

Student: \_\_\_\_\_ PUID: \_\_\_\_\_ Catalog Term: Fall 2024

Additional Majors: \_\_\_\_\_ Minors: \_\_\_\_\_

**Major Requirements (45 credits)**

- \_\_\_ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Science
- \_\_\_ (3) HDFS 20100 Introduction to Relationship and Family Science **[Satisfies Behavioral/Social Science Core]**
- \_\_\_ (3) HDFS 21000 Introduction to Human Development **[Satisfies Behavioral/Social Science Core]**
- \_\_\_ (3) HDFS 28000 Diversity in Individual & Family Life **[Satisfies Behavioral/Social Science Core]**
- \_\_\_ (3) HDFS 34600 Research Design & Program Evaluation
- \_\_\_ (2) HDFS 45100 Internship & Career Preparation for Human Services

**Advanced Content Courses Selective - Select 9 credits**

- \_\_\_ (3) HDFS 30500 Biosocial Foundations of the Family
- \_\_\_ (3) HDFS 31100 Child Development
- \_\_\_ (3) HDFS 31200 Adult Development
- \_\_\_ (3) HDFS 31300 Adolescent Development
- \_\_\_ (3) HDFS 31400 Atypical Child Development
- \_\_\_ (3) HDFS 33000 Sexuality & Family Life
- \_\_\_ (3) HDFS 33200 Stress and Coping In Contemporary Families

**Practical Skills Courses Selective - 9 credits**

- \_\_\_ (3) HDFS 33100 Skills For Helping Professionals In Individual, Family, & Group Settings
- \_\_\_ (3) HDFS 34100 Working With Parents or HDFS 34800 Administration of Social Service Not-For-Profit Organizations
- \_\_\_ (3) HDFS 34300 Assessment & Case Management

**Capstone Requirement - 12 credits - select one option**

- \_\_\_ (12) HDFS 45500 Human Services Capstone Internship or
  - \_\_\_ (6) HDFS 45500 Human Services Capstone Internship and
  - \_\_\_ (3) \_\_\_\_\_ 6 credits HDFS coursework - 300 level or above
  - \_\_\_ (3) \_\_\_\_\_

**Other Departmental / Program Course Requirements (40-46 credits)**

- \_\_\_ (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills **[Satisfies Oral Communication Core]**
- \_\_\_ (3) CNIT 13600 Personal Computing Technology & Applications
- \_\_\_ (3) \_\_\_\_\_ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or *select any course from University list EXCEPT MA 13800* **[Satisfies Quantitative Reasoning Core]**
- \_\_\_ (4-3) \_\_\_\_\_ ENGL 10600 First-Year Composition or ENGL 10800 Accelerated First-Year Composition **[Satisfies Written Communication and Information Literacy Cores]**
- \_\_\_ (3) \_\_\_\_\_ Global Perspectives & International Cultures Selective - *select from list*
- \_\_\_ (3) \_\_\_\_\_ Human Health Selective - *select from list*
- \_\_\_ (3) \_\_\_\_\_ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology **(IF STAT 11300 selected, satisfies Science, Technology, & Society Core. )**
- \_\_\_ (3) \_\_\_\_\_ **[Humanities Core]** - *select from University list*
- \_\_\_ (3) \_\_\_\_\_ **[Science Core]** - *select from University list*
- \_\_\_ (3) \_\_\_\_\_ **[Science Core]** - *select from University list*
- \_\_\_ (1-3) \_\_\_\_\_ **[Science, Technology & Society Core]** - *select from University list (IF STAT 11300 is selected for other requirements, this requirement is satisfied)*

**Foreign Language requirement may be met by completing one of the three options listed below.**

Option 1: Proficiency through level III in any one foreign language

- \_\_\_ (3-4) \_\_\_\_\_ 10100 (Select from American Sign Language, Arabic, Chinese, French, German,
- \_\_\_ (3-4) \_\_\_\_\_ 10200 Greek, Hebrew, Italian, Japanese, Korean, Latin, Portuguese, Russian, or
- \_\_\_ (3-4) \_\_\_\_\_ 20100 Spanish.)

Option 2: Proficiency through level II in any one foreign language AND an additional course from the Global Perspectives & International Cultures Selective List.

- \_\_\_ (3-4) \_\_\_\_\_ 10100
- \_\_\_ (3-4) \_\_\_\_\_ 10200
- \_\_\_ (3) \_\_\_\_\_ Select an additional course from the Global Perspectives & International Cultures Selective list. The selection for this category cannot be used to satisfy other major requirements.

**Options continued on next page**

**Option 3:** Proficiency through level II in any one foreign language AND an approved study abroad experience that takes place outside of the U.S. and is at least 14 days in duration.

\_\_\_ (3-4) \_\_\_\_\_ 10100

\_\_\_ (3-4) \_\_\_\_\_ 10200

\_\_\_ (3) \_\_\_\_\_ Approved Study Abroad Experience

The selection for this category cannot be used to satisfy other major requirements.

**Electives 29-35 credits**

\_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_    \_\_\_ ( ) \_\_\_\_\_

**120 semester credits required for Bachelor of Science degree**

**At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.**

University Foundational Learning Outcomes List: <https://www.purdue.edu/provost/students/s-initiatives/curriculum/courses.html>

**Global Perspectives & International Cultures Selective List**

- AGEC 25000 Economic Geography of World Food and Resources
- ANTH 23000 Gender Across Cultures
- ANTH 34100 Culture and Personality
- ARAB 23900 Arab Women Writers
- \*ARAB 28000 Arabic Culture
- ARAB 28100 Introduction to Islamic Civilization and Culture
- \*CHNS 28000 Topics in Chinese Civilization and Culture
- CHNS 28100 Introduction to Chinese Food Culture
- COM 22400 Communicating in the Global Workplace
- EDPS 31600 Collaborative Leadership: Cross Cultural Settings
- GLA 10100 Global Awareness
- HDFS 22500 Human Development Across Cultures
- \*HIST 21000 The Making of Modern Africa
- \*HIST 34000 Modern China
- HTM 37200 Global Tourism Geography
- ITAL 28000 Italian Culture and Civilization
- JPNS 28000 Introduction to Modern Japanese Civilization
- KOR 38000 Special Topics in Korean Culture – must take Introduction to Korean Culture
- \*LC 23900 Women Writers in Translation
- \*PHIL 11400 Global Moral Issues
- \*PHIL 23000 Religions of the East
- POL 13000 Introduction to International Relations
- POL 14100 Governments of the World
- \*REL 20000 Introduction to the Study of Religion
- RUSS 29800 Special Topics in Russian – must take Food and Culture in Russia
- SPAN 32200 Spanish for the Health Professions
- TECH 33000 Technology and the Global Society
- WGSS 38000 Comparative Studies in Gender and Culture

**\*Also satisfies Humanities University Foundational Core Requirement**

**Continued on next page**

### Human Health Selective List

ANTH 21200	Culture, Food, and Health
ANTH 33700	Human Diet: Origins and Evolution
ANTH 34000	Global Perspectives on Health
COM 37800	Introduction to Health Communication
COM 47800	Health Communication Campaigns
HDFS 32500	Health and Health Care for Children and Families
HIST 36305	The History of Medicine and Public Health
HIST 47005	Women and Health in America
HSCI 20100	Principles of Public Health Science
HSCI 30500	Basics of Oncology
NUTR 30300	Essentials of Nutrition
NUTR 31500	Fundamentals of Nutrition
PHIL 27000	Biomedical Ethics
PUBH 20500	Basic Public Health Studies
PUBH 22500	Contemporary Women's Health
PUBH 23500	Stress and Human Health
SOC 37400	Medical Sociology
SOC 57600	Health and Aging in Social Context

### **OPTIONAL CONCENTRATION**

Please note that to complete the addictions concentration, your capstone requirement (see major requirements section) must be completed via 12 credits of HDFS 45500 in an approved addictions-related placement.

#### Addiction Studies Concentration – ADCT (21 credits)

- \_\_\_ (3) PSY 12000 Elementary Psychology
- \_\_\_ (3) PSY 35000 Abnormal Psychology
- \_\_\_ (3) HDFS 1XXXX Problems of Substance Abuse in Society (HUMS 113 completed at Ivy Tech Community College)
- \_\_\_ (3) HDFS 2XXXX Treatment Models of Substance Abuse (HUMS 208 completed at Ivy Tech Community College)
- \_\_\_ (3) HDFS 2XXXX Counseling Issues in Substance Abuse (HUMS 209 completed at Ivy Tech Community College)
- \_\_\_ (3) HDFS 2XXXX Issues of Substance Abuse in Family Systems (HUMS 210 completed at Ivy Tech Community College)
- \_\_\_ (3) HDFS 2XXXX Theories of Personality (HUMS 267 completed at Ivy Tech Community College)

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements

XHSB  
5/2024

## Plan of Study Worksheet

Name:

Major: Human Services

Minor(s):

Fall 20		Spring 20		Summer 20
1	HDFS 10000	3	HDFS 21000 (CORE Behav/Soc Sci)	
3	HDFS 20100	3-4	ENGL 10600 or ENGL 10800 (CORE: Written Com)	
3	COM 11400 or EDPS 31500 (Oral Com)	3	CORE: Science	
3	CNIT 13600	3	Gl. Perspectives and Int. Cultures	
3	EDCI 22200 or MA 15555 (CORE: Quan. Reasoning)	3	Foreign Language 10200	
3	Foreign Language 10100	0-1	Elective	
<b>16</b>		<b>16</b>	<b>16</b>	<b>32</b>

Fall 20		Spring 20		Summer 20
3	STAT 11300, STAT 30100, SOC 38200, or PSY 20100	3	HDFS 34600	
		3	Human Health Selective	
3	HDFS Adv Content	3	HDFS Adv Content	
3	CORE: Science	3	CORE: Humanities	
3	CORE: Information Literacy	3	Elective	
3	Foreign Language Selective			
<b>15</b>		<b>47</b>	<b>15</b>	<b>62</b>

Fall 20		Spring 20		Summer 20
3	HDFS 28000 (CORE: Behav/Soc Sci)	3	HDFS 34300 (HDFS 33100 is a prerequisite)	
3	HDFS 33100	3	HDFS Adv Content	
3	Elective	3	CORE: Science, Tech, & Society	
3	Elective	3	Elective	
3	Elective	3	Elective	
<b>15</b>		<b>77</b>	<b>15</b>	<b>92</b>

Fall 20		Spring 20		Summer 20
2	HDFS 45100	12	HDFS 45500	
3	HDFS 34100 or HDFS 34800			
3	Elective			
3	Elective			
3	Elective			
2	Elective			
<b>16</b>		<b>108</b>	<b>12</b>	<b>120</b>

Total credits needed for graduation: 120

Upper division (300 and 400 level) credits needed for graduation: 32

Fall 2024