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# KAYCE D. SOLARI WILLIAMS, Ph.D., MPH, MS, FASHA

## CURRICULUM VITAE

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### CONTACT INFORMATION

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Pronouns: she/her/ella

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### EDUCATION

BCBA (Applied Behavior Analysis graduate studies)	Florida Institute of Technology (In progress)
Ph.D. (Health Education; Prevention Science)	Texas A&M University
MPH (Health Promotion & Behavioral Sciences)	University of Texas Health Science Center-Houston (Current name: UTHealth Houston School of Public Health)
M.S. (Kinesiology)	Texas A&M University
Post-baccalaureate Studies (Curriculum & Instruction)	Texas Southern University
B.S. (Kinesiology)	Texas A&M University

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### CURRENT POSITION

**2024 – Present**    **Clinical Associate Professor** – Department of Public Health at Purdue University, West Lafayette, Indiana

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### OTHER CURRENT APPOINTMENTS

**2023 – Present**    **Courtesy Appointment** – Tilman J. Fertitta Family College of Medicine Department of Behavioral & Social Sciences at the University of Houston, Houston, Texas

**2015 – Present**    **Faculty Affiliate** – Transdisciplinary Center for Health Equity Research at Texas A&M University, College Station, Texas

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### OTHER POSITIONS AND EXPERIENCE

**2021 – 2024**        **Clinical Associate Professor** – Department of Psychological, Health, and Learning Sciences at the University of Houston, Houston, Texas

**Summer 2023**     **Instructor (Health Facilitator)** – EMERGE Leadership Academy, Department of African American Studies at the University of Houston, Houston, Texas

- Summer academy for Houston area high school students

**2022 – 2023**        **Co-Instructor** – Tilman J. Fertitta Family College of Medicine at the University of Houston, Houston, Texas

- MEDI 6025 - Behavioral Medicine

**2016 – 2023**        **Health Internship Coordinator/Supervisor** – Department of Psychological, Health, and Learning Sciences at the University of Houston, Houston, Texas

- 2015 – 2021**      **Clinical Assistant Professor** – Department of Psychological, Health, and Learning Sciences at the University of Houston, Houston, Texas
- Health Internship Supervisor (Fieldwork/Practicum experience)
- 2019 – Present**    **Owner/CEO** – Be Well Health Resources, LLC, Missouri City, Texas
- 2016 –2019**      **Health Program Director** – Department of Psychological, Health, and Learning Sciences at the University of Houston, Houston, Texas
- Fall 2019**        **Guest Lecturer**  
 Department of Health and Kinesiology  
 Texas A&M University, College Station, Texas
- Additional guest lectures: Spring 2019; Fall 2018
  - Health Education Division – HLTH 630: Program Planning (graduate level course)
- Spring 2019**    **Guest Lecturer**  
 O'Neill School of Public and Environmental Affairs  
 Indiana University, Bloomington, Indiana
- Master of Public Affairs (M.P.A.) – SPEA V550: Program Planning, Design, and Implementation (graduate level course)
- Summer 2017**    **Physical Education Module Developer**, Teacher Preparation Program,  
 Department of Curriculum and Instruction, College of Education, University of Houston
- Fall 2015**        **Guest Lecturer**  
 Department of Psychological, Health, and Learning Sciences  
 University of Houston, Houston, Texas
- Human Development & Family Studies Program – HDFS 4315: Culture & Diversity
  - Topic: Culture, Acculturation, & Racial/Ethnic Identity
- 2014 –2015**      **Research Study Coordinator** – Department of Educational Psychology at Texas A&M University, College Station, Texas
- School Dress-Code Violation Decisions: Influence of Developmental Status, Race, and Gender.
  - Texas A&M Program to Enhance Scholarly and Creative Activities (PESCA) funded study (\$25,000)
- 2014 –2015**      **Graduate Teaching Assistant** – Department of Health and Kinesiology at Texas A&M University, Transdisciplinary Center for Health Equity Research (TCHER), College Station, Texas
- Health Education Division – HTLH 210: Intro to the Discipline

- Fall 2014**      **Guest Lecturer** – Department of Health and Kinesiology at Texas A&M University, College Station, Texas
- Health Education Division – HLTH 334: Women’s Health
  - Topic: Benefits of being a Fit Female: Why daily movement that increases heart rate and works large muscle groups helps women fight injuries and chronic illnesses
- Spring 2014**      **Study Abroad Graduate TA & Program Coordinator** (Dominican Republic) – Department of Health and Kinesiology at Texas A&M University, Health Education Division, College Station, Texas
- Supervised thirty (30) undergraduate and graduate students - HLTH 485/685/407/607: Global Health & International Health study abroad courses in the Dominican Republic
- Spring 2014**      **Guest Lecturer** – Department of Health and Kinesiology at Texas A&M University, College Station, Texas
- Health Education Division – HLTH 407: Global Health
  - Topic: Endocrine disrupting chemicals and their effects on childhood obesity
- Spring 2014**      **Guest Panel Member** –Texas A&M University, College Station, Texas
- Multidisciplinary Panel – Prevention Science Seminar
  - Topic: The Public Health perspective and its implications for Prevention Science
- 2013 –2014**      **Graduate Teaching Assistant** – Department of Health and Kinesiology at Texas A&M University, Health Education Division, College Station, Texas
- Health Education Division HLTH 481: Writing Seminar in Allied Health and HLTH/KINE 240: Applying Computer Technology in Health and Kinesiology
- 2013 – 2014**      **Research Study Coordinator** for the Department of Health and Kinesiology at Texas A&M University – Health Education Division, College Station, Texas
- Teen Pregnancy Prevention: A Review of Evidence Based Programs
  - Obtained reviewer copies and coordinated evaluation all available curricula on the U.S. Department of Health and Human Services (29 of 33) evidence-based programs list
- 2013 – 2014**      **Graduate Research Assistant** for the Department of Health and Kinesiology at Texas A&M University – College Station, TX and Department of Health and Human Performance at Texas State University – San Marcos, Texas
- Teen Health Empowerment Study
  - Assisted with data collection in Austin Independent School District high schools

- Spring 2013**      **Guest Lecturer** – Department of Health and Kinesiology at Texas A&M University, College Station, Texas
- Health Education Division – HLTH 342: Human Sexuality
  - Topic: The impact of sexually transmitted diseases on society
- Sp/Su 2013**      **Graduate Teaching Assistant** – Department of Health and Kinesiology at Texas A&M University, College Station, Texas
- Office of Digital Learning Technologies
    - o HLTH 353 (Hybrid Course): Drugs & Society
  - Office of Digital Learning Technologies – Online E-Masters course revisions:
    - o HLTH 611: Organization and Administration of Health
    - o HLTH 630: Health Program Planning
    - o HLTH 641: Foundations in Health Education
    - o HLTH 642: Health Education Ethics
    - o HLTH 643: Intro to Epidemiology
    - o HLTH 644: Health Education Theory
    - o HLTH 645: Health Education Research & Evaluation
    - o HLTH 646: Health Education Training
    - o HLTH 681: Health Education Capstone Course
    - o HLTH 684: Professional Internship
- 2008 – 2013**      **Fitness Coordinator** – Department of Sports & Fitness at the University of Houston-Downtown, Houston, Texas
- 2007 –2012**      **Group Fitness Instructor** for the Department of Sports & Fitness at the University of Houston-Downtown, Houston, Texas
- 2008 – 2009**      **Research Program Coordinator** for the Department of Health and Human Performance at the University of Houston – Houston, Texas
- UH-PEAK (Urban Hispanic Perceptions of Environment and Activity among Kids) Study.
- 2007–2009**      **Research Assistant, Curriculum Developer, & Exercise Coordinator** for the Department of Health and Human Performance at the University of Houston – Houston, Texas
- Behavior Opportunities Uniting Nutrition, Counseling, & Exercise – “BOUNCE Lite” Summer Program
- 2006 –2008**      **Dance, Theater, and Physical Education Teacher** for Gregory-Lincoln Education Center, Houston Independent School District, Houston, Texas
- 2001 –2002**      **Dance Teacher and Dance Team Director** for Eisenhower High School, Aldine Independent School District, Houston, TX

**1998 –2001**      **Dance Teacher and Dance Team Director** for Willowridge High School, Fort Bend Independent School District, Sugar Land, TX

**1997 – 1998**      **Dance and Physical Education Teacher** for Codwell Magnet School, Houston Independent School District, Houston, TX

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## **TEACHING AND STUDENT LEARNING**

### *Courses Taught*

#### **Purdue University**

**PUBH 100**    Introduction to Public Health\*

**PUBH 590**    Health Counseling\*

#### **University of Houston**

**HLT 1353**    Personal Health

**HLT 2320**    Introduction to Public Health

**HLT 3303**    Health of the Elementary School Child (previous course title; merged with HLT 3304)

**HLT 3304**    Adolescent Health Issues (previous course title)

**HLT 3304**    Child & Adolescent Health (current course title)

**HLT 3306**    Environmental Health

**HLT 3380**    Culture & Health

**HLT 4306**    Women’s Health Issues

**HLT 4310**    Program Planning for the Health Professions

**HLT 4392**    Field Work in Community Health

**HLT 4393**    Field Work in Community Health

**HLT 4397**    Selected Topics in Health – Global Health

**HLT 4398**    Independent Studies (Mentored Undergraduate Research)

**PHLS 6322**    Dimensions in Women’s Health

**PHLS 6394**    Field Work in Health Education

**PHLS 6395**    Field Work in Health Education

**MEDI 6025**    Behavioral Medicine

#### **Texas A&M University**

**HLTH 342**    Human Sexuality

**HLTH 353**    Drugs & Society

\*Current courses

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## **PURDUE UNIVERSITY SERVICE**

### *Department of Public Health*

**2024 – present**    Member, Primary Committee

**2024 – present**    Member, MHA Curriculum Committee

**2024 – present**    Member, DEI Committee

## **UNIVERSITY OF HOUSTON SERVICE**

### ***University Level***

- 2023 – 2024** Member, Cougar CATalyst Committee (faculty appointed by the UH president dedicated to promoting Cougar spirit and student engagement on campus)
- 2023 – 2024** Co-chair, Department of African American Studies Professor of Practice Search Committee
- 2022 – 2024** Member, Community Relations Alliance
- 2022** Member, LGBTQ Resource Center Student Scholarship Judge
- 2021 – 2024** Member, Population Health Internal Advisory Board
- 2021 – 2024** Chair, Athletics Advisory Committee
- 2020 – 2024** Member, Athletics Advisory Committee
- 2019 – 2024** Member, Health Professions Advisory Committee
- 2019 – 2024** Member, Internship Council
- Fall 2021** Member, Fulbright Campus Committee (U.S. Research Grant in Switzerland)
- Fall 2020** Member, Action Research in Communities Program Selection Committee
- 2017 – 2019** Faculty Affiliate, University of Houston Athletic Department

### ***College of Education***

- 2023 – 2024** Member, Dean’s Ad Hoc Committee (Program Directorship Structure Review)
- 2023 – 2024** Member, Student Scholarship Committee
- 2023** Member, Faculty Grievance Committee (NTT Representative)
- 2022 – 2024** At-Large Member, Faculty Executive Committee
- 2020 – 2022** Chair, Student Scholarship Committee
- 2020 – 2022** Member, Faculty Evaluations-Research-Teaching Ad hoc Faculty Committee
- Member, Engagement Subcommittee
- 2017 – 2022** Member, Student Scholarship Committee
- 2017 – 2019** Member, College of Education Strategic Plan Action Planning Committee for Strategy #1 (“*Community Engagement*”)
- 2017** Tutormate Literacy Program Tutor, College of Education Office of Undergraduate Studies
- 2015 – 2017** Student Success Mentor, College of Education Office of Undergraduate Studies

***Department of Psychological, Health, and Learning Sciences***

<b>2023 – 2024</b>	Chair, Health Program Clinical Assistant Professor Search Committee
<b>2020 – 2024</b>	Member, Multicultural and Social Justice Committee
<b>2017 – 2024</b>	Peer Reviewer, Peer Review of Faculty Instruction Process, Department of Psychological, Health, and Learning Sciences
<b>2016 – 2024</b>	Member, Teaching Task Force
<b>2021</b>	Chair, Counseling Education Program Clinical Assistant Professor Search Committee
<b>Spring 2019</b>	Co-chair, Peer Review Process Evaluation Ad hoc Teaching Task Force Subcommittee
<b>Spring 2019</b>	Member, Faculty Annual Review Committee
<b>2017-2018</b>	Planning Team Member, I Am Psyched! National Tour at the University of Houston, American Psychological Association <i>Inspiring Histories, Inspiring Lives - Women of Color in Psychology</i>
<b>2016-2019</b>	Member, Student Grievance Hearing Ad Hoc Committee, Department of Psychological Health, and Learning Sciences (Note: served as needed during time referenced time frame)

***Health Program***

<b>2018 – 2024</b>	Member, Curriculum Committee
<b>2016 – 2019</b>	Member, PhD Development Committee
<b>2017 – 2018</b>	Co-chair, Strategic Planning Committee
<b>2016 – 2018</b>	Member, Undergraduate Committee
<b>2015 – 2017</b>	Member, Graduate Program Committee

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**PROFESSIONAL AND CIVIC SERVICE**

***Leadership***

- American School Health Association
  - o Current role: Past President & Board Member; Member, History Committee (ad hoc)
  - o Other roles: President; Vice-President; Treasurer (*interim*); Board Member; Chair – Governance Committee; Chair – Leadership & Recognition Committee; Chair – Nominating Committee; Chair – Membership Committee (ad hoc); Member – Advocacy Committee
- Delta Sigma Theta Sorority, Incorporated – Houston Alumnae Chapter
  - o Past roles: Financial Secretary; Chair – Arts & Letters Committee; Chair – International Awareness & Involvement Committee; Member – Technology Committee and Internal Audit Committee

- Delta Sigma Theta Sorority, Incorporated – Rho Psi Chapter (University of Houston-Downtown)
  - Past role: Advisory Council Member; Reactivation Team Member
- Delta Sigma Theta Sorority, Incorporated – Zeta Sigma Chapter (University of Houston)
  - Past role: Campus Advisor
- Frontiers in Public Health (<https://www.frontiersin.org/journals/public-health>)
  - Current role: Review Editor
- Journal of School Health (<https://onlinelibrary.wiley.com/journal/17461561>)
  - Current role: Editorial Board Member
- Text and Academic Authors Association
  - Past role: Judge for 2024 Textbook Awards program

### ***Membership***

- American Academy of Health Behavior
  - Affiliate Member
  - Abstract Reviewer, Annual Scientific Meeting Presenter
- American Public Health Association
  - Member
  - Division Member
- American School Health Association
  - Fellow (Inducted 2022)
  - Conference Abstract Reviewer
- Brazos Valley Obesity Prevention Network
  - Member
- Cooperative Extension Program 4-H & You Development Advisory Committee (Task Force) of Fort Bend County
  - Committee member
- Delta Sigma Theta Sorority, Incorporated – Southwest Region
  - Past role: Co-Chair – Southwest Region Delta Authors on Tour; Member, Ad Hoc Regional Internal Audit Team (2023)
- Fitness Alliance Summit of Texas (FAST)
  - Founding Member, 2011
- GiGi’s Playhouse Sugar Land (Down Syndrome Achievement Center)
  - Member, Program Committee
- Greater Houston Coalition on Social Determinants of Health
  - Member, Coalition Alignment Workgroup
- Hope Over Hurt
  - Past role: Board Member; Board Secretary
- MD Anderson Cancer Center Cancer Prevention Research Training Program (CPRTP)
  - Member, Advisory Council
- MD Anderson Cancer Center Susan G. Komen Training Program to Reduce Breast Cancer Disparities
  - Member, Advisory Council
- Phi Beta Delta Honor Society for International Scholars
  - Member, Delta Iota Chapter
- Promoting Outstanding Writing for Excellence in Research (P.O.W.E.R.)
  - Writing Consultant – Texas A&M University



- Texas Association for Health, Physical Education, Recreation & Dance (TAHPERD)
  - o Member; past Secretary for the Dance Division
- Texas Dance Educator’s Association
  - o Member; past Scholarship Committee member
- Text & Academic Authors Association
  - o Member
- Top Ladies of Distinction, Inc. – Sugar Valley Chapter
  - o Member; past Corresponding Secretary & Membership Committee member
- Top Teens of America, Inc. – Sugar Valley Chapter
  - o Past role: Parent Coordinator
- University of Houston Registered Student Organization Advisor
  - o AshaVida
  - o Delta Phi Omega – Alpha Chapter
  - o Delta Sigma Theta Sorority, Inc. – Zeta Sigma Chapter
  - o Planned Parenthood Generation Action
- Voices for Healthy Kids School Health Policy National Consortium
  - o Member, Physical Activity and Physical Education Work Group
- Volunteer Deputy Registrar (VDR), State of Texas (Travis County)
  - o Reciprocal VDR in Brazoria, Ft. Bend & Harris counties

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## STUDENT TRAINING AND MENTORSHIP

### *Post-doctoral*

- 2020** Frances Nguyen, MD Anderson Cancer Center Cancer Prevention Research Training Program – Shine Chang, Director; Qian Lu, MD Anderson Mentor
- Partner Institution Mentor

### *Doctoral*

- 2021 – Present** Kimberly Smoots (School Psychology), University of Houston Department of Psychological, Health, and Learning Sciences – Bradley Smith, Chair
- Dissertation Committee Member
- 2018 – 2021** Aquasia (Thornhill) Shaw (Kinesiology), University of Houston Department of Health and Human Performance – Billy Hawkins, Chair
- Dissertation Committee Member
- 2019 – 2020** Ashley Taylor (Counseling Psychology), University of Houston Department of Psychological, Health, and Learning Sciences – Lorraine Reitzel, Chair
- Candidacy Committee Member
- Spring 2018** Otu Inyang (Environmental & Occupational Health), The University of Texas Health Science Center at Houston School of Public Health
- DrPH Practicum Preceptor
- 2017 – 2018** Brooke King (Counseling Psychology), University of Houston Department of Psychological, Health, and Learning Sciences – Nathan Smith, Chair
- Candidacy Committee Member

***Master's***

**2021-2023**

Lauren Fuller (Public Policy), University of Houston Hobby School of Public Affairs

- Research Mentor

***Undergraduate***

**2023 – 2024**

Litzy Ocampos (Health – Health Promotion concentration; Sociology minor), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor:
  - o 2023-2024 American Heart Association Hispanic Serving Institution Scholar Program
  - o 2024 University of Houston Provost Undergraduate Research Scholarship

**2021-2023**

Faith Huynh (Biology; Health minor), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor

**Spring 2021**

Lauren Fuller (Psychology; Health minor), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor

**Fall 2020**

Karen Mejia (Health – Public Health concentration), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor

**2019 – 2020**

Sara Flores (Health – Public Health concentration), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor

**Spring 2020**

Kayla Graver (Health – Public Health concentration), University of Houston Department of Psychological, Health, and Learning Sciences

- Research Mentor

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**SELECTED PROFESSIONAL DEVELOPMENT**

***National & International Conferences & Trainings***

- *Academy of Health Behavior Annual Conference* (2016; 2017)
- *American School Health Association Annual School Health Conference* (2013-2023)
- *Innovative Teaching & Learning Symposium* (2017; 2018)
- *International Conference on the Health Risks of Youth* (2014; 2017; 2018; 2020)
- *Office of Population Affairs TPP Grantee Conference* (2024)
- *Society for the Psychological Study of Social Issues Convention* (2016)
- *TAA Textbook & Academic Authoring Conference* (2024)

***State & Local Conferences & Trainings***

- *Health Futures of Texas Symposium* (2024)

## ***Webinars***

- Spring 2024** *Lessons from the Field: Mediating Conflicts* hosted by the U.S. Department of Education's National Center on Safe Supportive Learning Environments
- Spring 2023** *Supporting Students in Effective Transitions* hosted by the U.S. Department of Education's National Center on Safe Supportive Learning Environments
- Fall 2022** *Lessons from the Field - Partners in Prevention: Engaging the Campus Community to Prevent Gender-Based Violence* hosted by the U.S. Department of Education's National Center on Safe Supportive Learning Environments
- Spring 2022** *"Excellence in Online Instruction" Putting it All Together: Gearing Up for Fall '22* online practicum hosted by the Thurgood Marshall College Fund and The Association of College and University Educators
- Fall 2021** COVID-19 Classroom Chat: RE-Adapting to the Classroom in 2021 hosted by the Society for Public Health Education
- Spring 2021** *Lessons from the Field: Family & Community Engagement and Returning to In-Person Instruction* hosted by the U.S. Department of Education's National Center on Safe Supportive Learning Environments
- Fall 2020** *COVID-19 Vaccine Update: Development, Approval, Allocation and Distribution in the U.S.* hosted by the American Public Health Association
- Summer 2020** *A Path to Reproductive Justice* hosted by the American Public Health Association
- Summer 2020** *How to re-open K-12 Schools in the safest way possible: A path forward for education on COVID-19* (Sponsor: UT Health Dell Center for Active Living)
- Spring 2020** Centers for Disease Control & Prevention Stakeholder Seminar – *Reopening Schools & Daycare Programs*
- Spring 2018** *The New Sustainable Development Goals*  
Facilitator – Dr. Kathryn Jacobsen, George Mason University; Major topics: Global Health; goals and health indicators
- Fall 2017** The Whole School, Whole Community, Whole Child (WSCC) Model: Resources to Guide Implementation
- University of Houston Sponsored Events***
- Spring 2022** The Association of College and University Educators: Effective Teaching Practices Cohort C (Spring 2022 – Fall 2022)
- Spring 2020** SAXVWI Training – Viewing & Working with Student Information
- Fall 2019** Campus Security Advisor Training
- Spring 2019** PHLS Peer Review Training

- Fall 2018**      *EAB Navigate Analytics Webinar (Population Health Dashboards and Institution Reports)*
- Summer 2018**      Health Program Advisor Retreat Presentation
- Spring 2018**      *Innovative Teaching and Learning Symposium, University of Houston System*
- Spring 2017**      *Innovative Teaching and Learning Symposium, University of Houston System*
- Summer 2016**      *Cougar ALLY Training*
- Spring 2016**      *Innovative Teaching and Learning Symposium, University of Houston System*
- Fall 2017**      *Top Hat Teaching Platform Demonstration – Implemented the platform in HLT 2320*
- Fall 2017**      *Emerging Trends Workshops – Copyright in the Online Environment and Ares Course Reserves*
- Fall 2017**      *Getting the Most out of Turnitin – Implemented tools in HLT 4310 Fall 2017*
- Spring 2017**      *Copyright in the Online Environment and Ares Course Reserves– Scheduled a follow up appointment with the librarian for additional training and tailored use for HLT 2320 and HLT 4310 in Fall 2017*
- Spring 2016**      *Flipping the Classroom 101 - An Introduction to Flipped Learning – Implemented style in HLT 2320 Fall 2016*
- Spring 2016**      *Faculty Insights to Online Instruction – Incorporated techniques in online courses (HLT 3303; HLT 2320-Summer)*
- Fall 2015**      *Teaching in an Active Classroom – Became the first faculty member from the College of Education to utilize the university’s Active Learning Classroom (CPH 1020) in Spring 2016 (HLT 4310)*
- Fall 2015**      *Using ePortfolios to Prepare Students for the 21<sup>st</sup> Century Workforce*

***Self- Study***

- *Mid-term evaluations (independently created) used to adjust course if objectives and expectations are not aligning with student outcomes (2019 – present)*
- *Course revisions based on student feedback for university instruction (2015 – present)*
- *PHLS Peer evaluation of HLT 2320 (2016 – 2024)*
- *PHLS Peer evaluation of HLT 4310 (2016; 2017)*
- *PHLS Peer evaluation of HLT 4392/4393 (2017 – 2019; 2021-2023)*

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**GRANTSMANSHIP AND FUND DEVELOPMENT**

- Summer 2024**      Text & Academic Authors Conference Travel Grant Awardee
- Total award value ~ \$1,500

- Summer 2024** University of Houston Global Faculty Development Fund (\$1,500 – funded)
- Matching funds from College of Education Department of Psychological, Health, and Learning Sciences (\$1,500)
  - Total award – \$3,000
- 7/1/2023 – 6/28/28** Department of Health and Human Services Office of Population Affairs (TP1AH000324-01-00)
- Title: *Replicating Evidence-Based Teen Pregnancy Prevention (TPP) Programs to Scale in Multiple Settings to Advance Equity through the Adolescent Lifespan*
  - Subaward Principal Investigator (SA0003589)
  - Subaward Budget Information: Directs and indirects (all years) = \$1,762,584
- Fall 2022** University of Houston Global Faculty Development Fund (\$1,500 – funded)
- Matching funds from College of Education Department of Psychological, Health, and Learning Sciences (\$1,500)
  - Total award – \$3,000
- 9/22/17 – 8/31/21** NIH/National Cancer Institute (P20 CA221697-01)
- Title: *U-HAND (University of Houston/MD Anderson) Program to Reduce Cancer Disparities*
  - Principal Investigator: Lorraine R. Reitzel, Ph.D.
  - Co-Investigator: Kayce Solari Williams, Ph.D. (Education Program Director)
  - Budget Information: Directs and indirects (all years) = \$1,271,195
- Spring 2018** University of Houston Global Faculty Development Fund (\$1,500 – funded); 2018
- Matching funds from College of Education Department of Psychological, Health, and Learning Sciences (\$1,500)
  - Total award – \$3,000
- 2013-2015** Texas A&M University Diversity Fellowship
- Total award – \$103,800

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## PUBLICATIONS

### *Peer Reviewed*

**Solari Williams, K.D. & Alter, R.** (2024). Perspectives on WSCC in Practice – The American School Health Association’s Perspective on the WSCC Framework. In Birch, D.A., Videto, D.M., & Catalano, H.P. (Eds) *Promoting Health and Academic Success: The WSCC Approach* (2<sup>nd</sup> ed.). Human Kinetics: Champaign, IL.

McNeill, L.H., Harris, C.L., Adams, T.R., Salazar, B.R., Roberson, C.L., Thompson, L.B., Escoto, K.H., **Solari Williams, K.D.**, Chang, S., Chen, T.A., Buzcu-Guven, B., & Reitzel, L.R. (2024).

Community Outreach, Engagement, and Mentoring Program for Underrepresented Scholars in Cancer Health Disparities. *Journal of Cancer Education*. <https://doi.org/10.1007/s13187-024-02461-6>

**Solari Williams, K. D.**, Escoto, K. H., Roberson, C., Le, K., Reitzel, L. R., McNeill, L. H., & Chang, S. (2023). Learning Through Doing: Comprehensive Programming for a Training Program in Cancer Disparities. *Journal of Cancer Education*, 38(3), 1099-1104. <https://doi.org/10.1007/s13187-022-02235-y>

Rogova, A., Martinez Leal, I., Britton, M., Chang, S., Escoto, K. H., **Solari Williams, K. D.**, Roberson, C., McNeill, L. H., & Reitzel, L. R. (2022). Promoting Cancer Health Equity: A Qualitative Study of Mentee and Mentor Perspectives of a Training Program for Underrepresented Scholars in Cancer Health Disparities. *International Journal of Environmental Research and Public Health*, 19(12), 7512. <https://doi.org/10.3390/ijerph19127512>

Blake, J.J., Jackson, L., Ruffin, N., Salter, P., Li, H., Banks, C. & **Williams, K. S.** (2022). Black girls and school discipline: The role of teacher race, pubertal development, and discipline philosophy on discipline decisions. *Journal of Emotional and Behavioral Disorders*, 10634266221077896.

Haq, A. A., Reitzel, L. R., Chen, T.A., Chang, S., Escoto, K. O., **Solari Williams, K.D.**, Roberson, C., Koshy, L., McNeill, L. H. (2021). “UHAND” – A National Cancer Institute Funded Partnership to Advance Cancer Health Equity through Scholar Training. *International Journal of Environmental Research and Public Health*, 18(10), 5054. doi:10.3390/ijerph18105054

Fair, K., **Solari Williams, K.D.**, Warren, J., McKyer, E. L. J., & Ory, M. G.. (2018). The influence of organizational culture on school-based obesity prevention interventions: A systematic review of the literature. *Journal of School Health*, 88(6), 462-476. doi: 10.1111/josh.12626

Wilson, K. L., Cowart, C. J., Rosen, B. L., Pulczynski, J. C., **Solari, K.D.**, Ory, M. G., & Smith, M. L. (2018). Characteristics associated with HPV diagnosis and perceived risk for cervical cancer among unmarried, sexually active college women. *Journal of Cancer Education*, 1-13. doi:10.1007/s13187-016-1131-1

McKyer, E.L.J., Sherman, L.D., & **Solari-Hall, K.** (2014). Racial and Ethnic Approaches to Community Health. In Cousins, LA & Golson, GJ (Eds) *Encyclopedia of Human Services and Diversity*. Sage Publications: Thousand Oaks, CA.

Olvera, N., Scherer, R., McLeod, J., Graham, M., Knox, B., **Hall, K.**, Butte, N.F., Bush, J.A., Smith, D.W., & Bloom, J. (2010). BOUNCE: An exploratory healthy lifestyle summer intervention for girls. *American Journal of Health Behavior*, 34(2), 144-155.

McLeod, J., Kellam, S., Graham, M., McCarley, K., **Hall, K.**, Scherer, R., Chaung, E., Bush, J.A., & Olvera, N. (2009). The effects of a healthy lifestyle intervention on physical activity and aerobic capacity in minority girls. *Medicine & Science in Sports & Exercise*, 41(5), 536.

Graham, M., McLeod, J., Scherer, R., **Hall, K.**, Bush, J.A., Butte, N., & Olvera, N. (2008). Effectiveness of a summer healthy lifestyle program for promoting moderate-vigorous activity in minority girls. *Medicine & Science in Sports & Exercise*, 40(5), 95-96.

*Invited*

National Consensus for School Health Education. (2022). *National Health Education Standards: Model Guidance for Curriculum and Instruction (3<sup>rd</sup> Edition)* [www.schoolhealtheducation.org](http://www.schoolhealtheducation.org)

**Solari Williams, K.** (2017). Use your voice to make sure #WellnessWins. Blog post for the American School Health Association, <http://www.ashaweb.org/use-your-voice-to-make-sure-wellnesswins/>.

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## PEER REVIEWED PRESENTATIONS

\* = Students

Farmer, J., **Solari Williams, K.D.**, \*Galvan, M., \*Daniels, F., & Clarkson, B. (2024). *Creating Space for both Young People and Youth-Supporting Professionals to Heal: The role of healing centered engagement in the CRUSH Project*. Accepted for oral presentation at the Health Teen Network's 44<sup>th</sup> Annual National Conference, November 18-20, 2024, Phoenix, Arizona.

\*Galvan, M., \*Daniels, F., Clarkson, B., Farmer, J., & **Solari Williams, K.D.** (2024). *Trust the process: Empowering students to lead in educational settings*. Accepted for oral presentation at the American School Health Association's 98<sup>th</sup> Annual School Health Conference, October 16-18, 2024, Pittsburgh, Pennsylvania.

Olsen L., Alter, R.J., Shipley, M., **Solari Williams, K.D.**, Fisher, C., Hutchins, M., Irwin, M.K. (2024). *Your Voice Matters: How ASHA Accesses and Applies the Member Voice, Past, Present and Future*. Accepted for oral presentation at the American School Health Association's 98<sup>th</sup> Annual School Health Conference, October 16-18, 2024, Pittsburgh, Pennsylvania.

Farmer, J., Faris, B., Suellentrop, K., Pandiyan, M., & **Solari Williams, K.D.** (2024). *Using Human-Centered Design to Boost Engagement and Buy-in: An Example from a TPP Grantee*. Oral presentation at the U.S. Department of Health and Human Services Office of Population Affairs 2024 Teen Pregnancy Prevention Grantee Conference, July 15-17, 2024, Baltimore, Maryland.

\*Fuller, L. & **Solari Williams, K.D.** (2022). *COVID-19 and the emphasis on mental health improvements in K-12 schools*. Presented at the American School Health Association Conference, July 21-23 and 25, 2022, Virtual Conference. (*Best Student Poster Award Winner*)

\*Taylor, A., Murillo, R., Businelle, M.S., Chen, T.-A., Kendzor, D., **Solari Williams, K.D.**, & Reitzel, L.R. (2022). *Physical Activity Guideline Adherence and Sleep Inadequacies in an Adult Homeless Sample and the Potential Moderating Effect of Sex*. Presented at the annual PHLS Symposium at the University of Houston, April 29, 2022, Houston, Texas.

Rogova, A.<sup>§</sup>, Martinez Leal, I.<sup>§</sup>, Britton, M., Chang, S., Escoto, K.O., **Solari Williams, K.D.**, Roberson, C., McNeill, L.H., & Reitzel, L.R. (2022). *Promoting Cancer Health Equity: A Qualitative Study of Mentee and Mentor Perspectives of a Training Program for Underrepresented Scholars in Cancer Health Disparities*. Oral presentation at the annual meeting of the American Academy of Health Behavior, March 13-16, 2022, Key Largo, FL.

<sup>§</sup>Joint first authors.

**Abstract publication:** Rogova, A. (joint first author), Martinez Leal, I. (joint first author), Britton, M., Chang, S., Escoto, K. O., **Solari Williams, K.D.**, Roberson, C., McNeill, L.H., & Reitzel, L.R. (2022). Promoting Cancer Health Equity: A Qualitative Study of Mentee and

Mentor Perspectives of a Training Program for Underrepresented Scholars in Cancer Health Disparities. *Health Behavior Research*, 5(2), 8. <https://doi.org/10.4148/2572-1836.1159>

\*Fuller, L. & **Solari Williams, K.D.** (2021). *The effectiveness of school counselors in providing mental health services: A systematic review*. Presented at the American School Health Association Conference, July 19-21, 2021, Virtual Conference.

**Solari Williams, K.D.**, Benes, S., Richardson, B., & Berry, T. (2021). *Advancing equity and inclusion in school health*. Keynote Moderator and Panelist at the Indiana School Health Network Conference, June 22-23, 2021, Virtual Conference.

**Solari Williams, K.D.**, Love, B., Hertz, H., Ramstetter, C., Titus, L., & Williams Gurnell, L. (2020). *Preparing for a new learning environment: How do we support student academic success?* Moderator and Panelist at the American School Health Association Conference, September 30-October 1, 2020, Virtual Conference.

**Solari Williams, K.D.** & Tidwell, J. (2020). *Be Well "Mind, Body, & Soul" family seminars*. Presented at the Texas Council on Family Relations Annual Conference, March 5-6, 2020. Houston, TX.

\*Delucia, R. & **Solari Williams, K.D.** (2020). *HIV risk among youth and PrEP prescription in the Dominican Republic*. Presented at the 11th annual International Conference on the Health Risks of Youth, January 1-4, 2020, Cabo San Lucas, MX.

\*Flores, S. & **Solari Williams, K.D.** (2020). *The road ahead: Road safety practices in the Dominican Republic and the public health effect on youth*. Presented at the 11th annual International Conference on the Health Risks of Youth, January 1-4, 2020, Cabo San Lucas, MX.

**Solari Williams, K.D.**, Chang, S., Escoto, K., Le, K., Banton, R., McNeill, L., & Reitzel, L. (2019). *Innovation in learning: Recruiting and preparing the next generation of scientist-advocates in cancer health disparities*. Presented at the International Cancer Education Conference, September 18-20, 2019, Salt Lake City, UT.

**Solari Williams, K.D.**, & \*Thornhill, A. (2019). *Retrospective analysis of female sport participation in the Dominican Republic*. Presented at the Annual International Conference on the Health Risks of Youth, January 2-5, 2019, Los Cabos, Mexico.

**Solari Williams, K.D.**, \*Thompson, K., & Sherman, L. (2018). *Do African American fathers have conversations about chronic illness or health in general with their children?* Presented at the American School Health Association Conference, October 4-6, 2018, Indianapolis, IN.

**Solari Williams, K.D.**, & Singhal, A. (2017). *Engagement through collaboration*. Presented at the Innovative Teaching & Learning Symposium, April 21, 2017, Houston, TX.

**Solari Williams, K.D.**, Hernandez D.C., Arlinghaus, K., Reitzel L.R., Vidrine, J., Vidrine, D., Kendzor, D. E., & Businelle, M. S. (2017). *Nutrition and emotional distress tolerance as potential links between food insecurity and poor physical and mental health among homeless adults*. Presented at the American Academy of Health Behavior Annual Conference, March 19-22, 2017, Tucson, AZ.



**Solari Williams, K.D.**, Salter, P., Blake, J., & McKyer, E.L.J. (2017). *School dress code violations in U.S. secondary school discipline interventions and reports*. Presented at the Annual International Conference on the Health Risks of Youth, January 4-7, 2017, Cancun, Mexico.

**Solari Williams, K.D.**, Salter, P., \*King, B., Blake, J., & McKyer, ELJ (2016). *Students' perception of school dress code policies: Does race or body type influence dress code violation ratings?* Presented at the American School Health Association Conference, October 6-8, 2016, Baltimore, MD.

Vowell, C., **Solari Williams, K.D.**, & Wiley, D.C. (2016). *Making the connection: Advocating for coordinated school health programming*. Presented at the American School Health Association Conference, October 6-8, 2016, Baltimore, MD.

Haugen, A., Salter, P., Blake, J., **Solari Williams, K.D.**, McKyer, L., & Keith, V. (2016). What Not to Wear: Intersectionality and Perceived Dress Code Violations. In S. Rieck (chair) *Shifting Expectations: How Race, Gender, and Sexual Orientation Influence Perceptions of Behavior*. Paper presented at the Society for the Psychological Study of Social Issues Convention, June 24-26, 2016, Minneapolis, MN.

Klarenbeek, S.R., **Solari Williams, K.D.**, Tarallo-Falk, J., Vowell, C., & Wiley, D. C. (2015). *Advocacy 101: Going the distance for school health*. Presented at the American School Health Association Conference, October 15-17, 2015, Orlando, FL.

Chen, X., **Solari, K.D.**, McKyer, E., McWhinney, S., & Outley, C. (2015). *Does family language preference impact children's physical activity and social integration?* Presented at the Society for Public Health Education Annual Meeting, April 23-25, 2015, Portland, OR.

**Solari, K.D.**, Siembida, E., & Harvey, I. (2015). *The transitional period of health behavior change and physical activity identity correlates to physical activity in female university students*. Presented at the American Academy of Health Behavior Annual Conference, March 15-18, 2015, San Antonio, TX.

Smith, M.L., Cowart, C.J., Wilson, K.L., Rosen, B.L., Pulczynski, J.C., **Solari, K.D.**, & Ory, M.G. (2015). *Factors associated with HPV diagnosis and perceived risk for cervical cancer among unmarried, sexually active college student females*. Presented at the American Academy of Health Behavior Annual Conference, March 15-18, 2015, San Antonio, TX.

Gastmyer, C., Wilson, K.L., **Solari-Hall, K.D.**, Farmer, J., & McNeill, E.B. (2014). *Analysis of evidence-based teen pregnancy prevention curricula: Identifying content gaps and implications for higher education health practitioners*. Presented at the American College Health Association Annual Meeting, May 27-31, 2014, San Antonio, TX.

**Solari-Hall, K.D.**, Reyes, J., Farmer, J., McNeill, E.B., Schreiber, M., & Wilson, K.L. (2014). *Who should drive: An alcohol education technique for portion control*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Schreiber, M., **Solari-Hall, K.D.**, Wilson, K.L., Reyes, J., Farmer, J. & McNeill, E.B. (2014). *"Count-and-Capture" your Health*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Farmer, J., **Solari-Hall, K.D.**, Reyes, J., McNeill, E.B. & Wilson, K.L. (2014). *Understanding Evidence-Based Teen Pregnancy Prevention Curricular Inclusion of the National Sexuality Education Standards*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Wilson, K.L., **Solari-Hall, K.D.**, Reyes, J. & Wiley, D.C. (2014). *Two Should Know: Media Campaign Focused on Youth and Trusted Adults to Promote Healthy Sexuality*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Wilson, K.L., **Solari-Hall, K.D.**, Reyes, J., Farmer, J. Schreiber, M., & McNeill, E.B. (2014). *Fill Up the Solo Cup: Myth or Fact*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Farmer, J., McNeill, E.B., Schreiber, M., **Solari-Hall, K.D.** Reyes, J. & Wilson, K.L. (2014). *Hand Jive: A Nutrition Technique for Portion Control*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

McNeill, E.B., Farmer, J. Schreiber, M., **Solari-Hall, K.D.**, Reyes, J., Szucs, L. & Wilson, K.L. (2014). *Electronic Charades for Nutrition and Alcohol Education*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

Rosen, B.L., Wiley, D.C, Farmer, J., Reyes, J., **Solari-Hall, K.D.** & Wilson, K.L. (2014). *High School Students' Sexual Behavior Predictions*. Presented at the Annual International Conference on the Health Risks of Youth, January 1-4, 2014, Nassau, Bahamas.

**Solari-Hall, K.D.**, Schreiber, M. & Wilson, K.L. (2013). *Health Mancala*. Presented at the Texas Alliance of Health, Physical Education, Recreation, and Dance Annual Conference, December 4-7, 2013, Dallas, TX.

**Solari-Hall, K.D.**, Schreiber, M., Wilson, K.L., McNeill, E.B. (2013). *Health Mancala; An interactive game incorporating risk behaviors of youth*. Presented at the American School Health Association Conference, October 9-12, 2013, Myrtle Beach, SC.

McLeod, J., Kellam, S., Graham, M., McCarley, K., **Hall, K.D.**, Scherer, R., Chaung, E., & Bush, J.A. (2009). *The effects of a healthy lifestyle intervention on physical activity and aerobic capacity in minority girls*. Poster presented at the annual meeting of the American College of Sports Medicine. Seattle, WA.

Graham, M., McLeod, J., Scherer, R., **Hall, K.D.**, Bush, J.A., Butte, N., & Olvera, N. (2008). *Effectiveness of a Summer Healthy Lifestyle Program for Promoting Moderate -Vigorous Activity in Minority Girls*. Poster presented at the annual meeting of the American College of Sports Medicine. Indianapolis, IN.

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## INVITED PRESENTATIONS

\* = Students

\*Ocampos, L., \*Daniels, F.M., \*Ezeike, J., \*Galvan, M., \*Gonzalez, T., \*Jeyaraj, A.K., \*Negandhi, C.C., \*White, L.N., & **Solari Williams, K.D.** (2023). Oral Presentation. *Sex Education in Houston*

*and the Dominican Republic.* Presented to Caminante Proyecto Educativo on May 23, 2023. Boca Chica, Dominican Republic.

**Solari Williams, K.D.** (2022). Keynote Speaker. *Building a New Table: The Synergy of Design, Health, and Safety.* Invited to speak at the Collaboration for High Performance Schools Safe and Secure Schools 2022 Symposium on October 28, 2022. Cypress, TX.

**Solari Williams, K.D.** (2022). Guest Speaker. *Self-care Equals Self-love and Self-love Equals Self-care.* Presented to the Delta Academy of Katy Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc. on April 30, 2022. Virtual presentation.

**Solari Williams, K.D.** (2021). Keynote Speaker. UH STEM Center's STEM Zone Saturday at the University of Houston. October 23, 2021. Houston, TX.

**Solari Williams, K.D.** (2021). Guest Co-host. *COVID-19 and its Impact on Overall Health.* The Lunch Break Radio Show KYOK 1140 AM/ 92.3 FM. March 19, 2021. Houston, TX.

**Solari Williams, K.D.** & Escoto, K. O. (2021). P.O.W.E.R. Writing Workshop Presenter. UHAND Professional Development Series at the University of Houston. March 3 & April 7, 2021. Houston, TX.

**Solari Williams, K.D.** (2020). *Culture, Diversity, and Awareness Related to Health.* Guest Speaker at Promotion and Retention of STEM Education through Networking Team (PARENT) Support (an NSM funded program) at the University of Houston. October 31, 2020. Houston, TX.

Frankel, L., **Solari Williams, K.D.**, & Klussman, D. (2020). *Back to School Webinar.* Houston Public Media (A service of the University of Houston – PBS; NPR). August 25, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). Interviewed by Andre Jones, KYOK 1140 AM/92.3 FM. *Team Texas Tuesday on The Lunch Break.* August 18, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). *How do we support student academic success?* Panel Moderator for the American School Health Association “Preparing for a New Learning Environment: Considerations for Schools in the Age of COVID-19” virtual event. July 13, 2020. <https://asha7-13webinar.heysummit.com/>.

**Solari Williams, K.D.** (2020). P.O.W.E.R. Writing Workshop Presenter. UHAND Professional Development Series at the University of Houston. June 8 & 22, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). Graduation Speaker at St. Mary of the Purification Catholic Church. May 24, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). Wellness Workshop Guest Presenter (“February Wellness”) at Bible Days Church. February 13, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). *Building Relationships.* Guest Speaker for Student Success at the University of Houston College of Education. February 17, 2020. Houston, TX.

**Solari Williams, K.D.** (2020). Interviewed by Ted Daniel, WFXT Boston 25 News. *25 Investigates: Dozens of Mass. school districts don't meet safe nurse-to-student ratios*. January 13, 2020. <https://www.boston25news.com/news/25-investigates/25-investigates-dozens-mass-school-districts-dont-meet-safe-nurse-student-ratios/YI3O5J42OFBABLSHFR2E5P3FWA/>.

**Solari Williams, K.D.** (2019). *Cancer Disparities and Mentored Research*. Panelist for the Health Students Association at the University of Houston College of Education. October 8, 2019. Houston, TX.

**Solari Williams, K.D.** (2019). Wellness Workshop (“Fitness February”) Guest Presenter at Bible Days Church. February 28, 2019. Houston, TX.

**Solari Williams, K.D.** (2018). P.O.W.E.R. Writing Workshop Presenter. UHAND Professional Development Series at the University of Houston. August 29, 2018. Houston, TX.

**Solari Williams, K.** (2018). Health Program Strategic Planning and Future Directions Workshop Presenter. College of Education Academic Advisors Summer Retreat at the University of Houston. August 14, 2018. Houston, TX.

**Solari Williams, K.D.** (2018). Women’s Ministry Quarterly Wellness Workshops Guest Presenter at Holy Trinity Missionary Baptist Church. Houston, TX.

**Solari Williams, K.D.** (2017). Delta Phi Omega Southwest Regional Meeting Keynote Speaker. Spring 2017. Houston, TX.

**Solari Williams, K.D.** (2016). Women’s Ministry Quarterly Wellness Workshops Guest Presenter at Holy Trinity Missionary Baptist Church. Houston, TX.

**Solari Williams, K.D.** (2016). Teaching Fitness & Wellness Workshop Presenter at National Association of Student Affairs Professionals Conference. February 18-21, 2016. Houston, TX & Prairie View, TX.

**Solari Williams, K.D.** (2016). Scholars Today, Leaders Tomorrow during NAACP Unit 6806 (University of Houston) “In Living Color” Summit Panelist. February 12, 2016. Houston, TX.

**Solari-Hall, K.D., Ayala, M., & Varela, F.** (2012). Texting and Driving: What Can Really Happen. Oral presentation at Aerobics and Fitness Association of America Continuing Education Workshop. Houston, TX.

**Solari-Hall, K.D.** (2012). Cardio vs. Resistance: Which One Wins? Oral presentation at Aerobics and Fitness Association of America Continuing Education Workshop. Houston, TX.

**Solari-Hall, K.D., Scherer, R., & Bune B.** (2011). Take Your Fit Breaks. Oral presentation at Aerobics and Fitness Association of America Continuing Education Workshop. Houston, TX.

**Solari-Hall, K.D.** (2011). All Natural Energy Boosters. Oral presentation at Aerobics and Fitness Association of America Continuing Education Workshop. Houston, TX.

**Hall, K.D.** (2009). The Effects of Exercise on Mental Health. Oral presentation at the University of Houston Center for Students with DisABILITIES. Houston, TX.

**Hall, K.D.** (2009). Breaking the Barriers: A Dialogue on the Spiritual, Psychological and Physical Aspects of Balanced Mental Health. Panel member at the University of Houston Center for Students with DisABILITIES. Houston, TX.

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## **AWARDS & HONORS**

- Power of S.H.E. Health Justice Award, Zeta Phi Beta Sorority, Incorporated Lambda Zeta Chapter (Houston, TX); 2024
- Community Engagement Award (Clinical Faculty), University of Houston Department of Psychological, Health, and Learning Sciences; 2024
- Teaching Impact & Innovation Award, University of Houston Department of Psychological, Health, and Learning Sciences; 2023
- Greater Houston Foundation Academic Scholarship Award, 2023
- Community Engagement Award (Clinical Faculty), University of Houston Department of Psychological, Health, and Learning Sciences; 2022
- Inducted as a Fellow of the American School Health Association; 2022
- Community Engagement Award (Clinical Faculty), University of Houston Department of Psychological, Health, and Learning Sciences; 2021
- SUPERGirls SHINE Foundation's SHINING Education LeadHER Award; 2021
- Houston's Premier Women Honoree presented by 102.5 FM and Midtown Art & Theatre Center Houston (MATCH); 2019
- University of Houston Center for Fraternity and Sorority Life Outstanding Faculty/Staff Advisor the Year; 2019
- Delta Iota Chapter of Phi Beta Delta Honor Society for International Scholars New & Innovative Program Abroad Award; 2018
- Top Ladies of Distinction Distinguished HBCU Distinguished Alumna Award; 2018
- Texas A&M University College of Education Distinguished Honors Graduate; 2015
- Texas A&M University Department of Health & Kinesiology Outstanding Student - Health Division; 2015
- University Disciplinary Appeals Panel – Presidential Appointment (Texas A&M University); 2014-2015
- University of Houston-Downtown Department of Sports & Fitness Special Service Award; 2008-2009
- American Dance & Drill Team Director of the Year; 2001

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## **PROFESSIONAL CERTIFICATIONS & TRAININGS**

- Cultivating Creative Collaboration: Tap Into Diverse Perspectives to Foster Creative Thinking – IDEO U 5-week Course (2024)
- Human-Centered Systems Thinking – IDEO U 5-week Course (2024)
- Love Notes Curriculum Facilitator – The Dibble Institute Love Notes 4.0 Training of Educators (2024)
- Trauma Informed Environments – Mental Health America of Greater Houston (2024)
- Certificate in Effective Instruction (2022)

- o Association of College and University Educators
- o This certificate signifies my completion of a 25-module course in effective teaching practices requiring the implementation of evidence-based instructional approaches. The credential is co-issued by the Association of College and University Educators and the American Council on Education and distinguishes faculty for their commitment to educational excellence and student success.
- Certified Classroom Teacher – State of Texas (K-12 Physical Education; Secondary/6-12 Dance)
- Certified Continuing Education Workshop Provider – Athletics and Fitness Association of America
- Certified Group Exercise Instructor – Athletics and Fitness Association of America
- Certified Group Fitness Instructor - Athletics and Fitness Association of America; Nightclub Cardio; Pilates, Pi-Yo (Pilates-yoga fusion); Zumba; Zumba Toning
- Certified Personal Trainer – National Institute of Preventive Medicine, Sam Houston State University
- Certified Personal Trainer Course – American College of Sports Medicine