN**

- Developed standard operating procedures and document workflow for current and future process steps.
- Partnered with cross-functional teams to conduct thorough discovery and due diligence on existing processes.
- Improved quality processes for increased efficiency and effectiveness.
- Managed and archived quality documentation and participated in internal and external quality audits.
- Investigated and resolved customer complaints to foster satisfaction.
- Leadership of a staff of 30 employees, as well as management of issues with obstetrical and pediatric physicians
- Development and revision of policies and procedures
- Played an integral part in the hospital receiving the "Baby-Friendly" certification
- Rounded daily on patients and employees to uphold Standards of Behavior and improve HCAHPS
- Developed and implemented Purposeful Rounding on Postpartum
- Implemented new procedures based on evidence-based practice

## **CLINICAL EDUCATOR**

*04/2015 to 02/2017*

### **Lutheran Hospital | Fort Wayne, IN**

- Developed onboard training per hospital protocols for nursing and patient care associates
- Met with department educators to assess hospital-wide educational needs
- Implemented annual training for medical-surgical registered nurses and hospital-wide patient care associates

- Coordinated and promoted network-wide nurse residency program, including management of 100+ nurse residents for attendance and communication
- Developed online curriculum and courses
- Educated hospital staff and community health care professionals on pediatric advanced life support (PALS) and cardiopulmonary resuscitation (CPR)
- Developed and implemented hospital-wide patient care associate motivational session, nurse preceptor recognition event, and “Dine with Diane” – luncheon for new nurses in the facility
- Worked PRN in the family birthing center as labor and delivery and postpartum registered nurse

### **REGISTERED NURSE, LABOR AND DELIVERY**

*10/2014 to 08/2015*

#### **Dupont Hospital | Fort Wayne, Indiana**

- Monitoring and performing tests on newborns, including heel sticks & lab draws
- Providing education and support to mother and families after delivery
- Maintaining a comfortable, safe and clean environment for mother and infant
- Practiced standard precautions
- Conducted assessments appropriate for the care of the patient in an organized and systematic manner
- Performed priority nursing actions based on assessment and clinical data
- Reassessed/monitored patient status following nursing intervention
- Communicated with the patient in a manner that illustrates caring for the patient's overall well-being, reflects cultural awareness and psychosocial needs
- Communicated appropriately with other healthcare team members in a timely, organized, patient-specific manner
- Made clinical judgments and decisions that are evidence-based
- Practiced within nursing scope of practice
- Demonstrated knowledge of legal and ethical obligations.

### **REGISTERED NURSE**

*03/2013 to 11/2014*

#### **Woodlawn Hospital | Rochester, IN**

- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans
- Conducted assessments appropriate for the care of the patient in an organized and systematic manner
- Performed priority nursing actions based on assessment and clinical data
- Reassessed/monitored patient status following nursing interventions
- Developed onboard training per hospital protocols for nursing and nurse techs

- Met with department managers and administration to assess hospital-wide educational needs
- Implemented annual training of all registered nurses and nurse techs
- Developed online curriculum and courses
- Coordinated the American Heart Association documentation for instructors and classes through role as Training Center Coordinator
- Educated inpatient and outpatient diabetic patients
- Implemented monthly diabetic support group

### **REGISTERED NURSE, LABOR AND DELIVERY**

*02/2012 to 11/2014*

#### **Howard Community Hospital | Kokomo, IN**

- Assisted, supported, and educated women during four stages of delivery: antepartum, intrapartum, postpartum, and neonatal

### **PEDIATRIC REGISTERED NURSE**

*10/2012 to 04/2013*

#### **Riley Children's Hospital | Indianapolis, IN**

- Correlated with physician, residents, and other necessary personnel to provide the best patient care
- Made the pediatric patient comfortable with encouraging words, so that they can conduct the necessary tests and treatment procedures smoothly
- Took necessary vitals and being knowledgeable in normal and abnormal findings
- Cared for patients with wound vac
- Post care of patients with spinal fusion
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to patients
- Observed and reported patient condition, progress, and medication side effects to accurately document updates.
- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.

## **LICENCES/ CERTIFICATIONS**

**Registered Nursing Licensure** – State of Indiana License #28199374A  
Exp. 10/2023

**RNC-OB** – Sept 2021-Oct 2024 NCC ID104966480

**BLS certification:** #215416730430 Issued 10/2021 Exp. 10/2023

## **MEMBERSHIPS**

**National League for Nursing (NLN)** Member ID#555909

**AWHONN: Association of Women's Health, Obstetric and Neonatal Nursing**, Full member ID#66589917

## EDUCATION

**Ph.D. | Nursing Education**

*EXPECTED IN 09/2022*

**Walden University, Minneapolis, MN**

- Member of Sigma Theta Tau International Nursing Honor Society
- Anticipated date of completion as September 2022

**Master of Science | Nursing**

*08/2016*

**Indiana University Kokomo, Kokomo, IN**

- 2016 Student Development of a Concept-Based Clinical Based Curriculum for Real-World Experience as an Innovative Instructional Strategy. Podium presentation at the Hawaii International Conference on Education, 1/2016.

**Bachelor of Science | Nursing**

*12/2014*

**Indiana University Bloomington, Bloomington, IN**

**Associate of Science | Nursing**

*08/2011*

**Ivy Tech Community College of Indiana, Kokomo, Indiana**

- Member of Phi Theta Kappa International Honor Society