**Major Requirements (45 credits)**

- (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Science
- (3) HDFS 20100 Introduction to Family Processes [Satisfies Behavioral/Social Science Core]
- (3) HDFS 21000 Introduction to Human Development [Satisfies Behavioral/Social Science Core]
- (3) HDFS 28000 Diversity in Individual & Family Life [Satisfies Behavioral/Social Science Core]
- (3) HDFS 34600 Research Design & Program Evaluation
- (2) HDFS 45100 Internship & Career Preparation for Human Services

**Advanced Content Courses Selective – Select 9 credits**

- (3) HDFS 30500 Biosocial Foundations of the Family
- (3) HDFS 31100 Child Development
- (3) HDFS 31200 Adult Development
- (3) HDFS 31300 Adolescent Development
- (3) HDFS 31400 Atypical Child Development
- (3) HDFS 33000 Sexuality & Family Life
- (3) HDFS 33200 Stress and Coping In Contemporary Families

**Practical Skills Courses Selective – 9 credits**

- (3) HDFS 33100 Skills For Helping Professionals In Individual, Family, & Group Settings
- (3) HDFS 34100 Working With Parents or HDFS 34800 Administration of Social Service Not-For-Profit Organizations
- (3) HDFS 34300 Assessment & Case Management

**Capstone Requirement - 12 credits – select one option**

- (12) HDFS 45500 Human Services Capstone Internship or
  - (6) HDFS 45500 Human Services Capstone Internship
  - (3) [Satisfies Oral Communication Core]

**Other Departmental / Program Course Requirements (40-46 credits)**

- (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills [Satisfies Oral Communication Core]
- (3) CNIT 13600 Personal Computing Technology & Applications or CS 23500 Introduction to Organizational Computing
- (3) EDCI 22000 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or select any course from University list EXCEPT MA 13800 [Satisfies Quantitative Reasoning Core]
- (4-3) ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition [Satisfies Written Communication and Information Literacy Cores]
- (3) Global Perspectives & International Cultures Selective - select from list
- (3) Human Health Selective - select from list
- (3) STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology
  - (IF STAT 11300 selected, satisfies Science, Technology, & Society Core. )
- (3) [Humanities Core] – select from University list
- (3) [Science Core] – select from University list
- (3) [Science Core] – select from University list
- (1-3) [Science, Technology & Society Core] – select from University list (IF STAT 11300 is selected for other requirements, this requirement is satisfied)

**Foreign Language requirement may be met by completing one of the three options listed below.**

**Option 1:** Proficiency through level III in any one foreign language

- (3-4) 10100 (Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Japanese, Korean, Latin, Portuguese, Russian, or Spanish.)

**Option 2:** Proficiency through level II in any one foreign language AND an additional course from the Global Perspectives & International Cultures Selective List.

- (3-4) 10100
- (3-4) 10200
- (3) Select an additional course from the Global Perspectives & International Cultures Selective list. The selection for this category cannot be used to satisfy other major requirements.

**Options continued on next page**
Option 3: Proficiency through level I in any one foreign language AND an approved study abroad experience that takes place outside of the U.S. and is at least 14 days in duration.

___ (3-4) ______________________ 10100
___ (3-4) ______________________ 10200
___ (3) _________________________ Approved Study Abroad Experience

The selection for this category cannot be used to satisfy other major requirements.

Electives 29-35 credits

___ ( ) _________________________ ___ ( )___________________ ___ ( )___________________ ___ ( )___________________
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120 semester credits required for Bachelor of Science degree
At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.

University Foundational Learning Outcomes List: https://www.purdue.edu/provost/students/s-initiatives/curriculum/courses.html

Global Perspectives & International Cultures Selective List

AGEC 25000 Economic Geography of World Food and Resources
ANTH 23000 Gender Across Cultures
ANTH 34100 Culture and Personality
ARAB 23900 Arab Women Writers
*ARAB 28000 Arabic Culture
ARAB 28100 Introduction to Islamic Civilization and Culture
*CHNS 28000 Topics in Chinese Civilization and Culture
CHNS 28100 Introduction to Chinese Food Culture
COM 22400 Communicating in the Global Workplace
EDPS 31600 Collaborative Leadership: Cross Cultural Settings
GSLA 10100 Global Awareness
HDFS 22500 Human Development Across Cultures
*HIST 21000 The Making of Modern Africa
*HIST 34000 Modern China
HTM 37200 Global Tourism Geography
ITAL 28000 Italian Culture and Civilization
JPNS 28000 Introduction to Modern Japanese Civilization
KOR 38000 Special Topics in Korean Culture – must take Introduction to Korean Culture
*LC 23900 Women Writers in Translation
*PHIL 11400 Global Moral Issues
*PHIL 23000 Religions of the East
POL 13000 Introduction to International Relations
POL 14100 Governments of the World
*REL 20000 Introduction to the Study of Religion
RUSS 29800 Special Topics in Russian – must take Food and Culture in Russia
SPAN 32200 Spanish for the Health Professions
TECH 33000 Technology and the Global Society
WGSS 38000 Comparative Studies in Gender and Culture

*Also satisfies Humanities University Foundational Core Requirement

Continued on next page
Human Health Selective List

- ANTH 21200 Culture, Food, and Health
- ANTH 33700 Human Diet: Origins and Evolution
- ANTH 34000 Global Perspectives on Health
- COM 37800 Introduction to Health Communication
- COM 47800 Health Communication Campaigns
- HDFS 32500 Health and Health Care for Children and Families
- HIST 36305 The History of Medicine and Public Health
- HIST 47005 Women and Health in America
- HSCI 20100 Principles of Public Health Science
- HSCI 30500 Basics of Oncology
- NUTR 30300 Essentials of Nutrition
- NUTR 31500 Fundamentals of Nutrition
- PHIL 27000 Biomedical Ethics
- PUBH 20500 Basic Public Health Studies
- PUBH 22500 Contemporary Women’s Health
- PUBH 23500 Stress and Human Health
- SOC 37400 Medical Sociology
- SOC 57600 Health and Aging in Social Context

OPTIONAL CONCENTRATION

Please note that to complete the addictions concentration, your capstone requirement (see major requirements section) must be completed via 12 credits of HDFS 45500 in an approved addictions-related placement.

Addiction Studies Concentration – ADCT (21 credits)

_____ (3) PSY 12000 Elementary Psychology
_____ (3) PSY 35000 Abnormal Psychology
_____ (3) HDFS 1XXX Problems of Substance Abuse in Society (HUMS 113 completed at Ivy Tech Community College)
_____ (3) HDFS 2XXXX Treatment Models of Substance Abuse (HUMS 208 completed at Ivy Tech Community College)
_____ (3) HDFS 2XXXX Counseling Issues in Substance Abuse (HUMS 209 completed at Ivy Tech Community College)
_____ (3) HDFS 2XXXX Issues of Substance Abuse in Family Systems (HUMS 210 completed at Ivy Tech Community College)
_____ (3) HDFS 2XXXX Theories of Personality (HUMS 267 completed at Ivy Tech Community College)

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements.

XHSB
5/2023
## Plan of Study Worksheet

**Name:** 
**Major:** Human Services  
**Minor(s):** 

### Fall 2020

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<tr>
<td>COM 11400 or EDPS 31500 (Oral Com)</td>
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<td>CNIT 13600 or CS 23500</td>
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<td>EDCI 22200 or MA 15555 (CORE: Quan. Reasoning)</td>
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<td>CORE: Science, Tech, &amp; Society</td>
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<td>CORE: Information Literacy</td>
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**Total credits needed for graduation:** 120  
**Upper division (300 and 400 level) credits needed for graduation:** 32