

Student: \_\_\_\_\_ PUID: \_\_\_\_\_ Catalog Term: Fall 2022

Additional Majors: \_\_\_\_\_ Minors: \_\_\_\_\_

**Major Requirements (25-39 credits)**

- \_\_\_ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Studies
- \_\_\_ (3) HDFS 20100 Introduction to Family Processes [**Satisfies Behavioral/Social Science Core**]
- \_\_\_ (3) HDFS 21000 Introduction to Human Development [**Satisfies Behavioral/Social Science Core**]
- \_\_\_ (3) HDFS 28000 Diversity in Individual & Family Life [**Satisfies Behavioral/Social Science Core**]
- \_\_\_ (3) HDFS 34600 Research Design & Program Evaluation

**Advanced Content Courses Selective – Select 6 credits. NOTE: Courses may not be double-counted to fulfill both this requirement and a concentration requirement.**

- \_\_\_ (3) HDFS 30500 Biosocial Foundations of the Family
- \_\_\_ (3) HDFS 31100 Child Development
- \_\_\_ (3) HDFS 31200 Adult Development
- \_\_\_ (3) HDFS 31300 Adolescent Development
- \_\_\_ (3) HDFS 31400 Atypical Child Development
- \_\_\_ (3) HDFS 33000 Sexuality and Family Life
- \_\_\_ (3) HDFS 33200 Stress and Coping In Contemporary Families

**HDFS Selectives – Select 0-12 credits – see below to determine exact number of credits required.**

**If NOT completing a concentration, student must complete 12 credits of HDFS Selectives.**

**If completing a concentration, student must complete 6 credits of HDFS Selectives.**

**If completing two concentrations, no HDFS Selectives are required.**

**Courses may not be double-counted to fulfill both this requirement and a concentration or capstone requirement.**

- \_\_\_ (3) HDFS \_\_\_\_\_
- \_\_\_ (3) HDFS \_\_\_\_\_
- \_\_\_ (3) HDFS \_\_\_\_\_
- \_\_\_ (3) HDFS \_\_\_\_\_

**Capstone Experience 6-8 credits**

**Students must propose their capstone plan and receive Undergraduate Committee (Capstone Subcommittee) approval. All capstones must be clearly relevant to the major.**

**If the student is completing a concentration, the capstone experience must have a clear connection to the student’s designated concentration. If a student chooses to complete more than one concentration, the capstone experience must have a clear connection to all of the student’s designated concentrations.**

**Select ONE of the following three options.**

**Thesis Option**

Must have completed statistics requirement and HDFS 34600 before beginning thesis capstone.

The six credits of HDFS 49101 and 49102 must be completed across two consecutive semesters.

- \_\_\_ (3) HDFS 49101 Mentored Research in HDFS I
- \_\_\_ (3) HDFS 49102 Mentored Research in HDFS II

**Internship Option**

- \_\_\_ (2) HDFS 45400 Internship & Career Preparation for Developmental and Family Science
- \_\_\_ (6) HDFS 45800 Development & Family Science Capstone Internship

**Study Abroad Option**

- \_\_\_ (6) Study Abroad experience\*

**OR**

- \_\_\_ (3) Study Abroad experience\*
- \_\_\_ (3) \_\_\_\_\_ *Select additional course from Global Perspectives & International Cultures List*

**OR**

- \_\_\_ (3) Study Abroad experience\*
- \_\_\_ (3) \_\_\_\_\_ Fourth semester of foreign language (must be same language as in “Other Departmental/Program Course Requirements” section)

\*To count toward the capstone experience, a study abroad experience must include a minimum of 14 full days abroad.

**Other Departmental / Program Course Requirements (40-43 credits)**

- \_\_\_ (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills **[Satisfies Oral Communication Core]**
- \_\_\_ (3) CNIT 13600 Personal Computing Technology & Applications or CS 23500 Introduction to Organizational Computing
- \_\_\_ (4-3) ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition **[Satisfies Written Communication and Information Literacy Cores]**
- \_\_\_ (3) \_\_\_\_\_ 10100 *Foreign Language (Total of 9 credits - must be from one language)*
- \_\_\_ (3) \_\_\_\_\_ 10200
- \_\_\_ (3) \_\_\_\_\_ 20100
- \_\_\_ (3) \_\_\_\_\_ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or *select any course from University list EXCEPT MA 13800* **[Satisfies Quantitative Reasoning Core]**
- \_\_\_ (3) \_\_\_\_\_ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology **(IF STAT 11300 selected, satisfies Science, Technology & Society Core)**
- \_\_\_ (3) \_\_\_\_\_ Global Perspectives & International Cultures Selective – *select from list*
- \_\_\_ (3) \_\_\_\_\_ Human Health Selective - *select from list*
- \_\_\_ (3) \_\_\_\_\_ **[Humanities Core]** – *select from University list*
- \_\_\_ (3) \_\_\_\_\_ **[Science Core]** – *select from University list*
- \_\_\_ (3) \_\_\_\_\_ **[Science Core]** – *select from University list*
- \_\_\_ (1-3) \_\_\_\_\_ **[Science, Technology & Society Core]** – *select from University list (IF STAT 11300 is selected for other requirements, this requirement is fulfilled)*

**Electives 38-55 credits**

**When selecting electives, note that 32 credits of upper division (30000/40000 level) classes must be completed to meet graduation requirements.**

- \_\_\_ ( ) \_\_\_\_\_
- \_\_\_ ( ) \_\_\_\_\_
- \_\_\_ ( ) \_\_\_\_\_
- \_\_\_ ( ) \_\_\_\_\_

**At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.**

**120 semester credits required for Bachelor of Science degree**

**OPTIONAL CONCENTRATIONS**

Please note that to complete a concentration, your required capstone experience (above) must also be related to the concentration(s).

**Child Development Concentration – CHLV (12 credits)**

- \_\_\_ (3) HDFS 31000 Guidance in Early Childhood or HDFS 34100 Working with Parents
- \_\_\_ (3) HDFS 31100 Child Development
- \_\_\_ (3) HDFS 31300 Adolescent Development or HDFS 42000 Developmental Foundations of Infant and Toddler Curriculum
- \_\_\_ (3) HDFS 31400 Atypical Child Development

**Family & Community Health Concentration – FCHL (11-12 credits)**

- \_\_\_ (3-2) ANTH 34000 Global Perspectives on Health or PUBH 24000 Global Health
- \_\_\_ (3) HDFS 30500 Biosocial Foundations of the Family
- \_\_\_ (3) HDFS 32500 Health and Health Care for Children and Families or PUBH 22500 Contemporary Women’s Health
- \_\_\_ (3) HSCI 20100 Principles of Public Health Science

Global Perspectives & International Cultures List

AGEC 25000	Economic Geography of World Food and Resources
ANTH 23000	Gender Across Cultures
ARAB 23900	Arab Women Writers
*ARAB 28000	Arabic Culture
ARAB 28100	Introduction to Islamic Civilization and Culture
*CHNS 28000	Topics in Chinese Civilization and Culture
COM 22400	Communicating in the Global Workplace
HDFS 22500	Human Development Across Cultures
*HIST 21000	The Making of Modern Africa
*HIST 34000	Modern China
HTM 37200	Global Tourism Geography
*LC 23900	Women Writers in Translation
*PHIL 11400	Global Moral Issues
*PHIL 23000	Religions of the East
POL 13000	Introduction to International Relations
POL 14100	Governments of the World
*REL 20000	Introduction to the Study of Religion
SPAN 32200	Spanish for the Health Professions

**\*Also fulfills Humanities University Foundational Core Requirement**

Human Health Selective List

ANTH 21200	Culture, Food, and Health
ANTH 33700	Human Diet: Origins and Evolution
ANTH 34000	Global Perspectives on Health
COM 37800	Introduction to Health Communication
COM 47800	Health Communication Campaigns
HDFS 32500	Health and Health Care for Children and Families
HIST 36305	The History of Medicine and Public Health
HIST 47005	Women and Health in America
HK 23100	Substance Abuse and Health
HSCI 20100	Principles of Public Health Science
HSCI 30500	Basics of Oncology
NUTR 30300	Essentials of Nutrition
NUTR 31500	Fundamentals of Nutrition
PHIL 27000	Biomedical Ethics
PUBH 20500	Basic Public Health Studies
PUBH 22500	Contemporary Women's Health
PUBH 23500	Stress and Human Health
SOC 37400	Medical Sociology
SOC 57600	Health and Aging in Social Context

Foreign Language - must be from one language

Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Japanese, Latin, Portuguese, Russian, or Spanish

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements

## Study Abroad Plan of Study Worksheet

**Major: Developmental & Family Science**

**Minor(s):**

Fall 20		Spring 20		Summer 20
1	HDFS 10000	3	HDFS 21000 (CORE Behav/Soc Sci)	
3	HDFS 20100	3-4	ENGL 10600 or ENGL 10800* (CORE: Written Com)	
3	CNIT 13600 or CS 23500*	3	CORE: Science	
3	COM 11400 or EDPS 31500 *(Oral Com)	3	Gl. Perspectives and Int. Cultures	
3	EDCI 22200 or MA 15555 ♦(CORE: Quan. Reasoning)	3	Foreign Language 10200	
3	Foreign Language 10100			
16		15-16		

Fall 20		Spring 20		Summer 20
3	STAT 11300, STAT 30100, SOC 38200, or PSY 20100 *	3	HDFS 28000	
		3	HDFS 34600	
3	Advanced Content Selective	3	Human Health Selective	
3	CORE: Information Literacy	3	Advanced Content Selective	
3	CORE: Science	3	CORE: Humanities	
3	Foreign Language			
15		15		

Fall 20		Spring 20		Summer 20
3	HDFS Selective	3	HDFS Selective	
3	Opt. Concentration Course or Elective	3	Opt. Concentration Course or Elective	
3	CORE: Science, Technology, & Society	3	Elective	
3	Elective	3	Elective	
3	Elective	3	Elective	
15		15		

Fall 20		Spring 20		Summer 20
2-6	Capstone Experience- Thesis, Study Abroad or Internship Option <sup>2</sup>	2-6	Capstone Experience- Thesis, Study Abroad or Internship Option <sup>2</sup>	
3	HDFS Selective <sup>1</sup> or Elective	3	HDFS Selective <sup>1</sup> or Elective	
3	Opt. Concentration Course or Elective	3	Opt. Concentration Course or Elective	
3	Elective	2	Elective	
4	Elective (s)	0-4	Elective (s)	
15		13-14		

♦ Critical Course

Total credits needed for graduation: 120

Upper division (30000 and 40000 level) credits needed for graduation: 32

<sup>1</sup> If not doing an optional concentration, students must complete 12 hours of HDFS Selectives.

<sup>2</sup> There is also a Study Abroad Capstone Experience option. Courses and credit hours are dependent upon the Capstone Experience that you choose. Please see your academic advisor for further information.