

# Jason C. Chrapek

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(574) 276-3993

## Education

- Purdue University, West Lafayette, IN** **May 2011**  
Bachelor of Arts, Health & Fitness  
Minor: Organizational Leadership and Supervision
- Indiana University - Purdue University Indianapolis** **May 2015**  
Master of Science in Kinesiology – Clinical Exercise Science

## Sales/Management Experience

- LA Fitness, Avon, IN** **June 2011 – August 2012**  
*Assistant General Manager / Membership & Marketing Director*
- Implemented and administered an internal and external marketing plan to attract new members and clients
  - Established a member retention program focused on high level customer service
  - Recruited, hired, and trained new sales counselors for multiple locations
- International Sports Clubs, West Lafayette, IN** **April 2008 – June 2011**  
*Club Manager / Personal Trainer*
- Manage all day-to-day operations of three gym locations
  - Hired and trained sales, personal training, custodial, and childcare staff
  - Responsible for over \$250,000 in membership and personal training sales

## College/University Teaching Experience

- University of Indianapolis, Indianapolis, IN** **August 2022 – Current**  
*Associate Adjunct Professor of Kinesiology*
- Lead Instructor for several kinesiology classes including Exercise Physiology, Lifetime Fitness/Wellness, Teaching of Dual/Individual Sports, and Management & Administration in Exercise and Sports Performance Programs
  - Faculty Supervisor for Kinesiology Student Interns
  - Honors Project Faculty Research Advisor
- Indiana University-Purdue University Indianapolis (IUPUI)** **August 2013 – May 2015**  
*Graduate Assistant/Adjunct Professor*
- Instructor for undergraduate level HPER-P373 Resistance Training/Sports Conditioning
  - Assist with various research and curriculum development.

## Exercise Science Coaching/Management Experience

- Edge Fitness & Strength, Indianapolis, IN** **May 2014 – Current**  
*Head Strength & Conditioning Coach / Program Director*
- Noom Inc.** **December 2018 – May 2022**  
*Health Coach (Goal Specialist)*
- National Institute for Fitness and Sport, Indianapolis, IN** **August 2012- December 2013**  
*Health Fitness Specialist*

