

# Melissa King

## MSN, RN, CPNP-PC, PMHS



melissa.a.king@hotmail.com  
317-656-7082

<https://www.linkedin.com/in/melissa-king-cnp/>  
<https://hhs.purdue.edu/directory/melissa-king/>

### Professional Profile

I am a primary care Pediatric Nurse Practitioner (CPNP-PC) with extensive experience and specialization in the areas of child development, behavioral, and mental health. I value providing evidence based care with a great deal of compassion, and utilize the model of shared decision making wherever possible. I am passionate, diligent, and eager learn new skills and expand my areas of expertise.

### Work Experience

#### Continuing Lecturer | Purdue University, West Lafayette

August 2021 to Present

- Nursing 318, Psychiatric Mental Health Nursing - Clinical Instructor
- Nursing 318, Psychiatric Mental Health Nursing – Course Co-coordinator
- Nursing 319, Integration Seminar – Course Instructor
- Member, Undergraduate Admissions Committee
- Clinical Instruction responsibilities include education of undergraduate nursing students in appropriate theory and practical skills to implement the nursing process in patients with alterations in mental wellness, as well as supervision and evaluation of students in their interaction with patients. Additionally, this includes implementation of syllabus, assigned homework and grading and evaluation of that homework.
- Lecture responsibilities include intermittently presenting theoretical material pertinent to appropriate care of patients with alterations in mental wellness. Material is provided but expounded upon via use of interactive methods, multimedia presentations, as well as traditional lecture.
- Responsibilities for 319 include implementation of assigned syllabus and curriculum, assisting students with concerns during this online seminar, grading work and helping students understand areas for improvement in their understanding of the overlap of physical and mental health.

### Education History

#### Masters of Science in Nursing

Purdue University, West Lafayette

Graduated May 2013

- *Masters Capstone: "Social Marketing's Impact on Physical Activity in School-Aged Children: A Review of the Literature"*
- *Graduate GPA 3.8/4.0*

#### Bachelors of Science in Nursing

Purdue University, West Lafayette

Graduated May 2011

- *Undergraduate GPA 3.58/4.0*

### Licensure and Certification

- Registered Nurse, Indiana 28197860A
- APN Prescriptive Authority, Indiana 71004462A
- CSR Prescriptive Authority, Indiana 71004462B
- DEA License MK2919326
- Certified Pediatric Nurse Practitioner, PNCB 06/2013-current
- Primary Mental Health Specialist, PNCB 01/2014-current

### Professional Skills and Interests

- *Special interest and focus on children with developmental and autism-spectrum disorders*
- *Complex developmental trauma and its role in lifespan mental health*
- *Therapeutic listening and high-quality Communication*
- *Parenting skills and education, from a respectful parenting framework*
- *Evidence based Pharmacologic Management of Developmental, Behavioral, and Mental health challenges in children and adolescents (Ages 3-18)*
- *Education of nurses, undergraduate and graduate level*

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## Work Experience

### Nurse Practitioner | Valley Oaks Health, Lafayette, IN

*November 2016 to August 2021*

- Assess and diagnose youth aged 4 to 18 with behavioral, developmental, and emotional difficulties based on ICD-10 and DSM-V criteria, including trauma disorders, mood disorders, disorders of attention, developmental disorders, anxiety disorders and psychotic disorders
- Provide evidenced based psychopharmacotherapy as appropriate
- Monitor for medication complications, response, and obtain and interpret necessary lab values as dictated by pharmacologic agents to monitor long term effects (including metabolic labs and assessing for drug toxicity when appropriate)
- Educate families and patients regarding behavioral management and parenting techniques based on current research, from a respectful parenting framework
- Refer to therapists, behavioral specialists, and other adjunctive treatment as appropriate.
- Coordinate care with other professions as needed, including schools and legal agencies.
- Work extensively with families with low health literacy, low educational status, parental mental health issues and other barriers to treatment
- Contract work with the Department of Child Services and Juvenile probation.
- Precept graduate level nursing students from Purdue University's PMHNP and Pediatric NP program

### Nurse Practitioner | Neurodevelopment and Genetics Clinic

**Peyton Manning Childrens' Hospital, Indianapolis, IN**

*November 2014 to November 2016*

- Follow up with families dealing with recent and historical diagnoses of genetic disorders of all varieties including Down Syndrome, disorders of sex chromosomes, microdeletion and -duplication syndromes, and connective tissue disorders
- Order and interpret lab and imaging studies based on current evidence based guidelines to ensure early detection of complications. Refer to other specialties including gastroenterology, cardiology, neurology, and neuropsychology, and coordinate care
- Provide psychopharmacologic management to patients with behavioral or mental health concerns, including those with concurrent diagnoses of genetic and/or developmental disorder (such as autism)
- Provide limited inpatient support and consultation to patients with genetic disorders hospitalized within Peyton Manning Children's Hospital
- Initiate and manage outpatient intravenous infusions for treatment of genetic disorders.
- Provide support and follow up to the NICU/Prematurity clinic population. Provide interpretation of developmental testing done in office, refer as appropriate to early intervention services
- Provide support and medical management to patients with failure to thrive, those with known genetic etiology and also idiopathic cases as seen in office.
- Attend inter-departmental meetings and provide updates and case coordination as appropriate (for example, craniofacial team meetings)

## Professional Presentation

**27th Annual Conference, Indiana chapter of National Association of Pediatric Nurse Practitioners**

*October 2022*

**"Depression and Anxiety in the Child and Adolescent"**

- Identifying and Diagnosing depression and anxiety
- Screening tools for mental health
- Pharmacotherapeutic management including SSRIs and SNRIs