

DAVINA QUICHOCHO

Clinical Assistant Professor in Human Development and Family Science (HDFS)
Purdue University | College of Health and Human Sciences

Education

2022	Ph.D. in Human Development and Family Science	Auburn University (AU) Auburn, AL
2016	Doctoral Studies in Marriage and Family Therapy	Florida State University (FSU) Tallahassee FL
2015	M.A. in Rehabilitation and Mental Health Counseling Certificate in Marriage and Family Therapy	University of South Florida (USF) Tampa FL
2012	B.A. in Psychology B.A. in Relational Communication	University of South Florida (USF) Tampa FL

Current Teaching

Fall, Spg	Skills for Helping Professionals in Individual, Family and Group Settings (HDFS 331)
Fall, Spg	Working with Parents (HDFS 341)
Fall, Spg	Internship and Career Preparation (HDFS 451/454)
Fall, Spg, Sum	Capstone Internship Supervision (HDFS 454/458)

Experiential Education Projects & Grants

2025	Annual Say It Big Purdue HDFS Elevator Pitch Competition Funded by: Department of Human Development and Family Science Co-Investigators: Natasha Watkins, Ph.D.; Cezanne Elias, Ph.D.
2024	Inaugural Say It Big Purdue HDFS Elevator Pitch Competition Funded by: ExEd Program Development Mini Grant Co-Investigators: Natasha Watkins, Ph.D.; Cezanne Elias, Ph.D.
2024	ExEd Program Development Mini Grant, awarded by Purdue Office of Experiential Education Project Title: <i>Elevating Students' Experiential Learning through an Elevator Pitch Competition</i> Co-Investigators: Natasha Watkins, Ph.D.; Cezanne Elias, Ph.D.
2023 - 2024	<i>Reimagine</i> Self Study Program Completed in partnership with Purdue Office of Experiential Education

Teaching & Learning Scholarly Presentations

- 9 **Quichocho, D.** & Rosenberger, C. (2026, November). Classrooms and communities as contexts for putting students' research skills to work. In **Quichocho, D. (chair)**, *A mission of action and change: Building family science capacity through practices, policies, and programs that support undergraduate student research skillsets* [Symposium]. Presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN. (National).
- 8 **Quichocho, D.**, Essig, J., Elias, C., & Watkins, N (2026, October). *Career readiness starts now - Building competency through alternative grading feedback*. Session presented at the International Teaching Learning Cooperative (ITLC) 2026 Evidence-Based Teaching & Learning Lilly Conference, Traverse City, MI. (International)

- 7 Rosenberg, C.A., & **Quichocho**, D. (2025, October). *The Families Tackling Tough Times Together Program as a community-based service-learning project to train future helping professionals*. Poster presented at the College of Health and Human Sciences Research Day, Purdue University, West Lafayette, IN
- 6 Watkins, N., Elias, C., & **Quichocho**, D. (2025, October). *No points? Using specifications grading to prepare students for future workplace expectations*. Session presented at the International Teaching Learning Cooperative (ITLC) 2025 Evidence-Based Teaching & Learning Lilly Conference, Traverse City, MI. (International)
- 5 **Quichocho**, D., Elias, C., & Watkins, N. (2025, September). *Say It Big! How an elevator pitch competition helped students connect with course content, strengthen self-promotion skills, and elevate experiential education*. Session presented at the 32nd Annual Scholarship of Teaching and Learning Summit (National)
- 4 Todd, L., Elias, C., & **Quichocho**, D. (2025, September). *Reimagine with us! Enhancing experiential education through the REImagine ExEd review initiative*. 60-Minute Breakout Session presented at the 2025 Society for Experiential Education (SEE) Annual Conference, Niagara Fall, Ontario, Canada. (National)
- 3 **Quichocho**, D., Watkins, N., & Elias, C. (2025, April). *Say It Big: An elevator pitch competition to showcase the academic, professional, and personal impacts of participating in experiential education activities*. Poster presented at the Honors College Festival of Teaching and Learning, Purdue University, West Lafayette, IN.
- 2 Elias, C., & **Quichocho**, D. (2024, November). *Turning words into opportunities: Maximizing career development with a cover letter guidebook for emerging family science professionals*. Roundtable session presented at the annual meeting of the National Council on Family Relations, Bellevue, WA. (National)
- 1 Elias, C., Watkins, N., & **Quichocho**, D. (2024, April). *Turning words into opportunities: Supporting career development with a cover letter resource guide*. Poster presented at the Honors College Festival of Teaching and Learning, Purdue University, West Lafayette, IN.

Teaching & Learning Professional Development

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| 2026 | <ul style="list-style-type: none"> • Annual Conference: ITLC Lilly Evidence-Based Teaching & Learning Conference |
| 2025 | <ul style="list-style-type: none"> • <i>AI (Artificial Intelligence) Tool Exploration</i> Purdue HDFS Digital Instruction • <i>AI Bytes: AI to Enhance Universal Design for Learning</i> Purdue Teaching and Learning Technologies • Festival of Teaching & Learning Purdue Honors College • <i>Embedding Career Preparation in Experiential Learning</i> Society for Experiential Education • <i>Neurodiversity in the Classroom</i> Purdue Autism Research Center & Purdue Disability Resource Center • <i>AI Bytes: Researching with Scite AI</i> Purdue Teaching and Learning Technologies • Annual Conference: 32nd Scholarship of Teaching and Learning (SoTL) Summit • Annual Conference: ITLC Lilly Evidence-Based Teaching & Learning Conference |
| 2024 | <ul style="list-style-type: none"> • <i>R.I.S.E and Be You: Inclusive Excellence in Motion</i> Purdue College of Health and Human Sciences • Festival of Teaching & Learning Purdue Honors College • <i>Careers in the Classroom - Findings from the NACE Survey ...</i> Society for Experiential Education • Annual Conference: Society for Experiential Education (SEE), New Orleans, LA • <i>Mentoring Across Differences Workshop</i> Purdue College of Health and Human Sciences |
| 2023 | <ul style="list-style-type: none"> • 2023 - 2024 Teaching for Tomorrow Program Fellow Purdue Center for Instructional Excellence • <i>ExEd Community of Practice Event</i> Purdue Experiential Education • <i>Inclusive Teaching</i> Purdue College of Health and Human Sciences • <i>"Reject" Film Screening and Discussion</i> Purdue Agricultural Programs • <i>Sense of Belonging</i> Purdue Agricultural Programs |

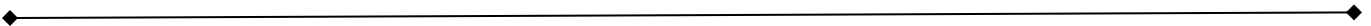
- 2022
 - *Sharing Digital Tools: What Works Best for ... HDFS?* | Purdue HDFS Digital Instruction
 - *Brightspace for HDFS* | Purdue HDFS Digital Instruction
 - *Grad Faculty Mentoring Workshops for Obtaining Graduate Faculty Status* | Purdue University
 - *New Faculty Orientation* | Purdue University
- 2020
 - *Working Toward Wellness: Supporting Faculty Mental Health in a Zoom World* | Auburn University Biggio Center for the Enhancement of Teaching (AU Biggio Center)
 - *Digital Design for Students: Increase Student Engagement with Adobe...* | Auburn Biggio Center
- 2017
 - *Inclusive Classrooms through Syllabus Redesign* | Auburn Biggio Center
 - *Creating a Culturally Inclusive Classroom Training* | Auburn Biggio Center
 - *Graduate Students as Teachers Training* | Auburn Biggio Center

Mentoring

- 2023 - present **Teaching Faculty Mentor of Graduate Students** | Purdue College of Health and Human Sciences
- 2024 - present **Faculty Mentor** | Purdue *Horizons* (US Dept. of Education funded)
- 2021 - 2022 **Faculty Career Mentor** | *Scholars Committed to Opportunities in Psychological Education*
- 2020 - 2022 **Graduate Student Peer Mentor** | AU HDFS Graduate Student Organization
- 2016 - 2022 **Research Team Mentor** | Military REACH at AU (US Dept. of Defense & USDA funded)

Previous Teaching

- 2021 **Graduate Student Instructor of Record** | *Lifespan Develop. in the Family Context* (HDFS2010)
Alabama Prison Arts and Education Project | Staton Correctional Facility & AU
- 2020 Jun **Guest Lecturer** | *Family Dynamics* (CFS 759)
Couple & Family Therapy Program | Humanities Dept. | University of Las Vegas
- 2020 **Graduate Student Instructor of Record** | *Parent Education* (HDFS 4670)
Dept. of Human Development & Family Sciences | College of Human Sciences | AU
- 2019 Nov **Guest Lecturer** | *Patterns of Family Interaction* (HDFS 3060)
Dept of Human Development & Family Sciences | College of Human Sciences | AU
- 2018 **Graduate Student Instructor of Record** | *Parent Education* (HDFS 4670)
Dept of Human Development & Family Sciences | College of Human Sciences | AU
- 2016 – 2017 **Graduate Student Teaching Assistant** | *Individual & Family Life Span Develop.* (FAD 3220)
Dept. of Marriage and Family Therapy | College of Human Sciences | FSU
- 2017 Jan **Guest Lecturer** | *Family Life Education* (FAD 4455)
Dept of Marriage and Family Therapy | College of Human Sciences | FSU



Clinical Licenses and Certifications

2021 - present **Licensed Mental Health Counselor**, Florida (MH#18811)
2015 - 2020 **Certified Rehabilitation Counselor** (#00142302)

Clinical Experience

2019 - 2020 **School-Based Therapist** | East Alabama Mental Health Family & Child Services
2016 - 2017 **Graduate Student Therapist** | FSU Center for Child and Family Therapy
2014 - 2016 **Vocational Rehabilitation Counselor** | Florida Div. of Vocational Rehabilitation School to Work
2014 **Vocational Rehabilitation Technician** | Florida Div. of Vocational Rehabilitation School to Work
2014 – 2015 **Graduate Student Mental Health Intern** | Hillsborough County Headstart / Early Headstart

Research Grants

- 2025 Olson Grant: Bridging Research, Theory, and Practice
 Awarded by: National Council on Family Relations (NCFR)
 Co-awardees: Nick Frye-Cox, Ben Burke, Haley Sherman, Davina **Quichocho**
 Total Amount: \$10,000

Research-Backed Education, Outreach, and Community Engagement

- 16 **Quichocho, D.** (2026, August). *Family resiliency in service families: Making theory accessible and actionable for professionals serving military families*. 60-minute breakout session presented at the [2026 Indiana Mental Health Roundtable](#), Indianapolis, IN.
- 15 **Quichocho, D.** (2026, February). [Celebrating friendships with Galentine's Day](#). News segment filmed for Purdue Expert Series of Purdue University News.
- 14 **Quichocho, D.** (2026, January). *Military Family Resiliency Course*. Continuing education 4-hour module developed as a long-term offering for Star Behavioral Health Providers.
- 13 **Quichocho, D.** (2025, October). *Family resiliency: Making theory accessible and actionable for professionals serving military families*. Continuing education 3-hour preconference session presented at the annual Purdue Military Family Research Institute Battlemind to Home Summit, Noblesville, IN.
- 12 **Quichocho, D. & MacDermid Wadsworth, S.** (2024, November). *Supporting women service members and their families: Their unique military experiences and transitions, and professionals' practical next steps*. Continuing education webinar presented through Maryland's Commitment to Veterans SMVF Behavioral Health Monthly Workshop Series.
- 11 **Quichocho, D.** (2021, September). [Pandemic Blues and Gratitude News: Emerging Research on Family Life and COVID- 19](#). Blog Post on the Military REACH Family Focus page.
- 10 **Quichocho, D.** (2021, April). [Dear Families with a Child on the Autism Spectrum, April is for you!](#). Blog Post on the Military REACH Family Focus webpage.
- 9 **Quichocho, D.** (2021, April). [Suicide Prevention](#). Blog Post on the Military REACH Family Focus webpage.
- 8 **Quichocho, D. & Farnsworth, M.** (2020, September). *Military REACH: Integrating Research into Clinical Work with Military Families*. Presentation given at the monthly continuing education meeting of the Middle Georgia Chapter of the American Association for Marriage & Family Therapy (GAAMFT)
- 7 **Quichocho, D.** (2020, August). ["Neat but now what?": Connecting Research Findings to Your Actual Life](#). Op-ed written for Military REACH Monthly Newsletter.
- 6 Nichols, L.R. & **Quichocho, D.** (2020, July). *Military REACH: Linking Research and Practice*. Presentation given at the Airman and Family Readiness New Employee Basic Training Course
- 5 **Quichocho, D.** (2020, June). [Mindful Parenting During Reintegration](#). Blog Post on Military REACH Family Focus webpage.
- 4 **Quichocho, D.** (2020, May). [Strategies for Mindful Parenting](#). Blog Post on Military REACH Family Focus webpage.
- 3 **Quichocho, D.** (2020, March). [Chicken Soup for Parental Deployment](#). Blog Post on Military REACH Family Focus page.
- 2 **Quichocho, D.** (2019, October). [Retaining High Quality Employees](#). Op-ed written on page 2 of Military REACH Monthly Newsletter.
- 1 **Quichocho, D.** (2019, January). [Contribution: The Importance of Original, Applicable, and Enhanceive Research](#). Op-ed written on page 2 Military REACH Monthly Newsletter.

Research Publications

- 7 Lucier-Greer, M., O'Neal, C.W., Cooper, E., Vandenberg, C., **Quichocho**, D., & Sherman, H. (2025). Military cultural competence among human service helping professionals: A psychometric analysis of three brief measures. *Journal of Marital and Family Therapy*. DOI: [10.1111/jmft.70038](https://doi.org/10.1111/jmft.70038)
- 6 **Quichocho**, D. & Lucier-Greer, M (2024). Can I go to my family when things bother me? Adolescent emotional disclosure and mental health in military families. *Journal of Child and Family Studies*, 33(8), 2498-2513. DOI: [10.1007/s10826-024-02838-7](https://doi.org/10.1007/s10826-024-02838-7)
- 5 O'Neal, C. W., **Quichocho**, D., Burke, B., & Lucier-Greer, M. (2022). Case management in community mental health centers: Staffing considerations that account for client and agency context. *Children and Youth Services Review*, 135, Article 106387. DOI: [10.1016/j.childyouth.2022.106387](https://doi.org/10.1016/j.childyouth.2022.106387)
- 4 **Quichocho**, D. & Lucier-Greer, M (2020). The role of interparental conflict in adolescent siblings' distress: A multi-informant study of military families. *Children and Youth Services Review*, 120, Article 105708. DOI: [10.1016/j.childyouth.2020.105708](https://doi.org/10.1016/j.childyouth.2020.105708)
- 3 Lucier-Greer, M., **Quichocho**, D., Frye-Cox, N., Sherman, H., Burke, B., & Duncan, J. M. (2020). Coping and mental health differences among active-duty service members and their spouses with high and low levels of marital warmth. *Military Psychology*, 32(6), 425-431. DOI: [10.1080/08995605.2020.1803724](https://doi.org/10.1080/08995605.2020.1803724)
- 2 Lucier-Greer, M., **Quichocho**, D., May, R.W., Seibert, G.S., & Fincham, F.D. (2018). Managing stress and school: The role of posttraumatic stress in predicting well-being and collegiate burnout. *Emerging Adulthood*, 7(5), 342-351. DOI: [10.1177/2167696818777106](https://doi.org/10.1177/2167696818777106)
- 1 Dillahun-Aspillaga, Jorgensen-Smith, T., Hanson, A., Ehlke, S., Stergiou-Kita, M., Dixon, C., & **Quichocho**, D. (2015). Exploring vocational evaluation practices following traumatic brain injury. *Behavioural Neurology*, 2015, 1-11. DOI: [10.1155/2015/924027](https://doi.org/10.1155/2015/924027)

Research Presentations

- 21 Sherman, H., **Quichocho**, D., Frye-Cox, N., & Burke, B. (November, 2025). *The role of forgiveness in the association between moral injury and posttraumatic growth: Insights from a veteran sample*. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD. (National)
***Awarded "Outstanding New Professional Proposal" by NCFR Military Families & Children Focus Group**
***Awarded "Outstanding New Professional Proposal" by NCFR Religion, Spirituality, & Family Section**
- 20 Frye-Cox, N., Sherman, H., & **Quichocho** (2024, November). *Ambivalent ties: How leadership ambivalence and unit cohesion interact to predict marital satisfaction over time*. Poster presented at the annual meeting of the National Council on Family Relations, Bellevue, WA. (National).
- 19 Frye-Cox, N., **Quichocho**, D., Sherman, H., & Mcgaugh, G. (2024, July). *Strained hearts and minds: The consequences of spousal distress and loneliness for marital quality*. Paper presented at the bi-annual conference of the International Association for Relationship Research, Boston, MA. (International).
- 18 Frye-Cox, N., & **Quichocho**, D. (2023, November). *Are happier marriages beneficial for service members' mental health? Exploring the role of emotional ambivalence*. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL. (National)
- 17 Lucier-Greer, M, **Quichocho**, D., & O'Neal, C.W. (2022, November). *There's an app for that: Evaluating a mobile application for delivering continuing education to providers serving military and veteran families*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN. (National)

- 16 Lucier-Greer, M, **Quichocho**, D., & O'Neal, C.W. (2021, November). *App-based continuing education for helping professionals: Research competency findings from an efficacy study of exposing practitioners to military family research*. Poster presented at the annual meeting of the National Council on Family Relations. (National)
- 15 **Quichocho**, D., O'Neal, C.W. & Lucier-Greer, M (2021, August). *Supporting military communities by equipping helping professionals: An app-based efficacy study*. Poster presented at the annual meeting of the American Psychological Association. (National)
- 14 **Quichocho**, D. & Lucier-Greer, M (2020, November). *Fathers, mothers, and siblings as confidants: A study of military family internal supports*. Poster presented at the annual meeting of the National Council on Family Relations. (National)
- 13 **Quichocho**, D., Lucier-Greer, M., Nichols, L., Frye, N., O'Neal, C. W., Krumm, A. (2020, April). *What human services and helping professionals need to know about employee retention and work-life balance*. Paper accepted at the annual meeting of the Southeastern Council on Family Relations, Birmingham, AL. (Regional)
- 12 **Quichocho**, D., Lucier-Greer, M., Nichols, L., Peterson, C., Burke, B., O'Neal, C.W. (2019, August). *Child problematic sexual behavior: Tools to assess and treat*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Austin, TX. (National)
- 11 Burke, B., **Quichocho**, D., Nichols, L., Sherman, H., O'Neal, C. W., & Lucier-Greer, M. (2019, November). *Leveraging social relationships to foster posttraumatic growth*. Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX. (National)
- 10 **Quichocho**, D. & Lucier-Greer, M. (2019, April). *A multi-informant study of perceived parental conflict and youth adjustment among siblings within military families*. Paper presented at the annual meeting of the Southeastern Council on Family Relations, Bentonville, AR. (Regional)
- 9 Burke, B., **Quichocho**, D., Sherman, H., O'Neal, C. W., Lucier-Greer, M. (2019, April). *Can there be growth after trauma? An application-focused review of posttraumatic growth*. Paper presented at the annual meeting of the Southeastern Council on Family Relations, Bentonville, AR. (Regional)
- 8 **Quichocho**, D. & Lucier-Greer, M. (2018, November). *Interparental conflict & adolescent siblings' anxiety in military families*. Paper presented at the annual meeting of the National Council on Family Relations, San Diego, CA. (National).
*Awarded "Outstanding Student Proposal" by NCFR Military Families & Children Focus Group
- 7 Lucier-Greer, M., O'Neal, C.W., Burke, B., **Quichocho**, D., & Mancini, J.A. (2018, September). *Promoting operational readiness through family support: The use and benefits of military-sponsored youth programming*. Poster presented at the annual Warrior Research Center Summit, Auburn, AL. (National)
- 6 Lucier-Greer, M., **Quichocho**, D., Ferraro, A.J., Duncan, J.M., & Mancini, J.A. (2018, September). *A couple-level examination of military-related stress and psychological vulnerability: The advantages of support on the home front*. Poster presented at the annual Warrior Research Center Summit, Auburn, AL. (National)
- 5 **Quichocho**, D., Lucier-Greer, M., O'Neal, C.W., Burke, B., & Ching, D. (2018, June). *Understanding the experiences of family caregivers of adults with traumatic brain injury: An empirical and theoretical review*. Poster presented at the annual meeting of the Groves Conference on Marriage and Family, Portland, ME. (National)
- 4 Lucier-Greer, M., O'Neal, C.W., Burke, B., **Quichocho**, D., & Mancini, J.A. (2018, June). *Military caregiving supports and the utilization of military-sponsored youth programming*. Poster presented at the annual meeting of the Groves Conference on Marriage and Family, Portland, ME. (National)
- 3 Burke, B., **Quichocho**, D., & Lucier-Greer, M. (2018, March). *From theory and practice: A theory-informed, critical review of research on military marriages*. Paper presented at the annual meeting of the Southeastern Council on Family Relations, Baton Rouge, LA. (Regional)

- 2 Lucier-Greer, M., **Quichocho**, D., May, R.W., Seibert, G.S., & Fincham, F.D. (2017, November) *Posttraumatic stress, self-control, and adverse outcomes in emerging adults*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL. (National)
- 1 Dillahun-Aspillaga, Jorgensen-Smith, T., Hanson, A., Ehlke, S., Stergiou-Kita, M., Dixon, C., & **Quichocho**, D (2016, March). *Exploring vocational evaluation practices following traumatic brain injury*. Presentation at the Eleventh World Congress on Brain Injury, The Hague, Netherlands. (International)

Department of Defense Requested Research Reports

- 6 **Quichocho**, D., Lucier-Greer, M., Nichols, L. R., Frye-Cox, N., & O'Neal, C. W. (2019). [*Retaining high-quality employees: Contextual considerations and strategies for facilitating retention within childcare settings*](#). Auburn, AL: Military REACH.
- 5 Burke, B., Lucier-Greer, M., **Quichocho**, D., Sherman, H., Nichols, L., & O'Neal, C. W. (2019). [*A review and application of posttraumatic growth for enhancing the well-being of military service members and their families*](#). Auburn, AL: Military REACH.
- 4 Lucier-Greer, M., O'Neal, C.W., **Quichocho**, D., & Burke, B. (2018). [*Youth sports and child health: A guide to understanding sports-related concussions and ways to promote safer play*](#). Auburn, AL: Military REACH.
- 3 Lucier-Greer, M., Nichols, L. R., Peterson, C., Burke, B., **Quichocho**, D., & O'Neal, C.W. (2018). [*Problematic sexual behavior among children: Considerations for reporting, assessment, and treatment*](#). Auburn, AL: Military REACH.
- 2 O'Neal, C.W., **Quichocho**, D., Burke, B., & Lucier-Greer, M. (2018). [*The Exceptional Family Member Program: Staffing and case management*](#). Auburn, AL: Military REACH.
- 1 O'Neal, C. W., Nichols, L. R., **Quichocho**, D., Herren, C., & Lucier-Greer, M. (2018). [*Community-based assistance for victims of domestic violence*](#). Auburn, AL: Military REACH.

Previous Research Experience

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| 2016 - 2022 | Graduate Research Assistant
Military REACH Lab, AU Sup: Mallory Lucier Greer, Ph. D. |
| 2016 | Graduate Research Assistant
Relationships with Others & Transitions for Cadets (ROTC), FSU Sup: Mallory Lucier Greer |
| 2010 - 2012 | Undergraduate Research Assistant Honors Thesis Title: How Children Rate Letter Signings
Developmental Psycholinguistics Lab, USF Sup: Judith Bryant, Ph. D. |
| 2010 | Volunteer Undergraduate Research Assistant
Comparative Medicine Lab, USF Sup: Antoinette Maldonado-Devincci, Ph.D. |
| 2009 | Volunteer Undergraduate Research Assistant
Vision, Cognition and Design Lab, USF Sup: Thomas Sanocki, Ph.D. |

Professional Development

- 2026
 - National Council on Family Relations (NCFR) Annual Conference, Minneapolis, MN
 - Recognizing LGBTQ+ Pride Month and Autistic Pride Day | Maryland's Commitment to Veterans
- 2025
 - National Council on Family Relations (NCFR) Annual Conference, Baltimore, Maryland
 - *Assistant Professor Symposia: Relational Thriving* | Purdue Butler Center for Leadership Excellence
- 2024
 - National Council on Family Relations (NCFR) Annual Conference, Bellevue, WA
 - *Assistant Professor Symposia: Promotion & Tenure* | Purdue Butler Center for Leadership Excellence
- 2023
 - National Council on Family Relations (NCFR) Annual Conference, Orlando, FL
- 2022
 - National Council on Family Relations (NCFR) Annual Conference, Minneapolis, MN
 - *Speaking Up: Social Bias Training* | Purdue Faculty Professional Development
- 2021
 - National Council on Family Relations (NCFR) Annual Conference, Online
 - *Complying with the RFP and Succeeding in Proposal Writing* | AU Research & Graduate Studies
 - American Psychological Association (APA) Annual Conference, Online
- 2020
 - American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Online
 - National Council on Family Relations (NCFR) Annual Conference, Online
 - State of the Military Family Virtual Summit - National Military Family Association
 - Southeast Council on Family Relations (SECFR) Annual Conference, Birmingham AL
- 2019
 - *Relationships for Readiness* | Military Family Learning Network Virtual Conference
 - American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Austin TX
 - Southeast Council on Family Relations (SECFR) Annual Conference, Bentonville, AR
- 2018
 - National Council on Family Relations (NCFR) Annual Conference, San Diego, CA
 - Groves Conference on Marriage and Family, Portland, ME
- 2017
 - National Council on Family Relations (NCFR) Annual Conference, Orlando FL
 - American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Atlanta GA
 - Military Family Learning Network Virtual Conference: Learning Through Change
 - *Understanding TBI* Online Webinar | Defense Centers of Excellence for Psychological Health
- 2016
 - *Gottman Level 1 Training* - Drs. John and Julie Gottman
 - Florida Rehabilitation Association (FRA) Annual Training Conference, Orlando FL
- 2015
 - Florida Association for Marriage and Family Therapy (FAMFT) Annual Conference, Orlando FL
 - Florida Rehabilitation Association (FRA) Annual Training Conference, Sarasota FL
- 2014
 - *Facing the Dragon Together* Emotionally Focused Therapy (EFT) Trauma Training - Sue Johnson, Ph. D.
 - Florida Rehabilitation Association (FRA) Annual Training Conference, Orlando FL
 - *Conscious Discipline Training* - Hillsborough County Headstart
- 2014
 - *Battelle Developmental Inventory Administration Training* | Hillsborough County Headstart
 - Annual Institute on Counseling Military, Families, & Children | USF Counselor Education Program
 - DSM-V Overview and Update | USF Rehabilitation & Mental Health Counseling Program

Professional Memberships

2017 – present	Member , National Council on Family Relations (NCFR)
2024 – 2025	Member , Society for Experiential Education (SEE)
2015 - 2022	Member , American Association for Marriage and Family Therapy (AAMFT)
2018 - 2022	Alabama Representative at Large , Southeastern Council on Family Relations (SECFR)
2015 - 2017	Member , Florida Association for Marriage and Family Therapy (FAMFT)
2015 - 2017	Member , American Counseling Association (ACA)
2014 - 2016	Member , Suncoast Mental Health Counseling Association (SMHCA)

Professional Service

2023 - present	Conference Proposal Reviewer , National Council on Family Relations
2017 - 2020	Conference Proposal Reviewer , National Council on Family Relations
2019 - 2020	Conference Proposal Reviewer , Southeast Council on Family Relations
2017	Conference Volunteer , American Association for Marriage and Family Therapy Annual Conference

University & College Service

2026	HDFS Representative Purdue Health & Human Science Interprofessional Education Committee
2024 - Current	Faculty Advisor Purdue Sikh Student Association (undergraduate level)
2025	Search Committee Member Horizons program search for new Associate Director Activity Developer and Facilitator <i>STEP N2 STEM</i> College of Health & Human Sciences
2024	HDFS Outstanding Senior Award Presenter College of Health & Human Sciences Award Event
2023	Lead Module Developer <i>Human Services</i> for Introducing College Health and Human Sciences
2022	Mental Health Discussant Asian and Asian American Resource and Cultural Center

Departmental Service

2022 – present	• Committee Member, HDFS Undergraduate Curriculum Committee • Committee Subgroup Member, HDFS Undergraduate Awards Group • Committee Subgroup Member, HDFS Undergraduate Outreach - Internal Group
2023 - present	• Faculty Advisor Purdue HDFS Club (undergraduate level)
2026 Spg	• HDFS Presenter <i>Child Development Day</i> for educating local high school students • HDFS Presenter <i>Human Services Day</i> for educating local high school students • Lead Presentation Developer <i>Purdue's For Me</i> program for yielding admitted students • Guest Speaker HDFS 100 Orientation to Current Issues in HDFS • Co-Speaker HDFS Colloquium, "Motivation Matters..."
2025 Fall	• HDFS Presenter <i>Introducing Purdue</i> program for recruitment of high school students • HDFS Representative <i>Boiler Gold Rush</i> orientation event for undergraduate students
2025 Spg	• HDFS Presenter <i>Purdue's For Me</i> program for yielding admitted students • Guest Speaker HDFS 100 Orientation to Current Issues in HDFS

2024 Fall	• Discussion Facilitator Semester Teaching Debrief Session for HDFS Faculty • Co-Speaker HDFS Colloquium, <i>Designing Dynamic College Courses...</i> • HDFS Presenter Introducing Purdue program for recruitment of high school students • Guest Speaker HDFS 100 Orientation to Current Issues in HDFS • HDFS Representative Boiler Gold Rush orientation event for undergraduate students
2024 Spg	• Discussion Facilitator Semester Teaching Debrief Session for HDFS Faculty • Community Engagement Activity Facilitator <i>Purdue Spring Fest</i> HDFS Table • HDFS Presenter <i>Purdue's For Me</i> program for retention of admitted students • Career Mentor Military Family Research Institute (MFRI) Focus Forward Fellowship • Guest Speaker HDFS 100 Orientation to Current Issues in HDFS
2023 Fall	• Workshop Developer & Facilitator HDFS Awards Subcommittee, <i>Writing to Wow</i> • HDFS Representative <i>Majors & Minors Fair</i> through College of Health & Human Sciences • HDFS Internship Representative Indiana Statehouse Internship information session • Co-Speaker HDFS Colloquium, "Teaching Sensitive Topics" • HDFS Presenter <i>Introducing Purdue</i> program for recruitment of high school students • HDFS Representative <i>Boiler Gold Rush</i> orientation event for undergraduate students
2023 Spg	• Community Engagement Activity Facilitator <i>Purdue Spring Fest</i> HDFS Table • Faculty Attendee Military Family Research Institute (MFRI) Annual Meeting • Co-Speaker HDFS Colloquium, "Teaching Sensitive Topics" • Guest Speaker HDFS 100 Orientation to Current Issues in HDFS
2022 Fall	• Learning Over Lunch Host HDFS DEI Committee partnership • HDFS Table Co-Host College of Health & Human Sciences (HHS) Clinical Faculty Event • HDFS Internship Representative Indiana Statehouse Internship information session • HDFS Representative <i>Boiler Gold Rush</i> orientation event

Honors and Awards

2026	Faculty Teaching Award Purdue HDFS Department
2025	Outstanding New Professional Conference Proposal Award NCFR Military Families Group Outstanding New Professional Conference Proposal Award NCFR Religion & Spirituality Section
2023 – 2024	Purdue HHS Faculty Positive Impact Recognition Nominated by College of Health & Human Sciences Undergraduate Student Council Member
2023 – 2024	Faculty Fellow Teaching for Tomorrow Cohort Purdue Center for Instructional Excellence
2023	Purdue HHS Faculty Favorite Recognition Nominated by College of Health & Human Sciences Undergraduate Student Success Mentors