PURDUE UNIVERSITY®

Student: _____ PUID: _____ Catalog Term: Fall 2025

Additional Majors: _____ Minors: _____

Major Requirements (45 credits)
____ (1) HDFS 10000 Orientation to Current Issues in Human Development & Family Science
____ (3) HDFS 20100 Introduction to Relationship and Family Science **[Satisfies Behavioral/Social Science Core]**
____ (3) HDFS 21000 Introduction to Human Development **[Satisfies Behavioral/Social Science Core]**
____ (3) HDFS 28000 Diversity in Individual & Family Life **[Satisfies Behavioral/Social Science Core]**
____ (3) HDFS 34600 Research Design & Program Evaluation
____ (2) HDFS 45100 Internship & Career Preparation for Human Services

Advanced Content Courses Selective – *Select 9 credits*
____ (3) HDFS 30500 Biosocial Foundations of the Family
____ (3) HDFS 31100 Child Development
____ (3) HDFS 31200 Adult Development
____ (3) HDFS 31300 Adolescent Development
____ (3) HDFS 31400 Atypical Child Development
____ (3) HDFS 33000 Sexuality & Family Life
____ (3) HDFS 33200 Stress and Coping In Contemporary Families
____ (3) HDFS 41800 Understanding Autism

Practical Skills Courses Selective – *9 credits*
____ (3) HDFS 33100 Skills For Helping Professionals In Individual, Family, & Group Settings
____ (3) HDFS 34100 Working With Parents or HDFS 34800 Administration of Social Service Not-For-Profit Organizations
____ (3) HDFS 34300 Assessment & Case Management

Capstone Requirement - *12 credits – select one option*
____ (12) HDFS 45500 Human Services Capstone Internship or
       ____ (6) HDFS 45500 Human Services Capstone Internship and
       ____ (3) _____ 6 credits HDFS coursework – 300 level or above
       ____ (3) _____

Other Departmental / Program Course Requirements (40-46 credits)
____ (3) COM 11400 Fundamental of Speech Communication or EDPS 31500 Collaborative Leadership: Interpersonal Skills **[Satisfies Oral Communication Core]**
____ (3) CNIT 13600 Personal Computing Technology & Applications or CS 10100 Digital Literacy
____ (3) _____ EDCI 22200 Knowing the World Through Mathematics or MA 15555 Quantitative Reasoning or *select any course from University list* EXCEPT MA 13800 **[Satisfies Quantitative Reasoning Core]**
____ (4-3) _____ ENGL 10600 First Year Composition with Conferences or ENGL 10800 First-Year Composition **[Satisfies Written Communication and Information Literacy Cores]**
____ (3) _____ Global Perspectives & International Cultures Selective - *select from list*
____ (3) _____ Human Health Selective - *select from list*
____ (3) _____ STAT 11300 Statistics & Society or STAT 30100 Elementary Statistical Methods or SOC 38200 Introduction to Statistics in Sociology or PSY 20100 Introduction to Statistics in Psychology (**IF** STAT 11300 selected, **satisfies Science, Technology, & Society Core**.)
____ (3) _____ **[Humanities Core]** – *select from University list*
____ (3) _____ **[Science Core]** – *select from University list*
____ (3) _____ **[Science Core]** – *select from University list*
____ (1-3) _____ **[Science, Technology & Society Core]** – *select from University list* (**IF** STAT 11300 is selected for other requirements, this requirement is satisfied)

Foreign Language requirement may be met by completing <u>one</u> of the three options listed below.

Option 1: Proficiency through level III in any one foreign language
____ (3-4) _____ 10100   (Select from American Sign Language, Arabic, Chinese, French, German,
____ (3-4) _____ 10200   Greek, Hebrew, Italian, Japanese, Korean, Latin, Portuguese, Russian, or
____ (3-4) _____ 20100   Spanish.)

Option 2: Proficiency through level II in any one foreign language AND an additional course from the Global Perspectives & International Cultures Selective List.
____ (3-4) _____ 10100
____ (3-4) _____ 10200
____ (3) _____ Select an additional course from the Global Perspectives & International Cultures Selective list. The selection for this category cannot be used to satisfy other major requirements.

Option 3: Proficiency through level II in any one foreign language AND an approved study abroad experience that takes place outside of the U.S. and is at least 14 days in duration.

____ (3-4) _____ 10100
____ (3-4) _____ 10200
____ (3)   _____ Approved Study Abroad Experience
                  The selection for this category cannot be used to satisfy other major requirements.

Electives 29-35 credits

____ ( )_____   ____ ( )_____   ____ ( )_____   ____ ( )_____
____ ( )_____   ____ ( )_____   ____ ( )_____   ____ ( )_____
____ ( )_____   ____ ( )_____   ____ ( )_____   ____ ( )_____
____ ( )_____   ____ ( )_____   ____ ( )_____   ____ ( )_____

120 semester credits required for Bachelor of Science degree
At least 32 credits of coursework required at 30000 level or higher to meet graduation requirements.

University Foundational Learning Outcomes List: https://www.purdue.edu/provost/students/s-initiatives/curriculum/courses.html

Global Perspectives & International Cultures Selective List **NOTE:** The selection for this category cannot be used to satisfy other major requirements.

AGEC 25000   Economic Geography of World Food and Resources
ANTH 23000   Gender Across Cultures
ANTH 34000   Global Perspectives on Health
ANTH 34100   Culture and Personality
*ARAB 23900 Arab Women Writers
*ARAB 28000   Arabic Culture
ARAB 28100   Introduction to Islamic Civilization and Culture
*CHNS 28000   Topics in Chinese Civilization and Culture
CHNS 28100   Introduction to Chinese Food Culture
COM 22400   Communicating in the Global Workplace
EDPS 31600   Collaborative Leadership: Cross Cultural Settings
GSLA 10100   Global Awareness
HDFS 22500   Human Development Across Cultures
*HIST 21000   The Making of Modern Africa
HIST 33605   Global GLBTQ History
*HIST 33805   History of Human Rights
*HIST 34000   Modern China
HTM 37200   Global Tourism Geography
*ITAL 28000   Italian Culture and Civilization
JPNS 28000   Introduction to Modern Japanese Civilization
KOR 38000   Special Topics in Korean Culture – must take Introduction to Korean Culture
*LC 23900   Women Writers in Translation
LC 28100   Introduction to World Food Cultures
*PHIL 11400   Global Moral Issues
*PHIL 23000   Religions of the East
POL 13000   Introduction to International Relations
POL 14100   Governments of the World
POL 23500   International Relations Among Rich and Poor Nations
PUBH 24000 Global Health
PUBH 25000 Intercultural Development in Public Health and Human Sciences
*REL 20000   Introduction to the Study of Religion
RUSS 29800   Special Topics in Russian – must take Food and Culture in Russia
TECH 33000   Technology and the Global Society
WGSS 38000 Comparative Studies in Gender and Culture

*Also satisfies Humanities University Foundational Core Requirement
Continued on next page

Human Health Selective List **NOTE:** The selection for this category cannot be used to satisfy other major requirements.

ANTH 21200   Culture, Food, and Health
ANTH 33700   Human Diet: Origins and Evolution
ANTH 34000   Global Perspectives on Health
COM 37800   Introduction to Health Communication
COM 47800   Health Communication Campaigns
HDFS 32500   Health and Health Care for Children and Families
HIST 36305   The History of Medicine and Public Health
HIST 47005   Women and Health in America
HSCI 20100   Principles of Public Health Science
HSCI 30500   Basics of Oncology
NUTR 30300   Essentials of Nutrition
NUTR 31500   Fundamentals of Nutrition
PHIL 27000   Biomedical Ethics
PUBH 20500   Basic Public Health Studies
PUBH 22500   Contemporary Women's Health
SOC 37400   Medical Sociology
SOC 57600   Health and Aging in Social Context

OPTIONAL CONCENTRATION

Please note that to complete the addictions concentration, your capstone requirement (see major requirements section) must be completed via 12 credits of HDFS 45500 in an approved addictions-related placement.

Addiction Studies Concentration – ADCT (21 credits)
____   (3) PSY 12000 Elementary Psychology
____   (3) PSY 35000 Abnormal Psychology
____   (3) HDFS 1XXXX Problems of Substance Abuse in Society (HUMS 113 completed at Ivy Tech Community College)
____   (3) HDFS 2XXXX Treatment Models of Substance Abuse (HUMS 208 completed at Ivy Tech Community College)
____   (3) HDFS 2XXXX Counseling Issues in Substance Abuse (HUMS 209 completed at Ivy Tech Community College)
____   (3) HDFS 2XXXX Issues of Substance Abuse in Family Systems (HUMS 210 completed at Ivy Tech Community College)
____   (3) HDFS 2XXXX Theories of Personality (HUMS 267 completed at Ivy Tech Community College)

A student may elect the Pass / Not-Pass (P/NP) grading option for elective courses only, unless an academic unit requires that a specific departmental course/s be taken P/NP. Students may elect to take University Core Curriculum courses P/NP; however, some major Plans of Study require courses that also fulfill UCC foundational outcomes. In such cases, students may not elect the P/NP option. A maximum of 24 credits of elective courses under the P/NP grading option can be used toward graduation requirements. For further information, students should refer to the College of Health and Human Sciences P/NP Policy.

Students are encouraged to use this advising worksheet as a resource when planning progress toward completion of degree requirements. An Academic Advisor may be contacted for assistance in interpreting this worksheet. This worksheet is not an academic transcript, and it is not official notification of completion of degree or certificate requirements. The University Catalog is the authoritative source for displaying plans of study. The student is ultimately responsible for knowing and completing all degree requirements

XHSB
5/2025

Plan of Study Worksheet

Name: Major: Human Services
Minor(s):

	Fall 20		Spring 20	Summer 20
1	HDFS 10000	3	HDFS 21000 (CORE Behav/Soc Sci)	
3	HDFS 20100	3	ENGL 10800/10600 (CORE: Written Com)	
3	COM 11400 or EDPS 31500 (Oral Com)	3	CORE: Science	
3	CNIT 13600 or CS 10100	3	Gl. Perspectives and Int. Cultures	
3	EDCI 22200 or MA 15555 (CORE: Quan. Reasoning)	3	Foreign Language 10200	
3	Foreign Language 10100	1	Elective	
16		16		

	Fall 20		Spring 20	Summer 20
3	STAT 11300, STAT 30100, SOC 38200, or PSY 20100	3	HDFS 34600	
3	HDFS Adv Content	3	Human Health Selective	
3	CORE: Science	3	HDFS Adv Content	
3	CORE: Information Literacy (if not met by PU ENGL)	3	CORE: Humanities	
3	Foreign Language Selective	3	Elective	
15		15		

	Fall 20		Spring 20	Summer 20
3	HDFS 28000 (CORE: Behav/Soc Sci)	3	HDFS 34300 (HDFS 33100 is a prerequisite)	
3	HDFS 33100	3	HDFS Adv Content	
3	Elective	1-3	CORE: Science, Tech, & Society	
3-4	Elective	3	Elective	
3-4	Elective	3	Elective	
15-17		13-15		

	Fall 20		Spring 20	Summer 20
2	HDFS 45100	12	HDFS 45500	
3	HDFS 34100 or HDFS 34800			
3	Elective			
3	Elective			
3	Elective			
2	Elective			
16		12	120	

Total credits needed for graduation: 120
Upper division (300 and 400 level) credits needed for graduation: 32

Fall 2025