

## CURRICULUM VITAE

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### EDUCATION

<b>Doctor of Nursing Practice</b> Systems & Leadership Focus	Purdue University West Lafayette, IN	Summer 2024
<b>Master of Science in Nursing</b> Primary Care Pediatric Nurse Practitioner	Purdue University West Lafayette, IN	2020
<b>Bachelor of Science in Nursing</b>	Valparaiso University Valparaiso, IN	2013

### LICENSES AND CERTIFICATIONS

<b>Advanced Practice Registered Nurse</b> Indiana Professional Licensing Agency (Prescriptive Authority/CSR) #71013140A #71013140B Illinois Department of Financial and Professional Regulation #209.022266 DEA Registration	10/03/22-10/31/25 10/03/22-10/31/25 10/20/20-05/31/24 02/01/23-08/31/25
<b>Professional Registered Nurse</b> Indiana Professional Licensing Agency #28222970A Illinois Department of Financial and Professional Regulation #041.412336	06/12/15-10/31/25 07/23/13-05/31/24
<b>Certified Pediatric Nurse Practitioner-Primary Care</b> Pediatric Nursing Certification Board #202017304	06/18/20-02/28/25
<b>Registered Nurse Certified-Neonatal Intensive Care</b> The National Certification Corporation #104198717	07/22-09/25
<b>International Board Certified Lactation Consultant</b> International Board of Lactation Consultant Examiners #L-307669	07/22-12/27
<b>Certified Lactation Counselor</b> Academy of Lactation Policy and Practice #ALPP-308098	06/15/18-06/30/24

## ACADEMIC EXPERIENCE

### **Purdue University School of Nursing (Fall 2021-Present)**

#### ***Clinical Assistant Professor***

Contribute as a SoN committee member: Undergraduate Curriculum Committee, SoN AACN Undergraduate Essentials Superuser group, and SoN Undergraduate Student Affairs Committee. Implement evidence-based pedagogy in didactic and clinical settings guided by principles of IMPACT fellowship.

Instruct undergraduate and graduate nursing courses as indicated in the table below.

<b>Term</b>	<b>Course</b>	<b>Cr.</b>	<b>Format</b>	<b>Role</b>	<b>Enrollment</b>
Sp24	NUR 611 Care of the Young Family	3	Asynchronous didactic	Team instructor (33%)	9
Sp24	NUR 553 Chronic Illness: Pediatric Health Preceptorship	3	Clinical & seminar	Team instructor (50%)	4
Sp24	NUR 503 Advanced Health Assessment	3	Synchronous Lab	PNP instructor (11 students)	25
Sp24	NUR 315 Nursing Care of the Childbearing Family	2.5	Synchronous Didactic	Team instructor (50%)	91
F23	NUR 529 Acute Illness: Pediatric Health Preceptorship	3	Clinical & seminar	Team instructor (50%)	4
F23	NUR 315 Nursing Care of the Childbearing Family	2.5	Synchronous Didactic	Team Instructor (33%)	79
F23	NUR 315 Nursing Care of the Childbearing Family	2.5	Clinical		8
Sp23	NUR 315 Nursing Care of the Childbearing Family	2.5	Synchronous Didactic	Team Instructor (50%)	79
Sp23	NUR 315 Nursing Care of the Childbearing Family	2.5	Clinical		7
F22	NUR 315 Nursing Care of the Childbearing Family	2.5	Synchronous Didactic	Team Instructor (50%)	69
F22	NUR 315 Nursing Care of the Childbearing Family	2.5	Clinical		Section 1: 6
Sp22	NUR 315 Nursing Care of the Childbearing Family	2.5	Synchronous Didactic	Team Instructor (50%)	70

Sp22	NUR 315 Nursing Care of the Childbearing Family	2.5	Clinical		Section 1: 6 Section 2: 6
F21	NUR 315 Nursing Care of the Childbearing Family	2.5	Clinical		Section 1: 5 Section 2: 5

**Instructional Connections, LLC (January 2021-August 2021)**

***Contracted Academic Coach for Online MSN Courses***

Supported university faculty and students with MSN online course delivery.

Navigated course content, grading, and discussions via Learning Management System.

Responded to all student, faculty, and corporation emails within 24 hours.

Monitored and graded students' open-ended assignments within 72 hours.

Facilitated asynchronous discussions according to faculty direction.

Assisted students and faculty with routine technology needs or referred to appropriate resource.

Escalated concerns related to student comprehension, conduct, or emergencies.

**Purdue University College of Health and Human Sciences (2019)**

***Guest Lecturer for HDFS 325: Health and Healthcare for Children and Families***

Lectured on family-centered care and school/community resources.

Supervising Faculty of Record: Dr. Azza H. Ahmed.

**Valparaiso University College of Nursing and Health Professions (2018)**

***Preceptor of Senior BSN Student for 120-Hour Practicum***

Community Hospital, Munster, IN

Level III Neonatal Intensive Care

POSTERS

Ema, L. (2022, November 3). *Working Parents' Lived Experiences of Employer Support for Continued Breastfeeding Upon Return to Work*. College of Health and Human Sciences Fall Poster Session, West Lafayette, IN (Poster Presentation).

PROFESSIONAL ORGANIZATIONS

National Association of Pediatric Nurse Practitioners	Indiana Chapter Breastfeeding Special Interest Group	2019-present 2020-present
National League for Nursing	Purdue University membership	2022-present
Sigma Theta Tau International	Zeta Epsilon Chapter Delta Omicron Chapter	2012-present 2022-present

COMMUNITY ENGAGEMENT

Indiana Department of Health	Tippecanoe County Case Review Team West Central IN Community Action Team	2022-present 2022-2023
Indiana Perinatal Quality Improvement Collaborative	Infant Well-Being Task Force Breastfeeding Subcommittee	2022-2023 2022-2023

## SPECIALIZED TRAINING

Purdue University IMPACT Fellow	2023
Indiana Department of Health Infant and Fetal Mortality Prevention and Bereavement Training	2023
NHSA Equity Learning Series AIM Training	2022
Certificate of Practice in College Teaching	2022
Certificate of Foundations in College Teaching	2021
Brazelton Touchpoints Individual Training	2019
IHI Basic Certificate in Quality & Safety	2019
S.T.A.B.L.E. Individual Training	2017-present
BLS Provider	2007-present

## CLINICAL EMPLOYMENT

### **One to One Health at Purdue Center for Healthy Living (2022-present)**

#### ***Primary Care Pediatric Nurse Practitioner and Lactation Consultant***

Provide comprehensive pediatric primary care, including wellness checks, acute visits, chronic visits, and anticipatory guidance.

Order medications and diagnostics as warranted per pediatric patient condition.

Assess, counsel, and monitor lactating patients prenatally, postpartum, and for the length of the breastfeeding journey.

Assess and monitor breastfed, formula fed, and mixed fed pediatric patients.

### **Community Hospital, Munster, IN (2016-2021)**

#### ***Level III Neonatal Intensive Care: Staff Registered Nurse, Preceptor***

Provided complete bedside care for premature and/or ill neonates in intensive care setting.

Administered medications per physician orders.

Obtained laboratory blood specimens via capillary heel stick, arterial stick, or central line

Assisted providers with bedside intubation, central line placement, and lumbar puncture.

Incorporated caregivers in physical care of neonate.

Educated caregivers about hospital plan of care and safe care of infant at discharge.

Provided lactation counseling for breastfeeding mothers.

Oriented newly-hired staff nurses to neonatal care and to unit practices.

### **St. Mary Medical Center, Hobart, IN (2015-2016)**

#### ***5W Medical/Oncology Unit: Staff Registered Nurse, Charge Nurse, Preceptor***

Provided bedside care for adult medical, oncology, and hospice patients.

Performed head-to-toe assessments, administered medications per orders, and educated patients and their caregivers about plan of care for hospital and home.

Notified physicians of any change in patient status and responded to acute needs per hospital policy and physician orders.

Delegated tasks to nursing assistants as appropriate for scope of practice and followed up on

delegated tasks.

Compassionately responded to hospice patients and the needs of their families.

**DuPage Medical Group, Glen Ellyn, IL and Downers Grove, IL (2013-2015)**

***Pediatrics Primary Care Offices: Staff Registered Nurse***

Prioritized incoming pediatric triage phone calls and provided over-the-phone instructions for patients and their caregivers.

Notified patients and families regarding diagnostic testing results with additional instructions from providers, answering questions as needed.

Administered medications per doctors' orders, following medication safety guidelines.

Educated patients and caregivers about at-home care for common childhood illnesses.

Served as scribe for episodic appointments for multiple pediatricians.

**YMCA Camp MacLean, Burlington, WI (2011-2013, Seasonal)**

***Summer Camp Sessions: Assistant Health Care Manager***

Served as Assistant Health Care Manager for the camp health care system for both summer and winter camp resident camp sessions, involving approximately 100-200 campers ages 7-16 per week and 50 staff.

Collaborated with multiple registered nurses in the assessment of illnesses and injuries.

Transported and accompanied campers to the local clinic, Emergency Room, and pharmacy.

Communicated with camp staff and parents regarding health and safety concerns of campers.

Organized and maintained health histories and physicals, incident reports, daily health log, and the medication administration system.

**NURSING SERVICE**

**Partnership in Mission, Joliet, IL and Island of Samar, Philippines (Winter 2015, 2016)**

***2-Week Medical and Surgical Mission: Volunteer Registered Nurse***

Joined interdisciplinary volunteer medical team to provide free medical and surgical services in remote, underserved region of Island of Samar.

Monitored pediatric and adult patients in post-anesthesia care under harsh conditions and with limited supplies.

Advocated for efficient use of medical supplies.

Organized patient assignment to ensure smooth transitions with rapid patient turnover.

Collaborated with local translators to communicate with patients and providers.

**Valparaiso University, Valparaiso IN (Spring 2013)**

***Central America Clinical Immersion: Volunteer Nursing Student***

Participated as student in 2-week-long public health clinical immersion course in underserved areas of San Jose, Costa Rica and Ometepe Island, Nicaragua.

Interacted with patients while practicing nursing assessment skills in makeshift clinics and in patients' homes.

Collaborated with local translators to communicate with patients and providers.

## PEDIATRIC NURSE PRACTITIONER STUDENT CLINICAL EXPERIENCES

### **Indiana University Westside Pediatrics, West Lafayette, IN (Spring 2020)**

Primary Preceptor: Stacey Mels, MSN, RN, CPNP-PC

Secondary Preceptor: Elaine Budreau, MSN, RN, CPNP-PC

143 Clinical Hours of Well, Acute, and Chronic Pediatric Exams

### **Purdue University North Central Nursing Clinics (FQHC) (Summer 2019-Spring 2020)**

Family Health Clinic of Carroll County, Wolcott, IN, Monon, IN, and Delphi, IN

Preceptor: Kayla Hamstra, MSN, RN, CPNP-PC

Secondary Preceptor: Jennifer Coddington, DNP, MSN, RN, CPNP-PC

385 Clinical Hours of Well, Acute, and Chronic Pediatric Exams

### **Riley Hospital for Children Urology, Lowell, IN (Spring 2020)**

Preceptors: Rosalia Misseri, MD, and Taylor Wang, MSN, RN, CPNP-PC

7 Clinical Hours of Pre-/Post-operative and Chronic Pediatric Exams

### **Riley Hospital for Children Cardiology, Indianapolis, IN (Spring 2020)**

Preceptor: Dana Hartman, MSN, RN, CPNP-PC

4 Clinical Hours of Acute and Chronic Pediatric Exams

### **Indiana University Health Allergy & Immunology, Lafayette, IN (Spring 2020)**

Preceptor: Jay Prochnau, MD

17.5 Clinical Hours of Acute and Chronic Pediatric and Adult Exams

### **Marion County Juvenile Detention Center, Indianapolis, IN (Fall 2019)**

Preceptor: Paul Dengler, MSN, RN, CPNP-PC

16 Clinical Hours of Pediatric Intake Physicals and Sick Call Visits

### **Purdue University North Central Nursing Clinics (FQHC) (Fall 2019)**

Family Health Clinic of Carroll County, Burlington, IN

Preceptor: Julie Langston, MSN, RN, WHNP

8 Clinical Hours of OB/Gynecologic Well and Acute Exams

### **Cornerstone Autism Center, Lafayette, IN (Summer 2019)**

Contact: Tory Mowery

16 Observation Hours of 1:1 Pediatric ABA Therapy

### **Purdue University Athlete Life Success Program, Lafayette, IN (Spring 2019)**

Preceptor: Mallori Walker, MSN, RN, CPNP-PC

16 Clinical Hours of Pediatric Pre-participation Sports Physicals

### **Purdue University, West Lafayette, IN (Spring 2019)**

Lauren M. Ema, MSN, APRN, CPNP-PC, RNC-NIC, IBCLC, CLC

Preceptor: Mallori Walker, MSN, RN, CPNP-PC  
25 Hours of Clinical Skill Practice in Purdue University Assessment Lab

### STUDENT QUALITY IMPROVEMENT EXPERIENCE

#### **QI Initiative: Increasing Registration to Patient Portal (2019)**

Purdue University North Central Nursing Clinics  
Family Health Clinic of Carroll County

### STUDENT AWARDS

#### **Advanced Nursing Education Workforce Traineeship (2019)**

Purdue University College of Nursing traineeship supported by grant from U.S. Human Resources and Services Administration for full-time graduate nursing students interested in working with underserved populations.

#### **Linda Rohrman Scholarship (2019)**

Purdue College of Nursing scholarship awarded to pediatric nurse practitioner students interested in pediatric mental health.