Major Requirements (25-39 credits)

____ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Studies
____ (3) HDFS 20100 Introduction to Family Processes [Satisfies Behavioral/Social Science Core]
____ (3) HDFS 21000 Introduction to Human Development [Satisfies Behavioral/Social Science Core]
____ (3) HDFS 28000 Diversity in Individual & Family Life [Satisfies Behavioral/Social Science Core]
____ (3) HDFS 34600 Research Design & Program Evaluation

Advanced Content Courses Selective – Select 6 credits. NOTE: Courses may not be double-counted to fulfill both this requirement and a concentration requirement.

____ (3) HDFS 30500 Biosocial Foundations of the Family
____ (3) HDFS 31100 Child Development
____ (3) HDFS 31200 Adult Development
____ (3) HDFS 31300 Adolescent Development
____ (3) HDFS 31400 Atypical Child Development
____ (3) HDFS 33000 Sexuality and Family Life
____ (3) HDFS 33200 Stress and Coping In Contemporary Families

HDFS Selectives – Select 0-12 credits – see below to determine exact number of credits required.

If NOT completing a concentration, student must complete 12 credits of HDFS Selectives.
If completing a concentration, student must complete 6 credits of HDFS Selectives.
If completing two concentrations, no HDFS Selectives are required.

Courses may not be double-counted to fulfill both this requirement and a concentration or capstone requirement.

____ (3) HDFS ______________________
____ (3) HDFS ______________________
____ (3) HDFS ______________________
____ (3) HDFS ______________________

Capstone Experience 6-8 credits

Students must propose their capstone plan and receive Undergraduate Committee (Capstone Subcommittee) approval. All capstones must be clearly relevant to the major.

If the student is completing a concentration, the capstone experience must have a clear connection to the student’s designated concentration. If a student chooses to complete more than one concentration, the capstone experience must have a clear connection to all of the student’s designated concentrations.

Select ONE of the following three options.

Thesis Option

Must have completed statistics requirement and HDFS 34600 before beginning thesis capstone.
The six credits of HDFS 49101 and 49102 must be completed across two consecutive semesters.

____ (3) HDFS 49101 Mentored Research in HDFS I
____ (3) HDFS 49102 Mentored Research in HDFS II

Internship Option

____ (2) HDFS 45400 Career Assessment & Professional Development
____ (6) HDFS 45800 Development & Family Science Capstone Internship

Study Abroad Option

____ (6) Study Abroad experience*

OR

____ (3) Study Abroad experience*
____ (3) Select additional course from Global Perspectives & International Cultures List

OR

____ (3) Study Abroad experience*
____ (3) Fourth semester of foreign language (must be same language as in “Other Departmental/Program Course Requirements” section)

*To count toward the capstone experience, a study abroad experience must include a minimum of 14 full days abroad.

Requirements continued on next page  5/2022
Other Departmental / Program Course Requirements (40-43 credits)

(3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills [Satisfies Oral Communication Core]

(3) CNIT 13600 Personal Computing Technology & Applications or CS 23500 Introduction to Organizational Computing

(4-3) ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition [Satisfies Written Communication and Information Literacy Cores]

___ (3) ___________ 10100 Foreign Language (Total of 9 credits - must be from one language)

___ (3) ___________ 10200

___ (3) ___________ 20100

___ (3) ___________ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or select any course from University list EXCEPT MA 13800 [Satisfies Quantitative Reasoning Core]

___ (3) ___________ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology (IF STAT 11300 selected, satisfies Science, Technology & Society Core)

___ (3) ___________ Global Perspectives & International Cultures Selective – select from list

___ (3) ___________ Human Health Selective - select from list

___ (3) ___________ [Humanities Core] – select from University list

___ (3) ___________ [Science Core] – select from University list

___ (3) ___________ [Science Core] – select from University list

___ (1-3) ___________ [Science, Technology & Society Core] – select from University list (IF STAT 11300 is selected for other requirements, this requirement is fulfilled)

Electives 38-55 credits

When selecting electives, note that 32 credits of upper division (30000/40000 level) classes must be completed to meet graduation requirements.

___ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________ ( ) ___________

At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.

120 semester credits required for Bachelor of Science degree

OPTIONAL CONCENTRATIONS

Please note that to complete a concentration, your required capstone experience (above) must also be related to the concentration(s).

Child Development Concentration – CHLV (12 credits)

___ (3) HDFS 31000 Guidance in Early Childhood or HDFS 34100 Working with Parents

___ (3) HDFS 31100 Child Development

___ (3) HDFS 31300 Adolescent Development or HDFS 42000 Developmental Foundations of Infant and Toddler Curriculum

___ (3) HDFS 31400 Atypical Child Development

Family & Community Health Concentration – FCHL (11-12 credits)

___ (3-2) ANTH 34000 Global Perspectives on Health or PUBH 24000 Global Health

___ (3) HDFS 30500 Biosocial Foundations of the Family

___ (3) HDFS 32500 Health and Health Care for Children and Families or PUBH 22500 Contemporary Women’s Health

___ (3) HSCI 20100 Principles of Public Health Science

DVFS 5/2022
Global Perspectives & International Cultures List
- AGEC 25000 Economic Geography of World Food and Resources
- ANTH 23000 Gender Across Cultures
- ARAB 23900 Arab Women Writers
- *ARAB 28000 Arabic Culture
- ARAB 28100 Introduction to Islamic Civilization and Culture
- *CHNS 28000 Topics in Chinese Civilization and Culture
- COM 22400 Communicating in the Global Workplace
- HDFS 22500 Human Development Across Cultures
- *HIST 21000 The Making of Modern Africa
- *HIST 34000 Modern China
- HTM 37200 Global Tourism Geography
- *LC 23900 Women Writers in Translation
- *PHIL 11400 Global Moral Issues
- *PHIL 23000 Religions of the East
- POL 13000 Introduction to International Relations
- POL 14100 Governments of the World
- *REL 20000 Introduction to the Study of Religion
- SPAN 32200 Spanish for the Health Professions

*Also fulfills Humanities University Foundational Core Requirement

Human Health Selective List
- ANTH 21200 Culture, Food, and Health
- ANTH 33700 Human Diet: Origins and Evolution
- ANTH 34000 Global Perspectives on Health
- COM 37800 Introduction to Health Communication
- COM 47800 Health Communication Campaigns
- HDFS 32500 Health and Health Care for Children and Families
- HIST 36305 The History of Medicine and Public Health
- HIST 47005 Women and Health in America
- HK 23100 Substance Abuse and Health
- HSCI 20100 Principles of Public Health Science
- HSCI 30500 Basics of Oncology
- NUTR 30300 Essentials of Nutrition
- NUTR 31500 Fundamentals of Nutrition
- PHIL 27000 Biomedical Ethics
- PUBH 20500 Basic Public Health Studies
- PUBH 22500 Contemporary Women's Health
- PUBH 23500 Stress and Human Health
- SOC 37400 Medical Sociology
- SOC 57600 Health and Aging in Social Context

Foreign Language - must be from one language
Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Japanese, Latin, Portuguese, Russian, or Spanish

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements.

DVFS
5/2022
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* Critical Course

Total credits needed for graduation: 120
Upper division (30000 and 40000 level) credits needed for graduation: 32

¹ If not doing an optional concentration, students must complete 12 hours of HDFS Selectives.
² There is also a Study Abroad Capstone Experience option. Courses and credit hours are dependent upon the Capstone Experience that you choose. Please see your academic advisor for further information.