

# Dr. RACHEL L. TIEFEL, DNP, FNP-BC, RNC-OB

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## Nurse Leader with Experience in Acute Care with a Special Interest in Education and Research

I am a results-driven nursing leader in the healthcare industry with over eight years of clinical experience in an acute hospital setting. I achieved a 3.94 GPA while obtaining my Doctorate of Nursing Practice at Marian University of Indianapolis (CCNE accredited) and working full time weekend option nights at Witham Hospital in Lebanon, Indiana. I have a great interest improving healthcare quality and patient safety, as well as, leading efficiencies in nursing practice. I graduated in August 2019 and passed the ANCC exam for my FNP-BC certification.

### APRN Clinical Experience include:

- Hospitalist at Logansport Memorial
  - Hospitalists with St. Vincent AIMS group
  - Med-Surg / ICU
  - Pediatric ENT
  - Pelvic Health Clinic
  - Menopause Clinic
  - Bone Health Clinic
  - Midwifery Care
  - Primary Care clinics with various populations with diverse health conditions.
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## PROFESSIONAL EXPERIENCE

### NURSE EDUCATOR AND ADVANCED PRACTICE PROVIDER

#### Clinical Assistant Professor

Purdue University – West Lafayette, IN, July 2020 – Present

Responsibilities include using evidence-based approaches to teach in Purdue's undergraduate nursing program, contributing to curriculum development and revision, participating in scholarly work related to clinical practice and teaching, and participating in professional and community service and clinical practice. Specializing in Obstetrics and Women's Health.

#### Hospitalist

Logansport Memorial Hospital – Logansport, IN, January 2020 – Present (PRN Status Aug 2020)

I provide direct high quality inpatient care which includes: timely coordinating admissions and discharge planning, accurately chart patient histories, provide routine physical examinations, ordering tests while eliminating unnecessary tests, evaluating diagnostic/therapeutic treatment outcomes, order medications, and provide EKG evaluation. On average, I round on 15 patients per shift in adult patient census.

## REGISTERED NURSE

#### Labor & Delivery/Postpartum Nurse

Witham Health Services – Lebanon, IN, May 2016 – February 2020/November 2021-Present

St. Vincent Hospital – Frankfort, IN, Dec 2015 – May 2016

I provide support and education for women during and after delivery. I monitor fetal heart rate, mother's vital signs, measure the strength and timing of contractions, and administer medications and perform diagnostic tests. I also assist the physician in the operating room with C-sections and provide care for the baby postpartum. Experienced in neonatal resuscitation and delivery of infants without a physician present.

#### Notable Accomplishments:

- ESC model piloted for NAS scoring. This consisted of educating providers, nurses, and staff through presentations on the evidence-based method of Eat, Sleep and Console to manage and assess infants exhibiting withdrawal.

### **Primary Care Nurse**

Witham Health Services – Lebanon, IN, Dec 2014 – Dec 2015

I initiated patient education plans, by explaining: post-treatment home care needs, diet/nutrition/exercise programs, self-administration of medication and rehabilitation, as well as send referrals to other healthcare professionals for follow-up treatment as prescribed by attending physician. Complete Prior Authorization for new medications. Intake patients and assess and provide immediate interventions when necessary.

### **Emergency Department Nurse**

Witham Health Services – Lebanon, IN, Jun 2014 – Dec 2014, PRN Dec 2014 – Dec 2015

I performed triage and managed basic life support needs to stabilize patients until the attending physician was available, based upon nursing standards and protocol. I prepared and administered prescribed medications to patients (orally, IM, and IV). I reported any adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse. Experienced with ACLS, PALS and NRP protocols and comfortable initiating before a physician is present.

### **Notable Accomplishments:**

- Performed a gap analysis for the Director of Witham's Emergency Department for the hospital on stroke certification.

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## **EDUCATION & LICENSURE CREDENTIALS**

**Doctor of Nursing Practice (DNP) (FNP)** – Marian University, Indianapolis, IN – 2019

(CCNE Accredited) current GPA 3.94

**Bachelor of Science in Nursing** – Marian University, Indianapolis, IN – 2014

(CCNE Accredited) GPA 3.68 – Magna Cum Laude Recipient

**Bachelor of Science in Criminology**– Indiana State University, Indianapolis, IN – 2006

GPA 3.51 – Cum Laude Recipient

**APRN Prescriptive Authority Licensure** – State of Indiana License #71009801A Exp. 10/2021

**CSR Prescriptive Authority Licensure** – State of Indiana License #71009801B Exp. 10/2021

**Registered Nursing Licensure** – State of Indiana License #28215614A Exp. 10/2021

**DEA Licensure** – (Active) Exp. 10/2022

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## **CERTIFICATIONS, SKILLS, & AWARDS**

- **FNP-BC (ANCC Certification) #2019059225 – Exp. 10/2/2024**
- **Graduated “Top of the Class” Marian University DNP Program 2019 3.94 GPA**
- Recipient of the Daisy Nomination by Witham Health Chief Nursing Officer (2019)
- **Marian University Florence Nightingale Society Award for Nursing Research (2014)** This award was based on a presentation about the importance of Evidence Based Practice Education for RNs.
- Graduated top 10% (Magna Cum Laude) 2014
- BLS certification – Exp. 02/2024
- NIHSS certification – Exp. 05/2024
- ACLS certifications – Exp. 02/2024
- PALS certifications – Exp. 08/2023
- NRP certifications – Exp. 1/2023