

Curriculum Vitae
Cezanne Elias, Ph.D.

Department of Human Development and Family Science
Purdue University

Education

- 2010 Ph.D. Child Development and Family Studies, Specialization in Marriage and Family Therapy, Purdue University, West Lafayette, IN
- 2005 M.S. Child Development and Family Studies, Specialization in Marriage and Family Therapy, Purdue Northwest, Hammond, IN
- 2002 B.S. Human and Community Development, University of California Davis, Davis, CA

Academic Appointments

- 2024-Current Clinical Associate Professor, Department of Human Development and Family Science, Purdue University
- 2018-2024 Clinical Associate Professor, Department of Human Development and Family Science, Purdue University
- 2011-2018 Visiting Assistant Professor, Department of Human Development and Family Science, Purdue University
- 2011-2018 Consulting Therapist for Counseling Psychological Services, Purdue Student Health Center, Purdue University
- 2011 Limited Term Lecturer, Department of Counseling and Graduate Education, Purdue University Fort Wayne

Industry Positions

- 2022-Present Marriage and Family Therapist, Clear Step Counseling LLC, Lafayette, IN
- 2011-2021 Marriage and Family Therapist, Alpine Clinic, Lafayette, IN
- 2009-2011 Executive Director, Children's Cancer Fund of New Mexico, Albuquerque, NM

Honors and Awards

- 2024 Scholarship of Teaching and Learning Fellowship, Purdue University
- 2023 Human Development and Family Science Faculty Outstanding Teaching Award
- 2022 Office of Engagement Service-Learning Fellowship, Purdue University
- 2021 Jane S Link Outstanding Teaching Award, College of Health and Human Sciences, Purdue University
- 2021 Award for Exceptional Teaching and Instructional Support during the COVID-19 Pandemic, Digital Instruction Committee, Purdue University
- 2021 Corps of Engagement Award for Families Tackling Tough Times Together Program, Steering Committee Member, Purdue University
- 2021 Faculty Engagement Award for Families Tackling Tough Times Together Program, Steering Committee Member, College of Health and Human Sciences, Purdue University
- 2020 Teaching Leadership Award, Purdue University
- 2019 IMPACT Faculty Fellow, Purdue University
- 2019 Teaching for Tomorrow Junior Fellow, Purdue University
- 2005 Indiana Association of Marriage and Family Therapy Research Award for Master's Thesis
- 2004 Purdue University Calumet Graduate Student Research Award for Master's Thesis

Teaching and Supervision

2011-Present	HDFS 455: Capstone Experience in HDFS, Purdue University (Hybrid Teaching Format)
2011- Present	HDFS 454 Career Assessment and Professional Development, Purdue University
2013 - Present	HDFS 330: Sexuality and Family Life, Purdue University (Face to Face and Online Teaching Formats)
2018- Present	HDFS 100: Orientation to Current Issues in HDFS
2018- Present	HDFS 4303: HDFS Student Mentors, PurduUniversity
2022	HDFS 331: Skills for Helping Professionals
2020, 2016	HDFS 280: Diversity in Individual and Family Life, Purdue University (Hybrid Teaching Format)
2019	HDFS 201: Introduction to Family Processes, Purdue University (Online)
2014	HDFS 313: Adolescent Development, Purdue University
2013- 2018	HDFS 346: Research Design and Program Evaluation, Purdue University
2011	G590MFT Outcome Research in Marriage and Family Therapy, Indiana University- Purdue University Fort Wayne, Fort Wayne, IN
2005-2006	CDFS 255 Marriage and Family Relationships, Purdue University
2004-2005	CDFS 210 Introduction to Human Development, Purdue University Calumet 2003 Teaching Assistant, CDFS 205 Family Dynamics, Purdue University Calumet 1999-
2001	Teaching Assistant, HDR 140 L Laboratory in Early Childhood, University of California, Davis

Publications

Peer-Reviewed

- Rosenberg, C., **Elias, C. M.**, Ruiz, Y., Toombs, A., Lee, S., Marceau, K., MacDermid Wadsworth, S., Kimiecik, C., Millspaugh, L., Cloutier, C., Rutherford, L., Che, L., & McCormick, C. Community Members as design Partners: Results from families tackling tough times together program co-design workshops. *Family Relations*. DOI: 10.1111/fare.13072
- Marceau, K. Kimiecik, C. Ruiz, Y., McCormick, C., Toombs, A., **Elias, C.**, Lalani, N., & MacDermid Wadsworth, S. (2022). Families Together: Supporting Family Resilience during the COVID-19 Pandemic. *Family Relations*. DOI: 10.1111/fare.12781
- Dobbs-Oates, J., **Elias, C. M.**, Purcell, M.L., & Watkins, N.D. (2021). Experiential learning from home: The impact of COVID-19 on field-based practices. *Susan Bulkeley Butler Center and ADVANCE Purdue Center for Faculty Success Working Paper Series. Navigating Careers in the Academy: Gender, Race, and Class. 3(3) Special Issue: Higher Education and COVID-19*. Volume II: 56-66.
- MacDermid Wadsworth, S., Toombs, A., Lalani, N., Ruiz, Y., Marceau, K., McCormick, C., & **Elias, C.** (2021, Winter). Supporting Family Resilience in the Context of Disasters. *NCFR Report: Bridging the Research-Practice Divide*

Ruiz, Y., MacDermid Wadsworth, S., **Elias, C. M.**, Marceau, K., Purcell, Reddick, T. R., Richards, E. A., Schlesinger-Delin, E. (2020). Ultra-rapid development and deployment of a family resilience program during the COVID-19 pandemic; Lessons learned from Families Tackling Tough Times Together. *Journal of Military, Veteran and Family Health*. doi: 10.3138/jmvfh-CO19-013

Shields, C. G., Griggs, J. J., Fiscella, K., **Elias, C. M.**, Christ, S. L., Colbert, J., . . . Epstein R. M. (2019). The influence of patient race and activation on pain management in advanced lung cancer: The social and behavioral influences (SBI) study. *Journal of General Internal Medicine*, 34, 435-442. Impact Factor: 4.001

Elias, C. M., Shields, C. G., Griggs, J. J., Fiscella, K., Christ, S. L., Colbert, J., . . . & Epstein, R. (2017). The Social and Behavioral Influences (SBI) Study: Study design and rationale for studying the effects of race and activation on cancer pain management. *BMC Cancer*, 17, 1-11. doi:10.1186/s12885-017-3564-2

Shields, C. G., Finley, M. A., **Elias, C. M.**, Coker, C. J., Griggs, J. J., Fiscella, K., & Epstein, R. M. (2013). Pain assessment: The roles of physician certainty and curiosity. *Health Communication* 28, 740- 746. doi:10.1080/10410236.2012.715380

Karam, E. A., Clymer, S. R., **Elias, C.**, & Calahan, C. (2014). Together face-to-face or alone at your own pace: Comparing traditional vs. blended learning formats in couple & family relationship coursework. *Journal of Instructional Psychology*, 41, 85-93.

Book Chapters

Elias, C. M. (2019). Cloe Madanes. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.

Elias, C. M. (2019). *Paul Watzlawick*. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.

Elias, C. M. (2019). John Weakland. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.

Elias, C. M. (2019). Donald Jackson. In J. L. Lebow, A. L. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Cham: Springer International Publishing.

Elias, C. M., & Jameyfield, L. (2006). "How Does Your Garden Grow?" In Hertlein, Katherine M. and Viers, Dawn (eds.) *The couple and family therapist's notebook: Homework, handouts, and activities for use in psychotherapy*. New York: The Haworth Press, Inc.

Professional Presentations

Peer-Reviewed

- Elias, C.M.** & Quichocho, D. (2024, November). *Turning words into opportunities: Maximizing career development with a cover letter guidebook for emerging family science professionals*. Round Table, National Council on Family Relations Conference, Bellevue, WA.
- Elias, C. M., Rosenberger, C., Lee, S., Marceau, K., Toombs, A., Ruiz, Y., McCormick, C., & MacDermid Wadsworth, S. (2024, November). Families tackling tough times together: Building family resilience programming. Round Table, National Council on Family Relations Conference, Bellevue, WA.
- Watkins, N. D., & **Elias, C. M.** (2023, September). *Preparing students for a future without grades*. Workshop, National Society for Experiential Education, Orlando, Florida.
- Rosenberger C., **Elias, C. M.**, Toombs, M., Ruiz, Y., Marceau, K., MacDermid Wadsworth, S., Kimiecik, C., Lee L., Rutherford, L., Millspaugh, L. Che, L., Cloutier, C., McCormick C. (2023, March). *Community partners' perspectives on the families tackling tough times together program: A co-design workshop*. Poster Presentation, Society for Research in Child Development, Salt Lake City, Utah.
- Rosenberger, C., **Elias, C. M.**, Toombs, M., Ruiz Y., Marceau, K., MacDermid Wadsworth, S., Kimiecik, C., Lee, L., Rutherford, L., Millspaugh, L. Che, L., Cloutier, C., McCormick, C. (2022, November). *Community members as design partners: Results from co-design workshops of the families tackling tough times together program*. Poster Presentation, HHS Fall Research Day, West Lafayette, IN.
- Elias, C. M.**, Watkins, N. D., & Dobbs-Oates, J. (2022, September). *Support writing and career development with a cover letter resource*. Workshop, National Society for Experiential Education, Salt Lake City, Utah.
- Marceau, K., Kimiecik, C., Ruiz, Y., McCormick, C., Toombs, A., **Elias, C. M.**, Lalani, N., & MacDermid Wadsworth, S. (2021, November). *Families together: How families used a program to build family resilience during the COVID-19 pandemic*. Interactive poster presented at the National Council on Family Relationship Conference.
- Lalani, N., **Elias, C. M.**, Toombs, A., Ruiz, Y., Marceau, K., McCormick, C., & MacDermid Wadsworth, S. (2021, June). *Building a large-scale, public-facing family resilience development program during a pandemic*. Presentation at the National Council on Family Relations Virtual Family Life Education Summit.

- Briggs, J., & Elias, **C. M.** (2020, April). *A systemic model for informed sexual decision-making*. Digital poster presented at the Society for Sex Therapy and Research Conference.
- Elias, C. M.**, Shields, C. G., Marshall, M., Fuzzell, L Griggs, J. J., Fiscella, K., & Epstein, R. M. (2015, October). *Prognosis discussion in end of life care: The role of physician burnout, relational attachment and gender*. Poster presented at the International Conference on Communication in Healthcare, New Orleans, LA.
- Craft, H., Shields, C. G., **Elias C. M.** (2015, July). *Pain assessment: association with physician relationship style and attitude about opioid rx*. Poster presented at the Discovery Park Cancer Prevention Internship Program, West Lafayette, IN.
- Elias, C.M.**, & Shields, C.G (2013, October). *Measuring decision-making behaviors during a medical encounter*. Presentation at the International Conference on Communication in Healthcare, Montreal. Canada.
- Shields, C. G., Griggs, J. J., & **Elias, C. M.** (2008, February). *Mental health in breast survivors: The role of family criticism and avoidance*. Poster presented at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Shields, C. G., **Elias, C. M.**, Gorevski, D., Griggs, J. J. (2008, February). *Post-traumatic growth in couple relationships*. Presentation at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Shields, C. G., Champion, V. L., Ziner, K. W., Hickey, S. A., Schilling, K., & **Elias, C.M.** (2008, February). *Patient physician interaction: A randomized pilot of a breast cancer survivor patient activation intervention*. Poster presented at the Annual Meeting of the American Psychosocial Oncology Society, Irvine, California.
- Elias, C. M.**, Shields, C. G., & Griggs, J. (2007, May). *Criticism and avoidance in couples coping with breast cancer: A dyadic model of husbands' and wives' marital satisfaction*. Poster session presented at the Midwest Oncology Nursing Symposium, West Lafayette, IN.
- Elias, C. M.**, Karam, E. A., Kim, E. Y., Sprenkle, D. H., Willerton, C. E., & Wittenborn, A. K. (2006, September). *Therapists experience of PET-C: A qualitative journey*. Poster session presented at the annual American Association for Marriage and Family Therapy Conference, Austin, TX.
- Elias, C. M.** (2005, March). *Families facing parental cancer: A study of family functioning*

and child/adolescent burden. Poster session presented at the annual Indiana Association for Marriage and Family Therapy Conference, Indianapolis, IN.

Local Presentations

Elias, C. M. (2024, April). *Addressing the needs of at-risk children and families in Indiana.* Presentation, Health and Human Science Extension Update Roundtables, Lafayette, IN.

Marceau, K. & **Elias, C. M.** (2023, December). *Families tackling tough times together: Empowering resilience in Indiana's at-risk families.* Presentation, Purdue Extension Professional Development Conference, Lafayette, IN.

Elias, C. M. (2023, April). *The human services career pathway. Helping students meet the needs of others.* Presentation at the Indiana Family and Consumer Sciences Spring Conference, Danville, IN.

Elias, C. M. (2022, February). *Let's talk about sex: The importance of sexual communication.* Presentation at Fraternity, Sorority, and Cooperative Sex Week, West Lafayette, IN.

Mashtare, M., **Elias, C. M.**, Putman, C., & Karcher, L. (2020, April). *Working with students to improve learning.* Presentation at the Purdue Active Learning Community of Practice (ALCoP), West Lafayette, IN.

Elias, C. M. (2020, October). *State of the State: What are the needs of the state?* Plenary panel presentation at the Battlemind to Home Summit.

Elias, C. M., & Shields, C. G. (2007, October). *How to communicate with your family about cancer.* Presentation at Camp Bluebird, Brookston, IN.

Elias, C. M. (2007, November). *Taking care of the cancer nurse.* Presentation at the Oncological Nursing Symposium, Lafayette, IN.

Vaders, L., **Elias, C. M.**, Harb, W. (2006, September). *Dealing with the diagnosis of cancer.* Presentation at Horizon Oncology Cancer Forum, Lafayette, IN.

Grants

Learning Transformation Grants

Agency: Purdue Center for Instructional Excellence

Title of Grant: Scholarship of Teaching and Learning

Date of Funding: Summer 2024

Total Amount of Award: \$2,000

Role: PI

Agency: Purdue Office of Experiential Education

Title of Grant: Experiential Education Program Development Grant

Date of Funding: Spring 2024

Total Amount of Award: \$5,000

Role: Co-PI

Agency: Purdue Office of Engagement

Title of Grant: Service-Learning Fellowship

Date of Funding: Spring 2022

Total Amount of Award: \$3,000

Role: PI

Agency: Purdue College and Health and Human Sciences

Title of Grant: Wayne and Helen Townsend Writing Excellence Grant

Date of Funding: Spring 2021

Total Amount of Award: \$3,000

Role: Co-PI

Agency: Center for Instructional Excellence (CIE) Title of Grant: Teaching Leadership Award

Date of Funding: Fall 2020 - Spring 2021

Total Amount of Award: \$1,500

Role: PI

Agency: Center for Instructional Excellence (CIE)

Title of Grant: IMPACT Fellow

Date of Funding: Fall 2019 - Spring 2020

Total amount of award: \$10,000

Role: PI

Agency: Center for Instructional Excellence (CIE)

Title of Grant: Teaching for Tomorrow Junior Fellow

Date of Funding: Fall 2019 - Spring 2020

Total amount of award: \$2,500

Role: PI

Agency: Purdue Online
Title of Grant: Digital Education Development Award
Date of Funding: 2019
Total amount of award: \$6,000
Role: PI

Agency: Purdue Online
Title of Grant: Digital Education Development Award
Date of Funding: 2017
Total amount of award: \$6,000
Role: PI

Engagement Award Grants

Total Amount of Award: \$50,000
Agency/Title of Grant: Purdue University College of Agriculture/AgSEED Families Tackling Tough
Times Together: Empowering Family Resilience in Indiana's At-Risk Families
Date of Funding: 2022 – 2023
Role: PI

Research Grants

Total Amount of Award: \$200,00
Agency/Title of Grant: USDA/Supporting Family Resilience in the Aftermath of Disasters
Date of Funding: 2024-2026
Role: Co-PI

Agency: National Center for PTSD
Title of Grant: Help-Seeking Among Ethnic Minority Veterans Date of Funding: 2017
Total Amount of Award: \$18,956 Role: Key Personnel

Agency: National Cancer Institute
Title of Grant: Social and Behavioral Influences on Clinical Communication and Health Care Date
of Funding: 2011-2016
Total Amount of Award: \$2,557,292.00
Role: Project Manager

Clinical Experience

2022-Present Marriage and Family Therapist, Clear Step Counseling LLC, Lafayette, IN
2011-2022 Marriage and Family Therapist at Alpine Clinic, Lafayette, IN
2019-Present Mental Health First Aid Trainor
2011-Present Marriage and Family Therapist at Alpine Clinic, Lafayette, IN
2016- 2017 Consulting Therapist for Counseling Psychological Services, Purdue Student Health Center, Purdue University
2013 Group Facilitator for Cancer Support Group, Lafayette, IN
2007-2008 Family Therapist Intern at Horizon Oncology Clinic, Lafayette, IN
2006-2008 Clinic Coordinator for Individual Couple and Family Therapy Clinic, Purdue University
2005- 2007 Filial Family Therapy Project, Purdue University
2005-2007 Family Therapist at Individual, Couple & Family Therapy Clinic, Purdue University
2006 Premarital Intervention Therapist, Purdue University
2004-2005 Group Therapy Clinician at Wellness House, Hinsdale, IL
2004 Marriage and Family Therapist Extern, Thornton Township, Riverdale and South Holland, IN
2002-2003 Marriage and Family Therapy Clinic, Purdue University Calumet
2002-2004 Clinic Coordinator, Purdue University Calumet
2002-2003 Substance Abuse Intervention Therapist, Purdue University Calumet

College Service

2021-Present Chair Digital Instruction Committee for HDFS
2021-Present Member Undergraduate Committee for HDFS
2021-Present HHS Online Learning Committee
2021-2023 Purdue Instructional Technology Advisory Board
2020-2022 Boilers Against Trafficking, Faculty Advisor
2019-2021 Member Digital Instruction Committee for HDFS
HDFS 2019 HDFS Club, Faculty Advisor

Professional Affiliations

American Association of Sexuality Educators, Counselors and Therapists (AASECT) Clinical Fellow of the American Association for Marriage and Family Therapy (AAMFT)
Indiana Association for Marriage and Family Therapy (IAMFT)/ IAMFT Region
Representative National Council on Family Relations (NCFR)
Society for Experiential Education (SEE)