

# CURRICULUM VITAE

## Brandon M. Kistler, PhD, RD, FNKF

### EDUCATION:

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#### **Ph.D. in Kinesiology, 2015**

University of Illinois at Urbana-Champaign, Urbana, IL

Dissertation: Acute effects of intradialytic nutrition supplementation on hemodynamics, treatment efficiency, and gastrointestinal symptoms during maintenance hemodialysis

#### **Dietetic Internship, 2010**

Ball State University, Muncie, IN

#### **Master of Science in Exercise and Health Studies, 2009**

Miami University, Oxford, OH

#### **Bachelor of Science in Health and Sports Studies (Major: Dietetics), 2007**

Miami University, Oxford, OH

### PROFESSIONAL APPOINTMENTS:

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#### **Assistant Professor, August 2022-Present**

Department of Nutrition Science, Purdue University, West Lafayette, IN

#### **Associate Professor, August 2022**

Department of Nutrition and Health Science, Ball State University, Muncie, IN

#### **Assistant Professor, January 2016-August 2022**

Department of Nutrition and Health Science, Ball State University, Muncie, IN

#### **American Heart Association Predoctoral Fellow, January 2014-December 2015**

University of Illinois at Urbana-Champaign, Urbana, IL

#### **Teaching Assistant, January 2013-December 2013**

Department of Kines. and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL

#### **Research Assistant, August 2010-December 2013**

Renal and Cardiovascular Disease Research Laboratory, University of Illinois-Urbana-Champaign, IL

#### **Visiting Faculty, August 2009-December 2009**

Department of Kinesiology and Health, Miami University, Oxford, OH

### PEER-REVIEWED PUBLICATIONS:

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1. Biruete, A., Shin, A., **Kistler, BM.**, Moe, S. Feeling gutted: gastrointestinal disorders and therapies oriented to improve gastrointestinal health in patients with chronic kidney disease. *Seminars in Dialysis*. In press.
2. Song, Y., March, D., Biruete A., **Kistler, BM.**, Nixon, D., Highton, P., Vogt, B., Ruddock, N., Wilund, K., Smith, A., Burton, J. A comparison of dietary intake between individuals undergoing haemodialysis in the United Kingdom and China. *Journal of Renal Nutrition*. 2022; 32(2): 224-233.
3. **Kistler, BM.**, Khubchandani, J., Bennett, P., Wilund, KR., Sosnoff, J. Depressive disorders are associated with increased risk of fall-related injuries in patients with chronic kidney disease. *Journal of the American Psychiatric Nurses Association*. 2022; 28(3): 235-240.
4. Wang, A., Okpechi, I., Ye, F., Kovesdy, C., Brunori, G., Burrows, J., Campbell, K., Damster, S., Fouque, D., Friedman, Garibotto, G., Guebre-Egzuabher, F., Harris, D., Iseki, K., Jha, V., Jindal, K., Kalantar-Zadeh K., **Kistler, BM.**, Kopple, J., Kuhlmann, M., Lunney, M., Mafra, D., Malik, C., Moore, L., Price, S.Russ, Steiber, A., Tonelli, M., Wanner, C., ter Wee, P., Levin, A., Johnson, D., Bello, A. Assessing Global Kidney Nutrition Care: A Collaborative Report from The International Society of Nephrology Global Kidney Health Atlas and International Society of Renal Nutrition and Metabolism. *Clinical Journal of the American Society of Nephrology*. 2022; 17(1): 38-52.

5. Biruete, A., Cross, T.-W.L., Allen, J., **Kistler, BM.**, de Loor, H., Evenepoel, P., Fahey, G., Bauer, L., Swanson, K., Wilund, K. Effect of dietary inulin supplementation on the gut microbiota composition and derived metabolites of hemodialysis patients: A pilot study. *Journal of Renal Nutrition*. 2021; 31(5): 512-522.
6. **Kistler, BM.**, Moore, L., Benner, D., Biruete, A., Boaz, M., Brunori, G., Chen, J., Drechsler, C., Guebre-Egziabher, F., Hensley, M.K., Iseki, K., Kovesdy, C., Kuhlman, M., Saxena, A., ter Wee, P., Brown-Tortorici, A., Garibotto, G.G., Price, S.Russ, Wang, A.-M., Kalantar-Zadeh, K. The International Society of Renal Nutrition and Metabolism Commentary on the National Kidney Foundation and Academy of Nutrition and Dietetics KDOQI Clinical Practice Guideline for Nutrition in Chronic Kidney Disease. *Journal of Renal Nutrition*. 2021; 31(2): 116-120.
7. Harber, M., Steinbeck, A., Carlini, N., **Kistler, BM.**, Fleenor, B. Caffeine ingestion alters central hemodynamics following aerobic exercise. *European Journal of Applied Physiology*. 2021; 121(2): 435-443.
8. Martin, Z., Shannon, C., **Kistler, BM.**, Nagelkirk, P., Del Pozzi, A. Effect of sex and menstrual cycle on sensory nerve contribution to the initial response of skin blood flow to local heating. *International Journal of Exercise Science*. 2019; 12(2): 1265-1279.
9. **Kistler, BM.**, Khubchandani, J., Wiblishauser, M., Wilund, K., Sosnoff, J. Epidemiology of falls and fall-related injuries in middle-aged patients with kidney disease. *International Urology and Nephrology*. 2019 Jun; 51; 1613-1621.
10. Biruete, A., Allen, J., **Kistler, BM.**, Jeong, JH., Fitschen, P., Swanson, K., Wilund, K. Gut microbiota and cardiometabolic risk factors in maintenance hemodialysis patients. *Topics in Clinical Nutrition*. 2019 Apr; 34(2); 153-160.
11. Choi, MS., **Kistler, BM.**, Wiese, G., Stremke, E., Wright, A., Moorthi, R., Moe, S., Hill Gallant, K. Pilot study on the effects of high-protein meals during hemodialysis on hypotensive events in maintenance hemodialysis. *Journal of Renal Nutrition*. 2019 Mar; 29(2); 102-111.
12. **Kistler, BM.**, Biruete, A., Chapman-Novakofski, K., Wilund, K. The relationship between intradialytic nutrition and gastrointestinal symptoms using a modified version of the gastrointestinal symptom rating scale. *Journal of Renal Nutrition*. 2018 Mar; 28(2); 129-134.
13. **Kistler, BM.**, Khubchandani, J., Jakubowicz, G., Wilund, K., Sosnoff, J. Falls and fall-related injuries among United States adults aged 65 and older with chronic kidney disease. *Preventing Chronic Disease*. 2018 June; 15, E82.
14. **Kistler, BM.**, Benner, D., Burrowes, J., Campbell, KL., Fouque, D., Garibotto, G., Kopple, J., Kovesdy, C., Rhee, CM., Steiber, A., Stenvinkel, P., ter Wee, P., Teta, D., Wang, AYM., Kalantar-Zadeh, K. Eating during hemodialysis treatment: A consensus from the International Society of Renal Nutrition and Metabolism. *Journal of Renal Nutrition*. 2018 Jan; 28(1); 4-12.
15. Benner, DA., Burgess, M., Stasios, MM., Wilund, K., **Kistler, BM.** In-center nutrition practices of clinics within a large hemodialysis provider in the United States. *Clinical Journal of the American Society of Nephrology*. 2016 May; 11(5); 770-775.
16. **Kistler, BM.**, Wilund, K. Eating during treatment can be a cost-effective way to improve outcomes: A letter to the editor. *Contemporary Nurse*. 2016; 51(2-3); 301-303.
17. Jeong, JH., Wu, PZ., **Kistler, BM.**, Fitschen, PJ., Biruete, A., Ali, M., Fernhall, B., Wilund, KR. The presence and impact of diastolic dysfunction on physical function and body composition in hemodialysis patients. *Journal of Nephrology*. 2015 Dec; 28(6); 739-747.
18. Wu, PT, Fitschen, PJ, **Kistler, BM**, Jeong, JH, Chung, HR, Aviram, M, Phillips, S, Fernhall, B, & Wilund, KR. Effect of pomegranate extract supplementation on cardiovascular risk factors and physical function in hemodialysis patients. *Journal of Medicinal Food*. 2015 Sept; 18(9): 941-949.
19. Tomayko, EJ., **Kistler, BM.**, Fitschen, PJ., Wilund, KR. Intradialytic protein supplementation reduces inflammation and co-morbid disease risk in hemodialysis patients. *Journal of Renal Nutrition*. 2015 May; 25(3): 276-283.
20. **Kistler, BM.**, Fitschen, PJ., Ikizler TA, Wilund, KR. Rethinking the restriction on nutrition during hemodialysis treatment. *Journal of Renal Nutrition*. 2015 March; 25(2):81-87.
21. **Kistler, BM.**, Benner, DA., Burgess, M., Stasios, MM., Kalantar-Zadeh, K., Wilund, KR. To eat or not to eat - International experiences with eating during hemodialysis treatment. *Journal of Renal Nutrition*. 2014 Nov; 24(6):349-52.

22. **Kistler BM.**, Fitschen, PJ, Ranadive, S., Fernhall, B., Wilund, KR. Case study: Natural bodybuilding contest preparation. *International Journal of Sports Nutrition and Exercise Metabolism*. 2014 Dec; 24(6):694-700.
23. Fitschen, PJ, **Kistler, BM.**, Jeong, JH., Chung, HR, WU, PT., Walsh, MJ., Wilund, KR. Perceptual effects and efficacy of intermittent and continuous blood flow restriction training. *Clinical Physiology and Functional Imaging*. 2014 Sep; 34(5):356-63.
24. Shin, S, Chung, HR, Fitschen, PJ, **Kistler, BM.**, Sosnoff, JJ, & Wilund KR. Postural control in hemodialysis patients. *Gait and Posture*. 2014 Feb; 39(2):723-7.
25. Shin, S, Chung, HR, **Kistler, BM.**, Fitschen, PJ, Sosnoff, JJ, & Wilund KR. Effect of muscle strength on gait in hemodialysis patients with and without diabetes. *International Journal of Rehabilitation Research*. 2014 Mar; 37(1):29-33.
26. Lane, A, Wu, PT, **Kistler, BM.**, Fitschen, PJ, Tomayko, EJ, Jeong, JH, Chung, HR, Yan, H, Ranadive, S, Phillips, SM, Fernhall, B & Wilund KR. Arterial stiffness and walk time in patients with end-stage renal disease. *Kidney and Blood Pressure*. 2013; 37(2-3):142-50.
27. Shin, S, Chung, HR, **Kistler, BM.**, Fitschen, PJ, Sosnoff, JJ, & Wilund KR. Walking and talking in maintenance hemodialysis patients. *Archives of Physical Medicine and Rehabilitation*. 2013 Jan; 94(1):127-31.
28. Woods, JA; Wilund, KR; Martin SA; **Kistler, BM**. Exercise, inflammation, and aging. *Aging and Disease*. 2012 Feb; 3(1):130-40.
29. **Kistler, BM.**, Walsh, MS., Horn TS., Cox RH. Acute effects of static stretching on sprint performance in the 60 and 100 meter dash. *Journal of Strength and Conditioning Research*. 2010 Sep; 24(9):2280-4.

### **PUBLISHED ABSTRACTS:**

1. Begum, M., Biruete, A., **Kistler, BM.**, St-Jules, D., Meade, A. (2022). A systematic review of online materials on dietary management of hyperphosphatemia in people with chronic kidney disease. *Am J Kidn Dis*. 79(4), S47.
2. Spina, D., Biruete, A., Allen, J., Cross, T.-W.L., Snelson, M., Vorland, C., **Kistler, BM.** (2022). Animal husbandry reporting in rodent studies of the gut microbiome published in kidney research journals. *Am J Kidn Dis*. 79(4), S22.
3. **Kistler, BM.**, Ritter, M., Khubchandani, J., Rhee, C., Kalantar-Zadeh, K. (2019). The impact of eating during hemodialysis treatment on measurements of nutritional status in patients undergoing hemodialysis treatment. *J Am Soc Nephrol*. 28:273.
4. Horton, B., Zhang, M., Khubchandani, J., **Kistler, BM.** (2019). Diabetes management behaviors are associated with fall risk in patients with kidney disease. *J Ren Nutr*. 29(3), 258.
5. Williams, M., Silva, E., Carlini, N., **Kistler, BM**, Fleenor, B., Harber, M. (2019) Ambulatory Central Blood Pressure Over 24 Hours Following Intermittent Vs. Continuous Moderate Intensity Exercise. *Med Sci Sports and Exerc*. 51(5S), S138.
6. Shoukri, M., Burke, T., **Kistler, BM.**, Fleenor, B., Harber, M. (2019). Influence of acute aerobic exercise on 24-hour ambulatory central blood pressure. *Med Sci Sports and Exerc*. 51(5S), S778.
7. **Kistler, BM.** Khubchandani, J., Bennett, P., Wilund, K., Sosnoff, J. (2018). Depressive disorders are a risk factor for falls among patients with kidney disease. *J Am Soc Nephrol*. 27:567A.
8. Melton, M., Kandiah, J., Del Pozzi, AT., **Kistler, BM.**, Pike, KL., Khubchandani, J., Kandiah, J. (2018). Preliminary research on the effects of dietary nitrate supplementation from beetroot juice on sprint performance in army ROTC cadets. 118(9), A-88.
9. Jeong, JH., Wu, PT., Biruete, A., **Kistler, BM.**, Fitscehn, P., Chung, HR., Tomayko, E., Fernhall, B., Wilund, KR. (2018) The effect of intradialytic exercise training on cardiac and arterial health in patients undergoing hemodialysis. *Med Sci Sports and Exerc*. 50(5S), 479-480.
10. Carlini, NA., Steinbeck, AH., Smith, B., **Kistler, BM.**, Fleenor, B., Harber, MP. Acute influence of caffeine on arterial stiffness and central blood pressures following aerobic exercise. (2018) *Med Sci Sports and Exerc*. 50(5S), S145.
11. **Kistler, BM.**, Khubchandani, J., Jakubowicz, G., Wilund, K., Sosnoff, J. Falls and fall-related injuries in older americans with chronic kidney disease. *J Am Soc Nephrol*. 26:719.

12. Biruete, A., **Kistler, BM.**, Allen, J., Bauer, L., Fahey, G., Swanson, K., Wilund, K. Effects of inulin supplementation on mineral metabolism and short-chain fatty acid excretion in hemodialysis patients. *Nephrol, Dial, Transpl.* 32(S1), 588-589.
13. Friesen, C., Yen, A., **Kistler, BM.**, Murr, R., Vukovich, R. Health and nutrition-related characteristics of faculty and staff who received services at the Nutrition Assessment Laboratory: Part of Ball State University's Working Well worksite wellness program. *J Acad Nutr Diet.* 117(9); A76.
14. **Kistler, BM.**, Biruete, A., Chapman-Novakofski, KM., Wilund K. (2017). Dietary intake of hemodialysis patients during treatment at a clinic that allows patients to eat. *Blood Purification.* 43:254.
15. Biruete, A., **Kistler, BM.**, Wiens, K., Fitschen, P., Wilund, K. (2017). The relationship between dietary sodium, source, and cardiovascular risk factors in maintenance hemodialysis patients. *Blood Purification.* 43: 258.
16. **Kistler, BM.**, Biruete, A., Jeong, JH., Fitschen, P., Heffernan, K., Chapman-Novakofski, K., Ikizler, TA., Wilund, K. (2016). Acute Effects of Nutritional Supplementation During Hemodialysis on Hemodynamics and Symptoms. *J Am Soc Nephrol.* 27:267A.
17. Jeong, J., Wu, P., Biruete, A., **Kistler, BM.**, Fernhall, B., Wilund, K. (2016). Interplay between Arterial Functional and Structural Alterations and Their Contribution to Cardiac Abnormalities in Hemodialysis Patients. *J Am Soc Nephrol.* 27:330A.
18. Biruete, A., Allen, J., **Kistler, BM.**, Jeong, JH., Fitschen, P., Swanson, K., Wilund, K. (2016). Gut microbiome and clinical risk factors in maintenance hemodialysis patients. *Nephrol, Dial, Transpl.* 31(S1) 205.
19. Biruete, A., **Kistler, BM.**, Highton, P., Wiens, K., Fitschen, P., Smith, A., Wilund, K. (2015). Differences in eating patterns between maintenance hemodialysis patients in the US and UK. *J Am Soc Nephrol.* 26 (Supp):1019A.
20. **Kistler, BM.**, Jeong, JH., Wu, PT., Fitschen, PJ., Biruete, A., Fernhall, B., Wilund, KR. Sex differences in the relationship between arterial stiffness and physical fitness in maintenance hemodialysis patients. (2015). *Med Sci Sports and Exerc.* 46(5S), S1:324.
21. Chung, H., Wu, PT., Fitschen, P., **Kistler, BM.**, Park, H., Jeong, J., Wilund, K., Woods, J., Boppart, M. (2015). The impact of physical activity on statin associated myopathy. *Med Sci Sports and Exerc.* 46(5S), S1:253.
22. Platta, M., Pilutti, L., **Kistler, BM.**, Stratton, M., Wilund, K., Motl, RW. (2015). Physical fitness is associated with better arterial function in persons with multiple sclerosis. *Med Sci Sports and Exerc.* 46(5S), S1:285.
23. Fitschen, PJ., **Kistler, BM.**, Jeong, J., Biruete, A., Fernhall, B., Wilund, K. (2015). Association between physical activity levels and co-morbid conditions in hemodialysis patients. *Med Sci Sports and Exerc.* 46(5S), S1:322.
24. Jeong, J., Fitschen, P., **Kistler, BM.**, Biruete, A., Wu, PT., Chung, H., Fernhall, B., Wilund K. (2015). Relationship between physical function and psychosocial variables in renal failure patients on maintenance hemodialysis treatment. *Med Sci Sports and Exerc.* 46(5S), S1:584.
25. **Kistler, BM.**, Chapman-Novakofski, KM., Wilund, KR. A scale to measure gastrointestinal symptoms associated with a single hemodialysis treatment: validation and association with dietary intake during treatment. *J Ren Nutr* 25(2): 142.
26. **Kistler, BM.**, Benner, DA., Burgess, M., Stasios, MM., Kalantar-Zadeh, K., Wilund, KR. (2014). To eat or not to eat - International experiences with eating during hemodialysis treatment. *J Am Soc Nephrol* 25: 684A.
27. Wilund, KR., Sosnoff, JJ., Park, H., **Kistler, BM.**, Fitschen, PJ. (2014). Objective quantification of fall risk in hemodialysis patients. *J Am Soc Nephrol* 25: 337A.
28. Jeong, JH., Wu, P., Fitschen, PJ., **Kistler, BM.**, Biruete, A., Park, HW., Ali, MM, Fernhall, B., Wilund, KR. (2014). Arterial and cardiac alterations and their relationships to exercise intolerance in maintenance hemodialysis patients. *J Am Soc Nephrol* 25: 602A.
29. **Kistler, BM.**, Learmonth, Y., Fitschen, PJ., Ensari, I., Biruete, A., Sandroff, BM., Jeong, JH., Motl, RW., Wilund, KR. (2014). Blood flow restriction training does not increase muscular gains in persons with Multiple Sclerosis. *Med Sci Sports and Exerc.* 46(5S), S1:425.
30. Jeong, JH, Wu, PT, Fitschen, PJ, **Kistler, BM.**, Jeanes, E, Garg, P, Ali, MM, Chung, HR, Fernhall, B, & Wilund, KR. (2013). Impact of diastolic dysfunction on physical function and body composition in hemodialysis patients. *J Am Soc Nephrol* 24: 734A.

31. **Kistler, BM**, Fitschen, PJ, Ranadive, S, Fernhall, B, & Wilund, KR. (2013). Physiological changes in natural male bodybuilder during contest preparation: a case study. *Med Sci Sports and Exerc.* 45(5S), S1:550.
32. Fitschen, PJ, **Kistler, BM**, Jeong, JH, Wu, PT, Walsh, MJ, & Wilund, KR. (2013). Efficacy of intermittent vs. continuous blood flow restriction resistance training. *Med Sci Sports and Exerc.* 45(5S), S1:592.
33. Wu, PT, Fitschen, PJ, Jeong, JH, **Kistler, BM**, Jeanes, E, Garg, P, Ali, MM, Chung, HR, Fernhall, B, & Wilund, KR. (2013). Effects of pomegranate supplementation on cardiovascular risk and physical function in chronic kidney disease patients. *Med Sci Sports and Exerc.* 45(5S), S1: 500.
34. Chung, HR, Wu, PT, Fitschen, PJ, **Kistler, BM**, Park, H, Boppart, M, Woods, J, & Wilund, KR. (2013). The impact of hypercholesterolemia and physical activity on statin-associated skeletal muscle myopathy. *Med Sci Sports and Exerc.* 45(5S), S1:654.
35. Park, H, Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, Fernhall, B, Sonsoff, JJ, & Wilund KR. (2013). Gait in hemodialysis patients: Effect of lower limb strength and diabetes. *Med Sci Sports and Exerc.* 45(5S), S1:188.
36. Fitschen, PJ, **Kistler BM**, Wu PT, Chung HR, Jeong JH, Phillips S, & Wilund KR. (2012). Effects of intradialytic whey protein supplementation on body composition in non-malnourished hemodialysis patients. *J Am Soc Nephrol* 23: SA-PO543.
37. Wilund, KR, Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, & Sonsoff, JJ. Contribution of cognitive interference to decrements in walking performance in hemodialysis patients. *Kidn Res Clin Pract.* 31(2), A84.
38. **Kistler, BM**, Tomayko, EJ, Wu, PT, Fitschen, PJ, Chung, HR, Jeong, JH, Yudell, B, Jeanes, E, Phillips, SA, Fernhall, B, & Wilund, KR. (2012). Intradialytic protein supplementation reduces inflammation and improves physical function. *Med Sci Sports and Exerc.* S2: 341-2.
39. Jeong, JH, Wu, PT, Tomayko, EJ, Chung, HR, **Kistler, BM**, Fitschen, PJ, Fernhall, B, & Wilund, KR. (2012). Body composition is associated with arterial stiffness and physical function in chronic kidney disease patients. *Med Sci Sports and Exerc.* S2: 341.
40. Wu, PT, Tomayko, EJ, Chung, HR, **Kistler, BM**, Jeong, JH, Fitschen, PJ, Fernhall, B, & Wilund, KR. (2012). Arterial stiffness in patients with chronic kidney disease: correlations at different levels of physical function. *Med Sci Sports and Exerc.* S2: 340.
41. Wilund, K, Fernhall, B, Phillips, S, McAuley, E, Tomayko, E, Yudell, B, Fitschen, PJ, Chung, HR, Jeong, JH, **Kistler, B**, & Jeanes, E. (2012). The intra-hemodialytic protein and exercise (IHOPE) study: rationale and study design. *Med Sci Sports and Exerc.* S2: 892.
42. Tomayko, E, Yudell, B, Jeanes, E, **Kistler, B**, Fitschen, PJ, Jeong, JH, Wu, PT, Chung, HR, Evans, E & Wilund, K. (2012). Intradialytic protein supplementation improves co-morbid disease risk in hemodialysis patients. *FASEB J.* 26: 387.4.
43. Tomayko, E, Wu, PT, Chung, HR, Fitschen, PJ, **Kistler, B**, Yudell, B, Phillips, S, & Wilund, K. (2011). Intradialytic protein supplementation attenuates dialysis-associated inflammation and reduces co-morbid disease risk. *J Am Soc Nephrol* 22: SA-OR401.

## **BOOK CHAPTERS:**

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1. Carrero JJ., **Kistler, BM.**, Stenvinkel, P. Inflammation in Kidney Disease. In: Kopple et al. (eds), *Nutritional Management of Renal Disease, Fourth Edition*, Elsevier. (In press).
2. Biruete, A. & **Kistler, BM.** Hypertension. In: L.D. Byham-Gray et al. (eds.), *Nutrition in Kidney Disease, Third Edition*, Nutrition and Health, Humana, Cham. [https://doi.org/10.1007/978-3-030-44858-5\\_10](https://doi.org/10.1007/978-3-030-44858-5_10)

## **ORAL PRESENTATIONS AND INVITED LECTURES:**

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2022, Working towards individualized nutrition support in people with chronic kidney disease. International Congress on Renal Nutrition and Metabolism (Virtual), Guangzhou, China.

2022, Let them eat cake: To eat or not to eat (Debate). National Kidney Foundation Spring Clinical Meetings, Boston, MA.

2021, Leveraging nutrient variability to liberalize the diet for patients with chronic kidney disease. Indiana Council on Renal Nutrition Fall Meeting, Indianapolis, IN.

2021, Nutrition during hemodialysis: current evidence and opportunities for growth. Purdue University, West Lafayette, IN.

2021, Nutrition-focused physical findings-nutrition assessment/problem identification: energy balance and expenditure, exercise, and physical activities. Case presentation. National Kidney Foundation Global Renal Internet Course for Dietitians (Virtual).

2021, Diet for patients with chronic kidney disease: Updates and barriers to accessing registered dietitians with specialized training. Indiana Academy of Nutrition and Dietetics.

2020, Nutrition during hemodialysis: current evidence. Renal Research Symposium. Vanderbilt University Medical Center, Nashville, TN.

2019, Impact of liquid and dry intradialytic oral supplementation on dialysis patient safety. Symposium on Renal Nutrition. Mexico City, Mexico.

2019, Nutritional management of CKD-MBD. Educational Symposium at International Society of Nephrology World Congress on Nephrology. Melbourne, Australia.

2019, Should patients eat during hemodialysis? International Society of Nephrology World Congress on Nephrology. Melbourne, Australia.

2018, Intradialytic Nutrition: Current Practices. Latin-American Federation of Nutritional Therapy, Clinical Nutrition and Metabolism Congress. Guadalajara, Mexico.

2018, Controversies in Renal Nutrition: Intradialytic Nutrition. University of Illinois at Urbana-Champaign Seminar Series. Urbana, IL

2017, A consensus on eating during hemodialysis treatment. Miami University Research Seminar. Oxford, OH.

2017, Controversies in renal nutrition: should hemodialysis patients be allowed to eat during treatment? Indiana Council on Renal Nutrition. Indianapolis, IN.

2017, Dietary intake of hemodialysis patients during treatment at a clinic that allows patients to bring food. International Conference on Dialysis. Las Vegas, NV.

2012, Physiological changes in natural male bodybuilder during contest preparation: a case study. Midwest Chapter of the American College of Sports Medicine. Maumee, Ohio.

2011, KAATSU resistance training, strength, and mobility disability in multiple sclerosis. ACSM National Conference. Denver, Colorado.

### **COMMITTEE MEMBER, GRADUATE STUDENT DOCTORAL DISSERTATION:**

#### **In-Progress**

Nicholas Carlini

### **CHAIR, GRADUATE STUDENT THESIS:**

#### **Completed**

Bradley Horton (2019)  
Mickala Ritter (2019)  
Kaitlin Wiley (2019)  
Gina Jakubowicz (2017)

### **COMMITTEE MEMBER, GRADUATE STUDENT THESIS:**

#### **Completed**

Tristen McLean (2022)  
Olivia Jones (2020)  
Spencer Romanowski (2020)  
Hannah Remington (2020)  
Malvina Shoukri (2020)

Nicholas Carlini (2019)  
Emily Rabalais (2019)  
Elizabeth Martin (2019)  
Zachary Martin (2018)  
Thomas Burke (2018)  
Erika Ivey (2018)  
Mike Melton (2017)  
Allison Steinbeck (2017)  
Rebekah Vukovich (2017)

## **SELECT SERVICE:**

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### **Department of Nutrition and Health Science, Ball State University**

Graduate Committee (2018-2022)  
Dietetic Internship Steering Committee (2016-2022)  
Salary Committee (2017-2018, 2020-2022)  
Research Funds (2019-2020)  
Nutrition Area Secretary (2016-2017)

### **College of Health, Ball State University**

Graduate Curriculum (2018-2020)  
HIPAA Privacy (2019-2020)  
Research Grants (2019)

### **Ball State University**

Advisory Council on Scholarship (2019-2022)  
Graduate Education (2017-2020)

### **External Service**

#### Editorial Board:

Journal of Renal Nutrition (2020 – Present), Renal Nutrition Forum (2017-2021)

#### Ad-hoc Peer Reviewer:

Journal of Cachexia, Sarcopenia, and Muscle; Kidney International; Kidney International Reports;  
American Journal of Kidney Disease; Nutrition Reviews; Journal of Renal Nutrition; BMC;  
International Journal of Sports Physiology and Performance; International Journal of Sports Medicine;  
Sports; Research in Sports Medicine; Journal of Medicinal Food; Nutrients; Applied Physiology,  
Nutrition, and Metabolism; Revista de Investigación Clínica; Quality of Life Research; International  
Urology and Nephrology; Renal Nutrition Forum; Nutrition in Clinical Practice

#### Other:

Guest Editor (single issue), Journal of Renal Nutrition (2021-Present)  
Organizing Committee, Global Renal Exercise Group (August 2020-Present)  
Associate Council of the International Society of Renal Nutrition and Metabolism (ISRNM)  
(Chair-Elect May 2018 – May 2022 (extended due to COVID), Chair 2022-2024)  
Chair, Education Committee of the ISRNM (January 2021-Present)  
Co-Chair, Social Media Committee of the ISRNM (January 2021 – Present)  
Member, Patient Resource Committee of the ISRNM (January 2021 – Present)  
Member, Academy of Nutrition and Dietetics Research Network – AUGmeNt Study (2020-Present)  
ICRNM Organizing Committee (2021-2022)  
Reviewer, University of Minnesota Agricultural Experiment Station Grants (2021)  
Member, American Society of Parenteral and Enteral Nutrition Publication Review (2017-2018)

Member, American Society of Parenteral and Enteral Nutrition Abstract Review (2017-2018)

### **HONORS AND AWARDS:**

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2019, Outstanding Dietetics Educator, Indiana Academy of Nutrition and Dietetics

2019, Outstanding Tenure-Line Faculty, Department of Nutrition and Health Science, Ball State University

2017, Abstract of Distinction, International Conference on Dialysis

2015, Laura J. Huelster Award, College of Applied Health Science, University of Illinois

2014-2015, American Heart Association Predoctoral Fellowship

2013, Student Scholar of the Year, Midwest American College of Sports Medicine

2013, Benjamin H Massey Memorial Award, College of Applied Health Science, University of Illinois

2012, T.K. Cureton Physical Fitness Research Award, College of Applied Health Science, University of Illinois

### **PROFESSIONAL MEMBERSHIPS:**

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Academy of Nutrition and Dietetics

Indiana Academy of Nutrition and Dietetics

Dietetic Practice Group Renal Dietitians

American Society of Parenteral and Enteral Nutrition

National Kidney Foundation

International Society of Renal Nutrition and Metabolism

American Society of Nephrology