

Student: _____ PUID: _____ Catalog Term: Fall 2025

Additional Majors: _____ Minors: _____

Major Requirements (25-39 credits)

- ____ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Science
- ____ (3) HDFS 20100 Introduction to Relationship and Family Science **[Satisfies Behavioral/Social Science Core]**
- ____ (3) HDFS 21000 Introduction to Human Development **[Satisfies Behavioral/Social Science Core]**
- ____ (3) HDFS 28000 Diversity in Individual & Family Life **[Satisfies Behavioral/Social Science Core]**
- ____ (3) HDFS 34600 Research Design & Program Evaluation

Advanced Content Courses Selective – Select 6 credits. NOTE: Courses may not be double-counted to fulfill both this requirement and a concentration requirement.

- ____ (3) HDFS 30500 Biosocial Foundations of the Family
- ____ (3) HDFS 31100 Child Development
- ____ (3) HDFS 31200 Adult Development
- ____ (3) HDFS 31300 Adolescent Development
- ____ (3) HDFS 31400 Atypical Child Development
- ____ (3) HDFS 33000 Sexuality and Family Life
- ____ (3) HDFS 33200 Stress and Coping In Contemporary Families
- ____ (3) HDFS 41800 Understanding Autism

HDFS Selectives – Select 0-12 credits – see below to determine exact number of credits required.

If NOT completing a concentration, student must complete 12 credits of HDFS Selectives.

If completing a concentration, student must complete 6 credits of HDFS Selectives.

If completing two concentrations, no HDFS Selectives are required.

Courses may not be double-counted to fulfill both this requirement and a concentration or capstone requirement.

- ____ (3) HDFS _____
- ____ (3) HDFS _____
- ____ (3) HDFS _____
- ____ (3) HDFS _____

Capstone Experience 6-8 credits

Students must propose their capstone plan and receive Undergraduate Committee (Capstone Subcommittee) approval. All capstones must be clearly relevant to the major.

If the student is completing a concentration, the capstone experience must have a clear connection to the student's designated concentration. If a student chooses to complete more than one concentration, the capstone experience must have a clear connection to all of the student's designated concentrations.

Select ONE of the following three options.

Thesis Option

Must have completed statistics requirement and HDFS 34600 before beginning thesis capstone.

The six credits of HDFS 49101 and 49102 must be completed across two consecutive semesters.

- ____ (3) HDFS 49101 Mentored Research in HDFS I
- ____ (3) HDFS 49102 Mentored Research in HDFS II

Internship Option

- ____ (2) HDFS 45400 Internship & Career Preparation for Developmental and Family Science
- ____ (6) HDFS 45800 Development & Family Science Capstone Internship

Study Abroad Option

- ____ (6) Study Abroad experience*

OR

- ____ (3) Study Abroad experience*
- ____ (3) _____ *Select additional course from Global Perspectives & International Cultures List*

OR

- ____ (3) Study Abroad experience*
- ____ (3) _____ *Fourth semester of foreign language (must be same language as in "Other Departmental/Program Course Requirements" section)*

*To count toward the capstone experience, a study abroad experience must include a minimum of 14 full days abroad.

Other Departmental / Program Course Requirements (40-48 credits)

- ____ (3) CNIT 13600 Personal Computing Technology & Applications or CS 10100 Digital Literacy
- ____ (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills **[Satisfies Oral Communication Core]**
- ____ (4-3) ENGL 10600 First Year Composition with Conferences or ENGL 10800 First-Year Composition **[Satisfies Written Communication and Information Literacy Cores]**
- ____ (3-5) _____ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or *select any course from University list EXCEPT MA 13800* **[Satisfies Quantitative Reasoning Core]**
- ____ (3) _____ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology **(IF STAT 11300 selected, satisfies Science, Technology & Society Core)**
- ____ (3) _____ Global Perspectives & International Cultures Selective – *select from list*
- ____ (3) _____ Human Health Selective - *select from list*
- ____ (3) _____ **[Humanities Core]** – *select from University list*
- ____ (3) _____ **[Science Core]** – *select from University list*
- ____ (3) _____ **[Science Core]** – *select from University list*
- ____ (1-3) _____ **[Science, Technology & Society Core]** – *select from University list (IF STAT 11300 is selected for other requirements, this requirement is fulfilled)*

Foreign Language requirement may be met by completing one of the three options listed below.

Option 1: Proficiency through level III in any one foreign language

- ____ (3-4) _____ 10100 (Select from American Sign Language, Arabic, Chinese, French, German, Greek, Hebrew, Italian, Japanese, Korean, Latin, Portuguese, Russian, or Spanish.)
- ____ (3-4) _____ 10200
- ____ (3-4) _____ 20100

Option 2: Proficiency through level II in any one foreign language AND an additional course from the Global Perspectives & International Cultures Selective List.

- ____ (3-4) _____ 10100
- ____ (3-4) _____ 10200
- ____ (3) _____ Select an additional course from the Global Perspectives & International Cultures Selective list. The selection for this category cannot be used to satisfy other major requirements.

Option 3: Proficiency through level II in any one foreign language AND an approved study abroad experience that takes place outside of the U.S. and is at least 14 days in duration.

- ____ (3-4) _____ 10100
- ____ (3-4) _____ 10200
- ____ (3) _____ Approved Study Abroad Experience
- The selection for this category cannot be used to satisfy other major requirements.

Electives 33-55 credits

When selecting electives, note that 32 credits of upper division (30000/40000 level) classes must be completed to meet graduation requirements.

- | | | | |
|----------------|----------------|----------------|----------------|
| ____ () _____ | ____ () _____ | ____ () _____ | ____ () _____ |
| ____ () _____ | ____ () _____ | ____ () _____ | ____ () _____ |
| ____ () _____ | ____ () _____ | ____ () _____ | ____ () _____ |
| ____ () _____ | ____ () _____ | ____ () _____ | ____ () _____ |
| ____ () _____ | ____ () _____ | ____ () _____ | ____ () _____ |

At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.

120 semester credits required for Bachelor of Science degree

OPTIONAL CONCENTRATIONS

Please note that to complete a concentration, your required capstone experience (above) must also be related to the concentration(s).

Child Development Concentration – CHLV (12 credits)

- ____ (3) HDFS 31000 Guidance in Early Childhood or HDFS 34100 Working with Parents
- ____ (3) HDFS 31100 Child Development
- ____ (3) HDFS 31300 Adolescent Development or HDFS 42000 Developmental Foundations of Infant and Toddler Curriculum
- ____ (3) HDFS 31400 Atypical Child Development

Family & Community Health Concentration – FCHL (11-12 credits)

- ____ (3-2) ANTH 34000 Global Perspectives on Health or PUBH 24000 Global Health
- ____ (3) HDFS 30500 Biosocial Foundations of the Family
- ____ (3) HDFS 32500 Health and Health Care for Children and Families or PUBH 22500 Contemporary Women's Health
- ____ (3) HSCI 20100 Principles of Public Health Science

University Foundational Learning Outcomes List: <https://www.purdue.edu/provost/students/s-initiatives/curriculum/courses.html>

Global Perspectives & International Cultures List **NOTE:** The selection for this category cannot be used to satisfy other major requirements.

- AGEC 25000 Economic Geography of World Food and Resources
- ANTH 23000 Gender Across Cultures
- ANTH 34000 Global Perspectives on Health
- ANTH 34100 Culture and Personality
- *ARAB 23900 Arab Women Writers
- *ARAB 28000 Arabic Culture
- ARAB 28100 Introduction to Islamic Civilization and Culture
- *CHNS 28000 Topics in Chinese Civilization and Culture
- CHNS 28100 Introduction to Chinese Food Culture
- COM 22400 Communicating in the Global Workplace
- EDPS 31600 Collaborative Leadership: Cross Cultural Settings
- GLA 10100 Global Awareness
- HDFS 22500 Human Development Across Cultures
- *HIST 21000 The Making of Modern Africa
- HIST 33605 Global LGBTQ History
- *HIST 33805 History of Human Rights
- *HIST 34000 Modern China
- HTM 37200 Global Tourism Geography
- *ITAL 28000 Italian Culture and Civilization
- JPNS 28000 Introduction to Modern Japanese Civilization
- KOR 38000 Special Topics in Korean Culture – must take Introduction to Korean Culture
- *LC 23900 Women Writers in Translation
- LC 28100 Introduction to World Food Cultures
- *PHIL 11400 Global Moral Issues
- *PHIL 23000 Religions of the East
- POL 13000 Introduction to International Relations
- POL 14100 Governments of the World
- POL 23500 International Relations Among Rich and Poor Nations
- PUBH 24000 Global Health
- PUBH 25000 Intercultural Development in Public Health and Human Sciences
- *REL 20000 Introduction to the Study of Religion
- RUSS 29800 Special Topics in Russian – must take Food and Culture in Russia
- TECH 33000 Technology and the Global Society
- WGSS 38000 Comparative Studies in Gender and Culture

***Also fulfills Humanities University Foundational Core Requirement**

Human Health Selective List **NOTE:** The selection for this category cannot be used to satisfy other major requirements.

ANTH 21200	Culture, Food, and Health
ANTH 33700	Human Diet: Origins and Evolution
ANTH 34000	Global Perspectives on Health
COM 37800	Introduction to Health Communication
COM 47800	Health Communication Campaigns
HDFS 32500	Health and Health Care for Children and Families
HIST 36305	The History of Medicine and Public Health
HIST 47005	Women and Health in America
HSCI 20100	Principles of Public Health Science
HSCI 30500	Basics of Oncology
NUTR 30300	Essentials of Nutrition
NUTR 31500	Fundamentals of Nutrition
PHIL 27000	Biomedical Ethics
PUBH 20500	Basic Public Health Studies
PUBH 22500	Contemporary Women's Health
SOC 37400	Medical Sociology
SOC 57600	Health and Aging in Social Context

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements

DVFS
5/2025

Study Abroad Plan of Study Worksheet

Major: Developmental & Family Science

Minor(s):

Fall 20		Spring 20		Summer 20
1	HDFS 10000	3	HDFS 21000 (CORE Behav/Soc Sci)	
3	HDFS 20100	3	ENGL 10800/10600 (CORE: Written Com)	
3	CNIT 13600 or CS 10100	3	CORE: Science	
3	COM 11400 or EDPS 31500 (Oral Com)	3	Gl. Perspectives and Int. Cultures	
3-5	EDCI 22200 or MA 15555 or select list (Quan. Reas)	3-4	Foreign Language 10200	
3-4	Foreign Language 10100	0-1	Elective	
16-19		15-18		

Fall 20		Spring 20		Summer 20
3	STAT 11300, STAT 30100, SOC 38200, or PSY 20100	3	HDFS 28000	
		3	HDFS 34600	
3	Advanced Content Selective	3	Human Health Selective	
3	CORE: Science	3	Advanced Content Selective	
3-4	Foreign Language Selective	3	CORE: Humanities	
12-13		15		

Fall 20		Spring 20		Summer 20
3	HDFS Selective	3	HDFS Selective	
3	Opt. Concentration Course or Elective	3	Opt. Concentration Course or Elective	
1-3	CORE: Science, Technology, & Society	3	Elective	
3	Elective	3	Elective	
3	Elective	3	Elective	
15		15		

Fall 20		Spring 20		Summer 20
2-6	Capstone Experience- Thesis, Study Abroad or Internship Option ²	2-6	Capstone Experience- Thesis, Study Abroad or Internship Option ²	
3	HDFS Selective ¹ or Elective	3	HDFS Selective ¹ or Elective	
3	Opt. Concentration Course or Elective	3	Opt. Concentration Course or Elective	
0-4	Elective	0-4	Elective	
1-4	Elective (s)	0-4	Elective (s)	
13-16		12-16		

Total credits needed for graduation: 120

Upper division (30000 and 40000 level) credits needed for graduation: 32

¹ If not doing an optional concentration, students must complete 12 hours of HDFS Selectives.

²Capstone Experience courses and credit hours are dependent upon the Capstone Experience chosen. Please see your academic advisor for further information.