

# **Lindsey Becker, MSN, FNP-BC**

---

## **Contact Information**

765-586-1133  
[lmbecker@purdue.edu](mailto:lmbecker@purdue.edu)

## **Residence**

5407 Hillside Lane  
West Lafayette, IN 47906

## **Education**

Post-Masters of Science Certification (2020)  
Psychiatric Mental Health Nurse Practitioner  
Purdue University, West Lafayette, IN

Masters of Science in Nursing (2016)  
Advanced Practice Nursing, Family Nurse Practitioner  
University of California, Los Angeles

Bachelors of Science in Nursing (2011)  
Minor in Spanish  
Purdue University, West Lafayette, IN

## **Licenses & Certifications**

Registered Nurse, State of Indiana  
Board Certified Family Nurse Practitioner, State of California  
Board Certified Psychiatric Mental Health Nurse Practitioner, State of Indiana

## **Professional Experience**

**2020 – present      Valley Oaks Health**

### **Psychiatric Mental Health Nurse Practitioner**

Practice as a PMHNP, providing psychiatric care to the homeless population of Lafayette. Conducting psychiatric intake assessments, developing individualized, patient-centered plans of care, prescribing medications, ordering and interpreting labs/diagnostics, implementing evidence based treatment, counseling and educating patients, providing preventative care and health promotion.

**2018 – present      Purdue University, School of Nursing**

### **Continuing Lecturer**

Teaching undergraduate nursing students in the area of Mental Health/Psychiatric nursing through theory lecture and clinical instruction in the hospital setting.

2017-2018

UCLA Health System, Resnick Neuropsychiatric Hospital

**Nurse Specialist – Adult Psychiatric Services**

Demonstrates advanced knowledge in psychiatric nursing practice and assumes the roles of practitioner, educator, consultant, and researcher.

**Practitioner:**

- Establishes, monitors and evaluates clinical protocols, standards of care, practice guidelines, policies and procedures within clinical specialty.
- Implements house-wide/system-wide initiatives using research and evidence-based practice that improves patient outcomes and quality of care for patient populations.
- Manages specialty populations with disease states and non-disease based etiologies to improve and to promote health care outcomes.
- Uses advance theoretical and empirical knowledge of physiology, pathophysiology, pharmacology, and health assessment within clinical specialty for plan of care.
- Evaluates, selects and uses technology, products, and devices appropriate to the specialty area of practice.
- Leads nursing and multidisciplinary groups on implementing innovative patient care programs that address patient care issues across the continuum of care.
- Uses systems and change theory to identify the most effective interventions in achieving quality, service, and cost-effective patient care outcomes.
- Uses nursing therapeutics, in combination with medical therapeutics, where appropriate that result in synergistic patient outcomes.
- Oversees clinical performance of clinical staff and resolves clinical practice issues affecting patient care.

**Educator:**

- Assesses and meets the learning needs, devises individual teaching plans and provides direct education for specific patient populations/families.
- Develops and implements formal and informal education programs and unit-specific orientation programs to meet needs of nursing staff. Mentor new orientees and assures competencies.
- Modifies educational programs based on program evaluations, advances in nursing practice and technology.
- Collaborates with clinical and administrative colleagues for the development and implementation of joint educational projects to meet identified nursing needs.
- Identifies and communicates learning opportunities available to unit-level staff within the hospital and community.
- Evaluates changes in clinical performance based on educational programs.

- Educates multidisciplinary team members in protocols and standards of care related to patient population and unit.
- Establishes clinical competencies of nursing staff through educational programs and evaluation processes.
- Functions as clinical preceptor for undergraduate and graduate students from affiliating schools of nursing.
- Assumes responsibility for major program initiatives such as new practice protocols or new house-wide/system-wide programs independently or collaboratively.
- Develops, implements and evaluates specialty and house-wide/system-wide patient education programs,
- Designs and implements major community outreach educational activities.
- Establishes and implements appropriate evaluation tools and methodologies to identify needs or gaps in knowledge, skills, and competencies of nursing personnel to advance the practice of nursing.
- Assesses, develops and implements effective staff development programs that target the needs of staff to further patient care and nursing practice across the UCLA Healthcare System.
- Facilitates staff in developing innovative and/or cost-effective patient programs of care.

**Consultant:**

- Assesses and meets consultation needs of patients, families, and staff.
- Provides specialized knowledge and skill to assist staff with management of difficult patient/family problems.
- Provides consultation on patient care issues and clinical recommendations of care to nursing staff across the UCLA Healthcare System.
- Utilizes multidisciplinary consultants based upon assessed patient needs.
- Monitors and evaluates the implementation of consultants' clinical recommendations/interventions.
- Represents Department of Nursing on hospital-wide/system-wide committees.
- Provides consultation to community/other health agencies relevant to specialty area.
- Consults on clinical practice issues with physicians, other health care providers, insurance companies, patients and health care organizations.

**Researcher:**

- Uses research and evidence-based practice recommendations in performance improvement processes to improve clinical practice.
- Uses research-based knowledge and direct participation in research, clinical inquiry projects or research utilization methods to discover and implement innovation in patient care.

- Uses research findings that directly impact nursing practice and measurement and evaluation methodologies to assess outcomes.
- Interprets, disseminates and utilizes nursing research findings in clinical practice.
- Disseminates data through local, regional and national presentations and publications related to specialty area of practice.
- Identifies researchable patient problems or needs to clinical inquiry projects to identify and describe patient provides including etiologies of problems, needs for interventions, outcomes of current practice and cost.
- Participates in research utilization and research conduct activities in consultation with the Nursing Center of Excellence and other disciplines.

**2016-2017      Veterans Affairs Health System of Greater Los Angeles, CA**

**Center of Excellence Interprofessional Academic Homeless Patient Aligned Care Team, Family Nurse Practitioner Resident**

The Advance Practice Nurse (Nurse Practitioner Resident) will be aligned to the Homeless Patient Aligned Care Team. The Mid-Level provider utilizes critical thinking in the application of advanced clinical health care knowledge and skills in performing the duties listed below.

- Records data from clinic visit, including chief complaints, active problems, medications, physical findings and results of diagnostic tests.
- Formulates assessment and plan according to accepted protocols, treatment plans or attending physician's treatment protocols, treatment plans or recommendations.
- Prescribes medications according to outpatient formulary.
- Orders lab and non-invasive diagnostic and preventative screening tests as indicated.
- Refers patients to other services of subspecialty clinics as indicated, including nutritional counseling.
- Authorizes special transportation as needed for patients' follow-up appointments as indicated.
- Performs and records history and physical examinations.
- Counsels patients on smoking cessation.
- Administers or orders appropriate immunizations.
- Provides patient education of medical conditions, preventive measures and prescribed treatments.
- Performs lab review, identifying abnormalities according to established guidelines.
- Group Development

- Chronic Pain Management in Homeless Veterans
- Beyond Alcohol
- Stress Management

**2013-2016     UCLA Health System, Resnick Neuropsychiatric Hospital**

**Clinical Nurse II**

The clinical nurse is a professional Registered Nurse who assumes responsibility and accountability for Adult psychiatric patients for a designated time frame and provides care to these patients using the nursing process in accordance with the standards of professional nursing practice. The clinical nurse performs in the professional role as described by the American Nurses Association (ANA); engaging in activities related to ethics, education, evidence-based practice and research, quality improvement, leadership, collaboration, professional practice evaluation, resources utilization, environmental health, and patient advocacy as appropriate to clinical nursing practice.

**2011-2012     River Bend Hospital, West Lafayette, IN**

**Charge Nurse**

**Professional Memberships & Trainings**

|                                        |              |
|----------------------------------------|--------------|
| American Psychiatric Nurse Association | Presently    |
| American Nurses Association            | Presently    |
| Indiana Nurses Association             | Presently    |
| Leading an Empowered Organization      | October 2017 |

**International**

2019 – present Program Leader for Study Abroad, Dublin, Ireland

2015    APRN Study Abroad Trip to Havana, Cuba  
        ○ Educational immersion into Cuba's healthcare system

2010    Study Abroad Trip to Madrid, Spain

2009    Nursing Study Abroad Trip to Ecuador  
        ○ Educational immersion into Ecuador's healthcare system

**Poster Presenter/Lecturer**

2017 UCLA School of Nursing, Undergraduate BSN Program  
Guest Lecturer: N161 Psychiatric Mental Health Nursing, Psychopharmacology

## **LINDSEY BECKER**

---

2017 UCLA School of Nursing, Graduate MSN Program

Guest Lecturer: N240 Underserved Populations, Chronic Mental Illness/Trauma Informed Care

2017 Society of Teachers of Family Medicine, San Diego, California

Poster Presenter: Evaluation of Homeless Patient Aligned Care Teams (HPACT) Communication Tool to Improve Coordination of Care,

2017 Veterans Affairs Health System of Greater Los Angeles, CA

Poster Presenter: Evaluation of Homeless Patient Aligned Care Teams (HPACT) Communication Tool to Improve Coordination of Care

### **Awards**

2022                      Level II Excellence in Clinical Instruction